



**Options Booklet**  
**January 2021**

# YEAR 8 OPTIONS BOOKLET

## Option Subjects

1. Art & Design
2. Asdan
3. Business Studies
4. Citizenship
5. Computer Science
6. Drama
7. Geography
8. History
9. Media Studies
10. Modern Foreign Languages
11. Music
12. Physical Education (GCSE)
13. Religious Studies (GCSE)
14. Sociology
15. Study Plus
16. Technology (Food Preparation and Nutrition)
17. Technology (Graphic Products)
18. Technology (Resistant Materials)
19. Technology (Textiles)

# **ART GCSE**

## **Why choose GCSE Art and Design?**

If you enjoy being creative, want to increase your practical skills and improve your analytical, communication and research abilities, art and design is a great choice. The skills you gain make it a great complement to other subjects. Art and design is a way of seeing things and making sense of the world around you. It can help you with further study and prepare you for the world of work.

## **Art, craft and design**

This is an excellent general introduction to the study of art, craft and design. You'll look at different approaches to Art and use lots of different media, techniques and materials.

## **IMPORTANT STUFF**

Coursework – 60% of overall grade. Coursework

Externally set assignment = 40%. One project set by the exam board.

COURSEWORK YR 9/10/11-SEPT- DEC

PROJECT – TEACHER LED

EXAM (EXTERNALLY SET TASK) YR 11. JAN – MAY – 10 HOUR, TWO DAY EXAM

### **What skills will you learn?**

Alongside improving your practical expertise, you'll learn how to:

Develop, refine and record your ideas

Present a personal response that realises your intentions

Improve your creative skills through the effective and safe use of media, materials, techniques, processes and technologies

Successfully use visual language and the formal elements e.g. colour, line, form, shape, tone, texture  
use drawing skills for different needs and purposes.

### **How will it fit in with your other subjects?**

Studying art and design helps to create a broad and balanced curriculum, which is an excellent foundation for whatever you want to do afterwards. The transferable skills you'll gain, such as creativity, analysis and problem solving, complement a range of other subjects and careers.

### **What will you be required to do in class and at home?**

To work hard in all lessons in order to develop your knowledge and understanding of the subject.

To keep a work journal and work in it regularly at home and at school.

To become a more independent learner.

## **The ASDAN Curriculum (Personal and Social Development)**

### **an alternative curriculum pathway for Little Ilford School.**

**ASDAN** is an awarding body approved by QCDA, DCELLS and CCEA and specialises in 'personal achievement' in the areas of social education and individual skills development.

Personal and Social Development (PSD) is one of the courses they offer and we are teaching this at Little Ilford School.

#### **What is PSD?**

The Personal and Social Development Qualification (PSD) offers imaginative ways of supporting young people as part of their Life Long Learning skills. The pupils can gain the qualification by completing a portfolio of evidence for various challenges they have been set. The modules available to study include: **Managing Social Relationships, Individual Rights and Responsibilities, Healthy Eating, Preparation for Work, Community and Cultural Identity, Environmental Awareness, Healthy Living, Community Action.**

Each of these modules will contain a number of **challenges** for which the pupils need to provide evidence for as a portfolio of work. For example in **Preparation for Work**, the pupils will gain insight into their personal skills and qualities that are required in society for employability. They will develop their interviewing skills by going out to meet employers and asking them questions about what they look for when employing people. They will also improve their research and presentation skills.

#### **Who is it for?**

PSD is delivered to small groups of SEN pupils who may not gain high grades in their GCSEs and who find independent writing difficult due to poor literacy skills.

PSD at Entry 1, 2 and 3 is used by students 14+ and adults in the **Foundation Learning** stage of their development. These qualifications play a major role in contributing to Foundation Learning programmes, as well as rewarding achievement in the non-formal sector.

PSD Levels 1 & 2 is used by mainstream establishments for students aged 14 – 19, and also for adults.

The Level 1 qualification is also approved to use within the Foundation Learning programmes and is recognised by colleges of post 16 study.

#### **Aim for LIS:**

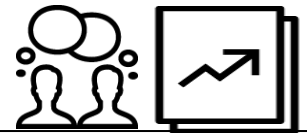
Becoming confident individuals who are physically, emotionally and socially healthy.

Being responsible citizens who make a positive contribution to society and embrace change.

To learn how to manage their needs and social relationships in a constructive and more empathetic manner.



# Business Studies



## What you will study in OCR GCSE (9–1) Business:

- Marketing, including advertising, development of products, setting the best price.
- Recruitment, including how businesses get the right staff and keep them working well.
- Business structures, including the different ways to set up a business.
- Finance, including how businesses get the money to set up and operate and how they make a profit.
- Business operations, including how businesses produce the things we buy.
- Influences on businesses, including the environment and how many businesses are operating around the world.

## How you will be assessed

- Two exams at the end of the course, each 90 minutes long. **There is no controlled assessment.**
- Some questions will be multiple choice, some will be extended writing to test your ability to explain why you made a particular decision.

