NEWHAM EPS



Newham Educational Psychology Service

Webinar Wednesdays Series 3

- A series of webinars hosted on Zoom
- Focusing on Reflective Practice -

Opportunities to discuss and to reflect on the value of reflective practice and the role that this plays in wellbeing and addressing of needs.

Each webinar will be held in a regular slot on a **Wednesday** from **3:30 to 4:30**

16th June 2021 • Applying Reflective Practice

30th June • "You are not alone" - Reflecting as part of a community

14th July • "How did I survive the past year?"- Reflecting on a challenging year.

Please confirm your attendance with either of our Senior Practitioner EPs
Dr. Lemarra Williamson or Dr. Sarah Parkinson

<u>Lemarra.Williamson@newham.gov.uk</u>
and we will send you a Zoom invite

This webinar series is inspired by *The Wellbeing Tool Kit*A programme of professional development to promote and maintain resilience and personal effectiveness by **Dr Tina Rae**Also informed by aspects of the **Anna Freud WER programme**