

# PE - theory

Content that *could* be assessed:

## **Paper 1:**

Topic 1: Applied anatomy and physiology

Topic 3: Physical training

## **Paper 2:**

Topic 1: Health, fitness and well-being

Topic 2: Sport psychology

Content that *will not* be assessed:

Paper 1

Topic 2: movement analysis

Paper 2

Topic 3: socio-cultural sporting influences

# PE : theory Assessment dates

Date	Class / Teacher	Length	Content
28th April	11X-PD1 CTA	50 mins	Component 1: Topic 1: Applied anatomy and physiology  Topic 3: Physical Training
22nd April	11W-PD1 SMG		
5th May	11X-PD1 CTA	40 mins	Component 2: Topic 1: Health, fitness and well-being  Topic 2: Sport psychology
6th May	11W-PD1 SMG		

# PE: Revision links and resources

<https://www.sternope.co.uk/>

[https://www.amazon.co.uk/Revise-Edexcel-Physical-Education-Revision/dp/1292135123/ref=sr\\_1\\_1?crid=XKV3TGISTGZE&dchild=1&keywords=pe+edexcel+gcse+9-1+revision+guide&qid=1616425697&srefix=edexcel+PE+revision%2Caps%2C149&sr=8-1](https://www.amazon.co.uk/Revise-Edexcel-Physical-Education-Revision/dp/1292135123/ref=sr_1_1?crid=XKV3TGISTGZE&dchild=1&keywords=pe+edexcel+gcse+9-1+revision+guide&qid=1616425697&srefix=edexcel+PE+revision%2Caps%2C149&sr=8-1)

[https://www.amazon.co.uk/REVISE-Edexcel-Physical-Education-Practice/dp/1292213221/ref=pd\\_sbs\\_6?pd\\_rd\\_w=heZLB&pf\\_rd\\_p=1469375b-13b4-495f-86c1-e268482be980&pf\\_rd\\_r=AXVA17DZMQFP1MWRCEW8&pd\\_rd\\_r=08cb73ce-fef6-4a33-997e-58fed7cbe39b&pd\\_rd\\_wg=61Reu&pd\\_rd\\_i=1292213221&psc=1](https://www.amazon.co.uk/REVISE-Edexcel-Physical-Education-Practice/dp/1292213221/ref=pd_sbs_6?pd_rd_w=heZLB&pf_rd_p=1469375b-13b4-495f-86c1-e268482be980&pf_rd_r=AXVA17DZMQFP1MWRCEW8&pd_rd_r=08cb73ce-fef6-4a33-997e-58fed7cbe39b&pd_rd_wg=61Reu&pd_rd_i=1292213221&psc=1)

[https://www.amazon.co.uk/Edexcel-Physical-Education-Revision-Workbook/dp/1292135085/ref=sr\\_1\\_1?dchild=1&keywords=pe+edexcel+gcse+9-1+revision+workbook&qid=1616425747&sr=8-1](https://www.amazon.co.uk/Edexcel-Physical-Education-Revision-Workbook/dp/1292135085/ref=sr_1_1?dchild=1&keywords=pe+edexcel+gcse+9-1+revision+workbook&qid=1616425747&sr=8-1)