## WHAT WILL YOU BE-REQUIRED TO DO IN CLASS AND AT HOME?

- Read many case studies and learn the skills required to analyse and evaluate them. Write essays and answer many 6-10 mark exam questions.
- Carry out problem solving investigative analysis for workplace issues.
- Learn to use IT tools to create financial documents such as forecasts, profit & loss, cashflow
- Research current business news /alerts and present in person e.g. dragons den/apprentice style.
- Watch videos about business concepts and gain an insight into the business world.
- Work independently and in groups.
- Investigate financial stock market, share-dealing, corporate law , budgeting and the effect of how world events such as the pandemic have on business around the world.

## Would you like....

- **To understand just what goes on in the world of work?**
- **To know what businesses look for when they recruit staff? To see how a business gets its money to operate?**
- **To know why so many adverts are aimed at teenagers?**

Learners take both components, 01 and 02, to be awarded the OCR GCSE (9–1) in Business.

Content Overview	Assessment Overview	
<ul style="list-style-type: none"> <li>• Business activity</li> <li>• Marketing</li> <li>• People</li> </ul>	<p><b>Business 1:</b> business activity, marketing and people (01)</p> <p>80 Marks</p> <p>1 Hour 30 Minutes paper</p>	<p><b>50%</b> of total GCSE</p>
<ul style="list-style-type: none"> <li>• Operations</li> <li>• Finance</li> <li>• Influences on business</li> <li>• The interdependent nature of business</li> </ul>	<p><b>Business 2:</b> operations, finance and influences on business (02)*</p> <p>80 Marks</p> <p>1 Hour 30 Minutes paper</p>	<p><b>50%</b> of total GCSE</p>

## Skills

Learners are required to draw on their knowledge and understanding above to:

- use business terminology to identify and explain business activity
- apply business concepts to familiar and unfamiliar contexts
- develop problem-solving and decision making skills relevant to business
- investigate, analyse and evaluate business opportunities and issues
- make justified decisions using both qualitative and quantitative data, including its selection, interpretation, analysis and evaluation and the application of appropriate quantitative skills.

If you have any questions please message any of your IT teachers on google class and we will endeavour to respond to you asap.

# Citizenship

“Citizenship is the chance to make a difference to the place where you belong.”



“Every good citizen adds to the strength of a nation.”

**Choose Citizenship if you can fulfil this mission statement:**

## How will I learn

### Identify Issues



In teams you will discuss and debate the important issues affecting young people today.

### Research & Present Findings



You will develop strong arguments based on your own evidence & research. You will be listened to.

### Take Action & Influence

You will choose a variety of strategies to get your views heard with the help of some powerful friends like Stephen Timms MP.



Gcse Citizenship Studies has the power to motivate and enable young people to become engaged, active citizens.

Students gain a deeper knowledge of how Britain has changed over the years, democracy, government & law and will undertake active citizenship

Project where you get to make a change on an issue you care about.

You will also gain the ability to develop and critically evaluate arguments, expressing a range of views through debates and extended writing. This subject allows you to engage with the wider, cross section of the society and be able to discuss topical, controversial issues through a safe platform.

### Assessment Structure: 100% Examination

#### Paper 1: 1 hour 45 minutes Exam (50 %)

Unit 1: Active Citizenship

Unit 2: Politics & Participation

#### Paper 2: 1 hour 45 minutes Exam (50 %)

Unit 1: Life in Modern Britain

Unit 2: Rights and Responsibilities

**Home Learning** - Regularly assessed exam practice and online research on Google & Show my Homework Classroom and Show my Homework

**Study Citizenship at GCSE and you will have skills and knowledge directly linked to careers in...**

- Law
- Local and National Government
- Journalism and Media
- Advertising and PR

**Any questions ask:**

**Ms. R Amin and Ms. S Akhtar**



# CHOOSE COMPUTER SCIENCE... BUILD YOUR FUTURE

■ OCR GCSE (9-1) Computer Science J277

## ■ So, what is Computer Science?

**Computer Science is a modern, fascinating subject.**

The world depends on computers. In this GCSE you will learn about how computers work, the networks they use and how programming can create solutions to everyday problems and future challenges.

**Computer Science is a great subject ...**

... but combined with other subjects it can open up a whole world of opportunities.

## WHY CHOOSE GCSE COMPUTER SCIENCE?

- Develop **problem solving** skills
- Learn through **exploration**
- **Change the world**
- Solve real-world problems
- Learn how to create **your future**
- Open the door to your **future career**

### WHAT WILL I STUDY?

#### Component 1

1. Systems architecture
2. Memory and storage
3. Computer Networks, connections and protocols
4. Network security
5. Systems Software
6. Ethical, legal, cultural and environmental impacts of digital technology

#### Component 2

1. Algorithms
2. Programming fundamentals
3. Producing robust programs
4. Boolean logic
5. Programming language and Integrated Development Environments.

### HOW WILL I BE ASSESSED?

- Two exams
- 1 hr 30 minutes each
- 80 marks each
- Equally weighted



### It helps you to:

- Break down problems effectively
- Solve complex problems
- Think logically
- Learn through exploration

If you have any questions please message any of your IT teachers on google class and we will endeavour to respond to you asap.

# Drama GCSE

## Aims of the course

Drama GCSE is not just about acting, if you study Drama GCSE you will be using skills that you will need and use in life. These include, **complex problem solving, critical thinking, creativity, people management and emotional intelligence**. All in the top 10 key skills that will land you the top paying jobs according to the World Economic Forum.

With the current exam board we are using, there is **the option for both performing (acting) candidates as well as design (set or costume design)** candidates, which we will be offering to all our students. We are also looking into developing partnerships with the **London Screen Academy, Central School of Speech and Drama**, as well as continuing the relationships we already have with professional theatres and companies such as the **Donmar Warehouse** and **Frantic Assembly**.

## Theatre Visits

We work hard as a department to create a number of opportunities for the students to both perform and visit live performances. These include visits to Theatre Royal Stratford, National Theatre, Young Vic, Donmar Warehouse, Royal Court, Lyric Hammersmith and others.

## Performances

Students will be asked to perform both their Component 1 (devised) pieces in the Summer term of year 10, as well as Component 2 (scripted) performances in the Spring term of year 11 to a public audience. We highly encourage students who are studying GCSE drama to be involved in the school production (Autumn term), whether as performers or as lighting, sound or costume designers.

## Content and assessment and other information:

We currently are following the Eduqas Drama GCSE syllabus, which is comprised of 3 components:

Components	What you will do	More information
<b>Component 1 - 40%</b> <b>Devising</b> (Summer term year 10)	Creating, writing and performing your own play based on an idea given to you from the exam board.	There is an option to be either an <b>actor</b> or a <b>designer (set and costume)</b> .
<b>Component 2 - 20%</b> <b>Performing texts</b> (Spring term year 11)	Working from scripts (pre 2000) Working on 2 extracts from a script written pre 2000. To be performed ( <b>actor</b> ) or presented ( <b>designer</b> ) to	Choice of either being an <b>actor</b> or <b>designer</b> (set or costume)



## Drama continued

<p><b>Component 2 - 20%</b></p> <p><b>Performing texts</b></p> <p>(Spring term year 11)</p>	<p>Working from scripts (pre 2000)</p> <p>Working on 2 extracts from a script written pre 2000. be performed (<b>actor</b>) or presented (<b>designer</b>) to an</p>	<p>Choice of either being an <b>actor</b> or <b>designer</b> (set or costume)</p>
<p><b>Component 3 - 40%</b></p> <p><b>Written examination 1 hr 30 mins.</b></p> <p>(Summer term year 11)</p>	<p>Two sections:</p> <p><b>Section A</b> - studied playtext, <b>Section B</b> - Theatre Review (of live theatre production)</p>	<p>There will be a compulsory theatre trip</p>

	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>
<b>Year 9</b>	<p>Blood Brothers (exploration of a play)</p> <p>Component 2 and 3</p>	<p>Practitioners (exploration of different theatre practitioners)</p> <p>Component 1</p>	<p>Devising (exploration of a theme)</p> <p>Component 1</p>
<b>Year 10</b>	<p>Studied Text (set by exam board)</p> <p>Component 3</p>	<p>Scripts performance and design</p> <p>Component 2</p>	<p>Devising <b>formal assessment</b></p> <p>Component 1 40% assessed</p>
<b>Year 11</b>	<p>Studied text (mock examination)</p> <p>Component 3</p>	<p>Study of scripts for performance or design</p> <p>Component 2 20% assessed</p>	<p>Studied text revision and exam preparation</p> <p>Component 3 40% exam</p>

# Drama continued

## Why should you choose this subject?

Do you enjoy Drama?  
Do you want a balance of subjects?  
Do you want to be challenged?  
Do you want to develop skills in presentation, confidence and leadership? Do you want to develop the life skills required to fulfil the requirements of a professional



## You will have to:

1. **Support:** Support each other and work together in every lesson.
2. **Challenge:** Challenge yourself to always improve the quality of your work.
3. **Commit:** Commit to the course, your peers, and to your learning

## In the classroom...

You will develop your Drama skills further, and explore new and exciting stories from Shakespeare all the way through to the modern day.

Many GCSE Drama students have gone on to be Doctors, Lawyers, Politicians, Teachers and Leaders in Business. Drama is not just for 'actors'. These are skills you need

We visit the Theatre, and work with exciting and challenging theatre companies and actors.

## Course overview.

### **Year 9**

Exploring new Drama techniques, a range of theatre practitioners, a variety of scripts, devising from a range of stimuli, and writing about Drama.

### **Year 10**

Studying an exam text ("DNA") in practical detail and keeping a detailed written log of the process. Practising exam questions and Devising.

### **Year 11: All Assessed as part of the GCSE.**

**Component 1:** Devising from a stimulus. Performance (10%), Written Portfolio (20%) Written Evaluation (10%) Total: 40%

**Component 2:** Performance from a text. 20% (External Examiner)

**Component 3:** Written Exam. (Based on a play, and a review of a piece of live theatre). 40%

**For further information please speak to: Ms Chadwick or Ms Probett.**

# Geography

At Little Ilford we try to study Geography which is relevant to you, will interest you and provide some benefit for your future. Geography is regarded as an academic subject as part of the English Baccalaureate (EBacc). It is a solid academic subject and well respected by universities and employers alike. We will help you to develop knowledge and understanding of current events from the local area to the global; investigate the Earth and its people; develop a range of useful skills such as map reading, data collection, ICT and problem solving; and you will gain an understanding and appreciation of the cultures and backgrounds of people from all over the world. The transferable skills which geography fosters like literacy, numeracy and communication skills are an asset in the world of employment today. You will be involved in conducting a fieldwork study working outside the classroom. It will be a brilliant opportunity to experience some of the things you have learnt about in class, and see things differently and of course have fun.



## What will you study?

At GCSE you will explore a number of Geographical topics that include both the UK and the rest of the world.

There are 3 elements that make up your final GCSE Geography grade;

- Our Natural World
- People and Society
- Geographical Exploration



## You will have to be:

- Enthusiastic about Geography
- Organised
- Able to keep to deadlines

## Some careers using Geography

Teaching	Engineering	Geology	Town & Country planning
Civil Aviation	Selling & Marketing	Meteorology	Astronaut Armed
Services	Tourism	Nature Conservation	Local Government Business

## Who should you see if you have any questions?

Speak to Ms Ogunsuyi (Head of Geography)

**“Geography is the subject which holds the key to our future”**

**Michael Palin**

# History

## Who should choose this subject?

History gives you the opportunity to explore past events and the impact they have on our world today. History inspires pupils' curiosity to know more about the past and teaches how to develop critical thinking and ask perceptive questions. History is regarded as an academic subject as part of the English Baccalaureate (EBacc), which is respected by Universities and employers. Students thinking about going to college and then on to a Russell group university should consider studying history as it allows you to develop transferable skills which include literacy, numeracy, communication and organisational skills. History enables you to analyse and evaluate information critically, as well as provide judgements with evidence.

## What will you be required to do in class & at home?

- Taking part in a variety of activities including independent enquiries and presentations
- Develop thinking skills and learn how to analyse and evaluate sources
- Understand how to explain and compare different interpretations
- Learn how to answer exam questions.

## What will you study & how will you be assessed?

GCSE History follow EDEXCEL examination board. There are 4 elements that make up your final GCSE history grade. This course will be 100% Examination.

Paper 1: Crime and Punishment c.1000 to the present day

Paper 2: Superpowers and the Cold war 1941-1991

Paper 2: Early Elizabethan England 1558-1588

Paper 3: Weimar and Nazi Germany 1918-1939

## Some careers in History

Teaching – Museum Curators – Legal professions – Politics -Journalism – Media



## Who should you see if you have any questions?

**Mrs Samy, Ms Butcher or Ms Andrea,  
Ms Akhtar or Ms Azam**



**“The study of History is the beginning of wisdom”**



## GCSE MEDIA STUDIES

GCSE MEDIA

### What is Media?

Media is about communication, particularly mass communication with lots of people. The media creates products that are designed to entertain and inform, created for lots of people to hear, watch or read, often at roughly the same time. Whenever you are watching television, streaming films, scrolling through social media or listening to a podcast, you are con-

### Does studying the media mean watching lots of television, then?

In fact, you will need to explore lots of different media products. The power that the media has is huge. Think about the idea that the average adult consumes media for almost 8 hours a day<sup>1</sup>, and within that time, they are being bombarded by other people's ideas and opinions and images of the world and its people. How someone responds to that will affect their ideas about people, places and society, of politics and culture, of themselves and of their place in the world. Doesn't that sound like something we should know more about?

### So, what will I study?

As a GCSE Media Studies student, you will analyse how media products like TV programmes and music videos use images, sounds, language, and representations to create meaning. You will learn about the media industry and how the industry affects how media products are made. You will investigate media audiences, exploring who are the people who watch, read and consume the products, and considering how different people might be affected by media products differently, and why.

You will study lots of different media forms, such as:

**Television Online Media Magazines Newspapers Radio Video Games Social and Participatory Media Advertising and Marketing Film Marketing**

### How will I be assessed?

Assessment will consist of a mixture of examinations and non-examined assessment.

**Component 1:** Written examination: 1 hour 30mins, 40% of qualification

**Component 2:** Written examination: 1 hour 30mins, 30% of qualification

**Component 3:** Non-exam assessment (coursework), 30% of qualification

### What skills will I develop?

Lots. Media Studies will even help you to develop skills that you'll be able to use in your other subjects such as critical thinking, analysis, research, planning, practical skills, time management, essay writing skills and more.

### Where might Media Studies take me?

If you are interested in the idea of a career in TV and film production, advertising, journalism, interactive media, and digital marketing, technical production, special effects, web design and post-production, then studying Media at GCSE level is a great place to start. There has never been a better time to become a Media Studies student.

# Modern Foreign Languages

## Who should Choose This Subject?

A qualification in a modern language is an essential condition for entry to many courses at college and university. Some of the more popular universities expect learners to have a language to gain access to their degrees. It is also of ever increasing value in competing for many positions in commerce and industry.

Students who study a GCSE in a foreign language will develop important linguistic skills which will not only help them in French or Spanish but also in English.

If you enjoy exploring new cultures, meeting new people, discussing a variety of topics and developing a wide variety of skills that will help you in any career, this is the subject for you.

## What will you study?

For GCSE, students will revisit topics they have learned in year 7 and 8 adding more detailed vocabulary and complex structures.

You will study the following topic areas: identity and culture local area, holiday, travel, school ,future aspirations, study and work, international and global dimension

## What will you be required to do in class and at home?

Lessons will focus on developing communication skills in the target language through pair and group work, giving short presentations and playing educational games to assess learning. Home learning is set once a week. Students need to spend a minimum of an hour and a half per week on their home learning and vocabulary revision. This will allow students to develop reading and writing skills independently. Students will be encouraged to apply creative thinking by manipulating language in different contexts.

## How will you be assessed?

Students are assessed in four skills:

Speaking 25%

Writing 25%

Listening 25%

Reading 25%

There are no controlled assessments; all skills are tested at the end of year 11 through a final exam.

## Some Careers in MFL

Languages can be combined with many other university degrees (e.g. Law, Business, Humanities, Drama, Politics) often giving students the opportunity to spend a year studying abroad. Most careers will highly value language skills as companies are increasingly competing on an international scale. (e.g. banking, More traditional careers in languages include interpreting, teaching, tourism, international business, law or banking, international relations and politics.

**If you have any questions please speak to Mr J Demart (Head of MFL).**



# MUSIC



## Who should choose this subject

### If you enjoy:

- Composing & performing music
- Learning an instrument, singing or being a part of a band or instrumental group
- Creating music on computers or in a recording studio
- Learning about all types of music, including classical, popular and world

then GCSE Music is the ideal subject for you. An enjoyable challenge that provides many essential skills required by employees.

## What will you study

### You will learn how

- To develop on your chosen instruments and improve your performance skills
- To create your own music by using world class facilities.
- To analyse music in a variety of styles and discover the context in which music has been created.

## What will you be required to do in class & at home

You will learn how to perform on an instrument or sing. This will mean that you will need to be an **effective participator**. You will learn to compose using industry standard music software. This will allow you to create two tracks that you can keep forever. You will need to show creative thinking to succeed.

## How will you be assessed

### You will record

- One solo piece (on your chosen instrument) (15%)
- One ensemble piece (on your chosen instrument) (15%)
- You will create two compositions (30%)
- You will sit a listening exam which covers the pieces you have studied (40%)

## Some careers in Music

Composer, Music Artist, Session Musician, Songwriter, Record Producer, Film Music, Music Business, Management, DJ, Sound Engineer, Musical Director, A & R Coordinator, Music Journalist, Booking Agent, Broadcasting, Record Companies/Labels, Music & Entertainment Law.

## Who should you see if you have any questions?

**Mr Sodeinde (Head of Music)**























# Physical Education:

## Who Should Choose This Subject?

- You enjoy Physical Education lessons.
- You play a sport for a club or team outside of school.
- You can perform at a high level in at least two different sports.
- You regularly attend extra-curricular clubs and represent the school in fixtures

University: Sports science, Sports management, sports medicine, sport coaching, sport conditioning, sport psychology.

## What Will You Study?

Component	Assessment	Content overview
<b>Component 1:</b> Fitness and Body Systems	 Written examination: 1 hour and 45 minutes  36% of the qualification	 Topic 1: Applied anatomy and physiology  Topic 2: Movement analysis  Topic 3: Physical training  Topic 4: Use of data
<b>Component 2:</b> Health and Performance	 Written examination: 1 hour and 15 minutes  24% of the qualification	 Topic 1: Health, fitness and well-being  Topic 2: Sport psychology  Topic 3: Socio-cultural influences  Topic 4: Use of data
<b>Component 3:</b> Practical Performance	Non-examined assessment: internally marked and externally moderated  30% of the qualification  105 marks, (35 marks per activity)	 One team activity, one individual activity and a free choice from the list published by the DfE  Skills in isolation  Skills in a competitive/formal situation
<b>Component 4:</b> Personal Exercise Programme (PEP)	Non-examined assessment: internally marked and externally moderated  10% of the qualification  20 marks	 Aim and planning analysis  Carrying out and monitoring the PEP  Evaluation of the PEP

Students will study two sports each year in great depth and detail.

All students will be required to take part in two theory lessons and one practical lesson each week.

## What you will be required to do in class and at home

Students will be expected to complete two theory lessons and one practical lessons each week.

Students must bring in their PE kit to every GCSE PE practical lesson.

Students must complete the weekly homework set in practical and theory lessons.

Students must reflect on their learning.

Take part in sport regularly to a good standard.

Work to improve your fitness levels.

## Possible careers

Physical Education lends itself to a range of careers in sports and fitness as well as other industries that you may not have considered before.

- Sports scientist
  - Physical Education teacher
  - Physiotherapist
  - Professional sportsperson
  - Sports coach/consultant
- Higher education**

Sixth form: A-Level Physical Education, BTEC Sport, ALevel Biology

**Please speak to Mr Denham  
If you have any questions.**

## How will you be assessed?

**At the end of year 11 your grade will be made up of:**

### 40% Practical:

Students will perform in 1 team activity, 1 individual activity and 1 other choice of activity. Students will be assessed out of 35 marks for each activity. This will make up 30% of the overall grade.

Students will plan, monitor and carry out a Personal Exercise Programme (PEP) for the final 10% of their grade. **Students will have to apply their theoretical**

### 60% Theory:

Component 1 is on Fitness and Body systems. You will complete a written exam worth 36% of your overall grade. Component 2 is on Health and Performance.

You will complete a written exam worth 24% of your overall grade.

# Religious Studies

## Who should choose this subject?

- Anyone who is interested and curious about beliefs and values.
- Anyone who is considering a career in journalism, teaching, public relations, retail, law, social or health care professions.
- Anyone who wants to know more about different ways of life and the impact this has on individuals and the world.
- Anyone who is interested in discussing current affairs.

## **What will you study?**

Student will follow OCR Board Religious Studies GCSE course. The following units will be studied with the main emphasis on Christianity and Islam.

### **Year 9:**

Christianity – Beliefs Practices and Teachings:

Nature of God, Creation, Problem of evil and suffering, Beliefs about Jesus, Jesus' teachings and example, Eschatological beliefs and teachings, Worship, sacraments, prayer, The role and importance of pilgrimage and celebrations to Christians, The role of the church in the local community and living practices, Mission and The role of the church in the wider world.

### **Year 10:**

Islam – Beliefs Practices and Teachings:

Core beliefs, The nature of Allah, Priesthood (Risaalah), Books (kutub), Angels (Malaika), Eschatological beliefs and teachings, Afterlife (Aakhirah), The five pillars of Islam, Public and Private worship and The concept of Jihad.

### **Year 11:**

Religion, Philosophy and Ethics in the modern world from a religious perspective:

Learners will be required to study this component from the perspective of one of the following religions:

Christianity (J625/07)

Islam (J625/09)

Four themes to be studied:

Relationships and families

The existence of God, gods and the ultimate reality

Religion, peace and conflict

Dialogue between religious and non religious attitudes

## **What will you be required to do in class and at home?**

- Join in discussions.
- Research and presentations.
- Watch videos about religious life.
- Complete homework tasks, e.g. writing articles, interviewing people, visiting libraries visiting places of worship.
- Work independently and in groups.
- Practice writing extended exam style questions.

## **Religious Studies continued**

### **How will you be assessed?**

You will be required to sit three exams: One exam on Christianity and one on Islam, each being an hour long and each contributing 25% to the final grade. The third exam focuses on Philosophy and ethics (2hours) and is worth 50%. The two main Assessment objectives are:

**AO1:** Describe, explain and analyse, using knowledge and understanding.

**AO2:** Use evidence and reasoned argument to express and evaluate personal responses, informed insights, and differing

Speak to your Religious Education Teacher or to the Head of Religious Education, Mr Khan.

*"It is the mark of an educated mind to be able to entertain a thought without accepting it." Aristotle*

# GCSE Sociology

**“The function of Sociology, as of every science, is to reveal that which is hidden”**

**Pierre Bourdieu**

## Who should choose this subject?

A student of Sociology is inquisitive, they have questions about the world around them and why people are treated in certain ways or behave in certain ways. The Sociology student wants to understand the impact that institutions like friends, family, education, government and police has on them. They want to conduct research and debate and discuss. The sociology student should have an open mind and be able to reflect on changes to society, to people and question why such changes have occurred. The Sociology student should be interested in law, journalism, reading, writing, politics and history.

## What will you study?

Sociology is about the relationship between the individual and society; your culture, your family and your friends also help shape your identity, and in Sociology we explore what it means to be a boy or a girl and how gender appropriate behaviour is learnt. We study how age or class affect life chances and opportunities and how it even affects the important word: behaviour. What happens if we do not behave appropriately? What happens if we question authority? Why do we follow rules? Are we socialised to be controlled?

## How will you be assessed?

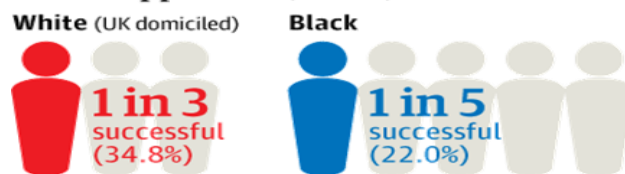
The course is based on a 100% examination there are no controlled assessments. You will sit two exam papers; each exam paper is worth 50% of your final grade. Sociology is a demanding & difficult subject and is suited to those that achieve a 5+ in English at the end of year 8. Each exam has a minimum of 6 essay's and short answer questions, all of which need to be completed in 1hr and 45mins. Despite common beliefs— this is not an 'easy' subject and is most suited to those that enjoy reading and writing.

Component 1: Social Processes (short answer questions); The Family; Education and Research Methods  
+ essay questions

Component 2: Social Structures and inequalities (short answer questions); Crime and Deviance and Applying Methods of Sociological Enquiry x essay questions.

## **Oxbridge inequalities?**

### **Oxford applicants (1999-09)**



### **Cambridge applicants (2003-09 white, 1999-09 black)**



SOURCE: DATA GATHERED FROM FREEDOM OF INFORMATION REQUESTS  
MADE TO OXFORD/CAMBRIDGE UNIVERSITY BY DAVID LAMMY MP NOV 2010

## **Study Plus**

### **What will you be required to do in class and at home?**

Students will be told if they are to be in Study Plus.

Study Plus is aimed at EAL students who have entered school in the UK within the last five years and need support with their English. Such students are working towards becoming fluent readers, writers and speakers of English.

Some SEND students will also take the Study Plus option in order to boost their literacy skills and help to prepare them for the demands of English GCSE.

Students learn the skills and content for the English language and Literature GCSE exams. Content is adapted and taught to enable students to become more independent in their English lessons and their ability to manage the exams.



# DESIGN AND TECHNOLOGY: AQA Food Preparation and Nutrition

## WHY STUDY FOOD PREPARATION AND NUTRITION?

The food we purchase and consume is becoming increasingly diverse. For many in the UK, traditional home cooking is a thing of the past but the effect of this on the health and wellbeing of the nation is well documented, with diet related disease, particularly obesity, diabetes and heart disease on the increase. As a life skill this course has huge significance but there are also clear links with science subjects and it is particularly relevant for those who may wish to pursue a career in nutrition, dietetics, the health industry or food manufacture.

**CONTENT** The specification focuses on food and nutrition issues in relation to diet and health throughout life; factors affecting consumer choice; the nutritional, physical, chemical and sensory properties of foods in storage, preparation and cooking; food hygiene; safety; and techniques and skills used in food storage, preparation and cooking. These will be taught through the following sections; • Nutrition and health - the nutrients and relationship between diet and health. • Food commodities - nutritional value and role of main food commodities. • Meal Planning - balanced diets to meet nutritional needs through life. • Food science and food safety. • Development of food traditions and factors affecting food choice • Food provenance and security including moral, ethical and environmental issues involved in food production • Practical work – there is an emphasis on strong practical skills and students will do practical work on a regular basis.

**ASSESSMENT Coursework** – total 50%. Completed in the second year of study. Tasks are set by the examination board, making connections between theory and practice. Learners are able to apply their understanding of food and nutrition and food science to practical cooking. Food Investigation task 15% of total GCSE marks This assesses the scientific principles underlying the preparation and cooking of food. Food Preparation Task 35% of total GCSE marks This assesses the planning, preparation, cooking and presentation of food. Students will be expected to draw on nutritional knowledge studied. Written Paper – 50%. Food and Nutrition 50% of total GCSE marks - 1 hour 30 mins.

### Some Careers in Food Preparation and Nutrition

Chef

Restaurant Manager

Food Designer

Catering Services

Selling & Marketing

Quality Control Inspector

Food Entrepreneur

Baker

Cake Decorator

Confectioner

### Who should you see if you have any questions?

Speak to Ms Hall-Hinds -Head of Design & Technology (Food Teacher)

## **DESIGN AND TECHNOLOGY: GRAPHIC PRODUCTS**

GCSE Design and Technology will prepare students to participate confidently and successfully in an increasingly technological world. Students will gain awareness and learn from wider influences on Design and Technology including historical, social, cultural, environmental and economic factors. Students will get the opportunity to work creatively when designing and making and apply technical and practical expertise. Our GCSE allows students to study core technical and designing and making principles, including a broad range of design processes, materials techniques and equipment. They will also have the opportunity to study specialist technical principles in greater depth.

### **Who should choose the subject?**

- Students who are: creative, resourceful and able to identify and solve problems
- Students who show an interest in design of past and present
- Students who are interested in technologies and how they have changed the course of industrial manufacturing
- Students who understand how they learn from their mistakes
- Students who learn independently and work with others

### **What will you study?**

The opportunities for practical designing and making in this discipline focus on exploration of spaces, using visual impact and communication and through the use of print and cut techniques as well as commercial print production processes. The content is taught through real-life problem solving and task - oriented situations. Other contexts such as illustration, advertisement, manufacturing and packaging are also examined.

### **What will you be required to do in class and at home?**

In Years 7 and 8 students pursue a Design & Technology course in three material areas: Graphic Products, Food and Textiles. In term two of Year 8 students opt for two of these areas which allow them to specialise and increase their depth of knowledge and skills in preparation for the GCSE Graphic Products Course. Graphic Products lessons are 50% practical work. You will explore exciting new graphic design techniques. You will learn about how designers operate and how graphic products are manufactured in order to develop successful products.

### **How will you be assessed?**

How it's assessed • Written exam: 2 hours • 100 marks • 50% of GCSE

• Non-exam assessment (NEA): 30–35 hours approx. • 100 marks • 50% of GCSE

### **Some Careers in Graphic Products**

Graphic Designer	Architect	Selling & Marketing	Quality Control Inspector
Entrepreneur	Teacher	Cartoonist	Web Designer
	Illustrator	Interior Designer	

### **Who should you see if you have any questions?**

**Speak Ms Hall-Hinds (Head of Design & Technology)**

**Mr. Oloyede (Teacher of Graphic Products)**

**Miss Sahar Danis (Teacher of Graphic Products & Resitant Materials)**

## **DESIGN AND TECHNOLOGY: RESISTANT MATERIALS**

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The opportunities for practical designing and making in this discipline focus on exploration of spaces, using visual impact and communication and through the use of print and cut techniques as well as commercial print production processes. The content is taught through real-life problem solving and task-oriented situations. Other contexts such as illustration, advertisement, manufacturing and packaging are also examined.

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### **How will you be assessed?**

How it's assessed • Written exam: 2 hours • 100 marks • 50% of GCSE

• Non-exam assessment (NEA): 30–35 hours approx. • 100 marks • 50% of GCSE

### **Some Careers in Resistant Materials**

Engineer	Architect Teacher	Selling & Marketing plumber Entrepreneur	Carpenter	Quality Control Inspector Electrician Interior Designer	Product designer Market researcher inventor set designer
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### **Who should you see if you have any questions?**

**Ms Hall-Hinds ( Head of Design & Technology)**

**Miss Sahar Danis ( Main teacher of Resistant Materials)**

## **DESIGN AND TECHNOLOGY: TEXTILES**

In Design & Technology we encourage students to combine practical and technological skills with creative thinking to design and make real and useful products and systems that meet human needs. They learn how to use current technologies and consider the impact of future technological developments. They are taught how to think creatively, and use their design thinking to improve quality of life.

### **Who should choose this subject?**

Students who enjoy solving practical problems, working through ideas in a variety of ways and want to extend their knowledge and understanding of how fabrics and 'Smart' materials can be used to produce product solutions. Students who are keen to design and make creative and unique pieces of textile work.

Students who show an interest in designs of past and present and are willing to consider technological advances in textiles.

### **What will you study?**

In Years 7 and 8 students pursue a Design & Technology course in three material areas textiles, graphic products, and food. In term two of Year 8 students opt for two of these areas which allow them to specialise and increase their depth of knowledge and skills in preparation for GCSE Textiles course. Textiles lessons are 60% practical work. You will explore exciting new textiles techniques. You will learn about how designers operate and how textile products are manufactured in order to develop their own successful products.

### **What will you be required to do in class and at home?**

You will be solving problems as individuals and as members of a team by working in stimulating contexts that provide a range of opportunities and draw on the local ethos, community and wider world. Students are given the skills to respond with ideas, products and systems, challenging expectations where appropriate by combining both practical and intellectual skills with an understanding of a variety of other external and emotional factors.

- Written exam: 2 hours • 100 marks • 50% of GCSE
- Non-exam assessment (NEA): 30–35 hours approx. • 100 marks • 50% of GCSE

### **How will you be assessed?**

You will be assessed in two different units. Unit 1 is the written paper which is 2 hours long and is worth 40% of the total mark. Unit 2 is the Controlled Assessment. You will be required to complete a 20 page folder with design work. In addition you will make a textiles product in class. This is worth 60% of the total mark.

### **Some Careers in Textiles**

Fabric Designer & Marketing	Retail Manager Quality Control Inspector	Textiles Technologist Entrepreneur Fashion Designer	Interior Designer Photographer	Selling
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### **Who should you see if you have any questions?**

**Speak to Ms Hall-Hinds (Head of Design & Technology) or Miss Jalil (Main teacher of Textiles)**







