

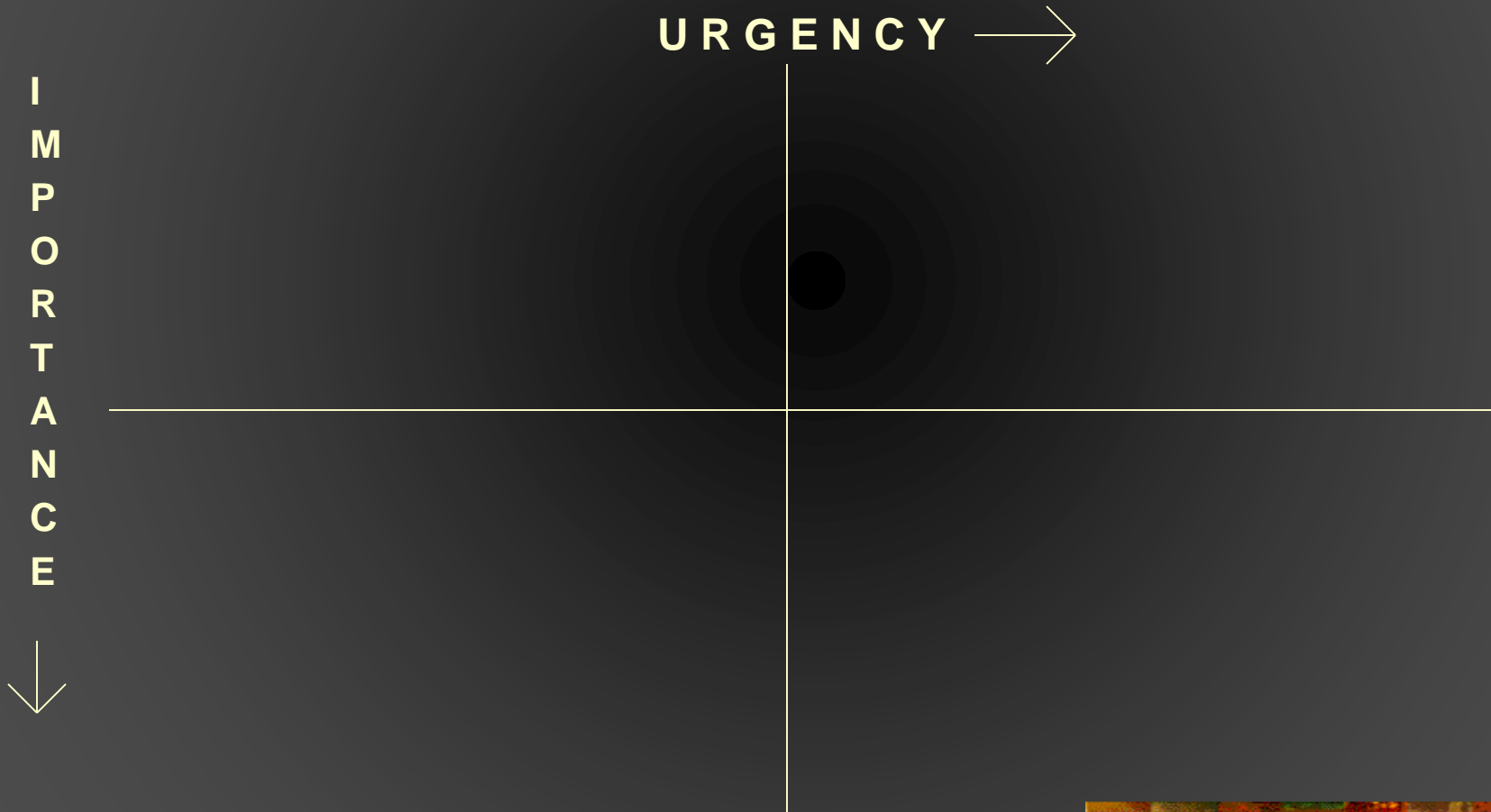
Study Skills



Study Skills – Aims for the Session

- Improve time management skills
 - Memorising facts
 - How to organise information
 - Approaches you can try with your children
 - Exam techniques
-

Time Management



Time Management



Time Management

- **Make a revision timetable, with slots of half an hour each**
 1. **Put in clubs, family and other commitments in black**
 2. **Add in all exams and coursework assignments in red**
 3. **Allow yourself some leisure time – add it in, in blue, and enjoy it!**
 4. **Divide the rest of the time, in green, equally between your other subjects**
-

Time Management

- Don't plan to start difficult topics late in the evening, when you are exhausted!
 - Try to cover all the main areas in the first two weeks
 - After this, 'cherry pick', and polish your strongest areas
 - If any task gets overwhelming, break it up into smaller parts
 - Choose the best times in the day to do the most difficult topics
 - Stick to one subject per session so that you don't muddle them up in your mind
 - Keep a notebook by your bed
-

Memory rules

- The first rule of memory is that anything can be remembered easily, if it can be connected to something that you already know
 - The second rule is that anything can be remembered if it can be connected with something already known in an *unusual* way
-

Aids to memorising (Bad Day at Work)

Beforehand

- Be relaxed
- Believe in your capacity
- Be enthusiastic

During

- Actively notice
- Make connections
- Think of images, movements, rhythms, rhymes or feelings that connect with what you're trying to remember

After

- Repetition

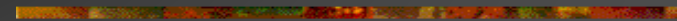


Memorising

- Natural memory occurs when you understand what you are studying and see the connections with other things that you know
 - You need special systems to help when the connections are less clear (eg. formulae, language vocabulary)
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Memory Techniques

- Association



Association

Try to remember this list of words:

Non-fiction

Purpose

Audience

Language

Fact

Opinion

Structure

Presentation

Association

Now try this list:
Binary

Introduction
Rondo

Phrase

Sonata
Strophic

Ternary

Association

Rondo -> Ron

Strophic -> Stroppey

Sonata -> Son

Phrase -> Phrase

Introduction-> Introduced

Ternary -> Turning

Binary -> Bins

Association

Nucleus

Cytoplasm

Membrane

Mitochondria

Ribosomes

Chloroplasts

Vacuole

Memory Techniques

- Association
 - Mnemonics
- 
-

Mnemonics

Rhythm

Has

Your

Two

Hips

Moving

Mnemonics

Respiratory System

Nose

Mouth

Throat

Trachea

Lung

Lobes

Bronchus

Bronchiole

Alveolus

Diaphragm

Organising Information: Card Systems

- Make a card system with a section for each subject
 - Summarise each topic on a card
 1. Change the wording to suit you
 2. Use fewer words
 3. Get rid of repetition
 4. Get rid of information that you don't need
-

Help for summarising

- Most important information is in the first or (more unusually) last sentence of each paragraph
 - Sometimes the same point is repeated in different words
 - Look for things that show the key points on the page (eg. *italics*, **bold print**, boxes)
-

Summarise this in card size:

When the Germans heard about the Treaty of Versailles, they felt 'pain and anger'. They felt it was unfair. They had not been allowed to take part in the talks – they had just been told to sign.

At first they refused to sign the Treaty. Some Germans wanted to start the war again.

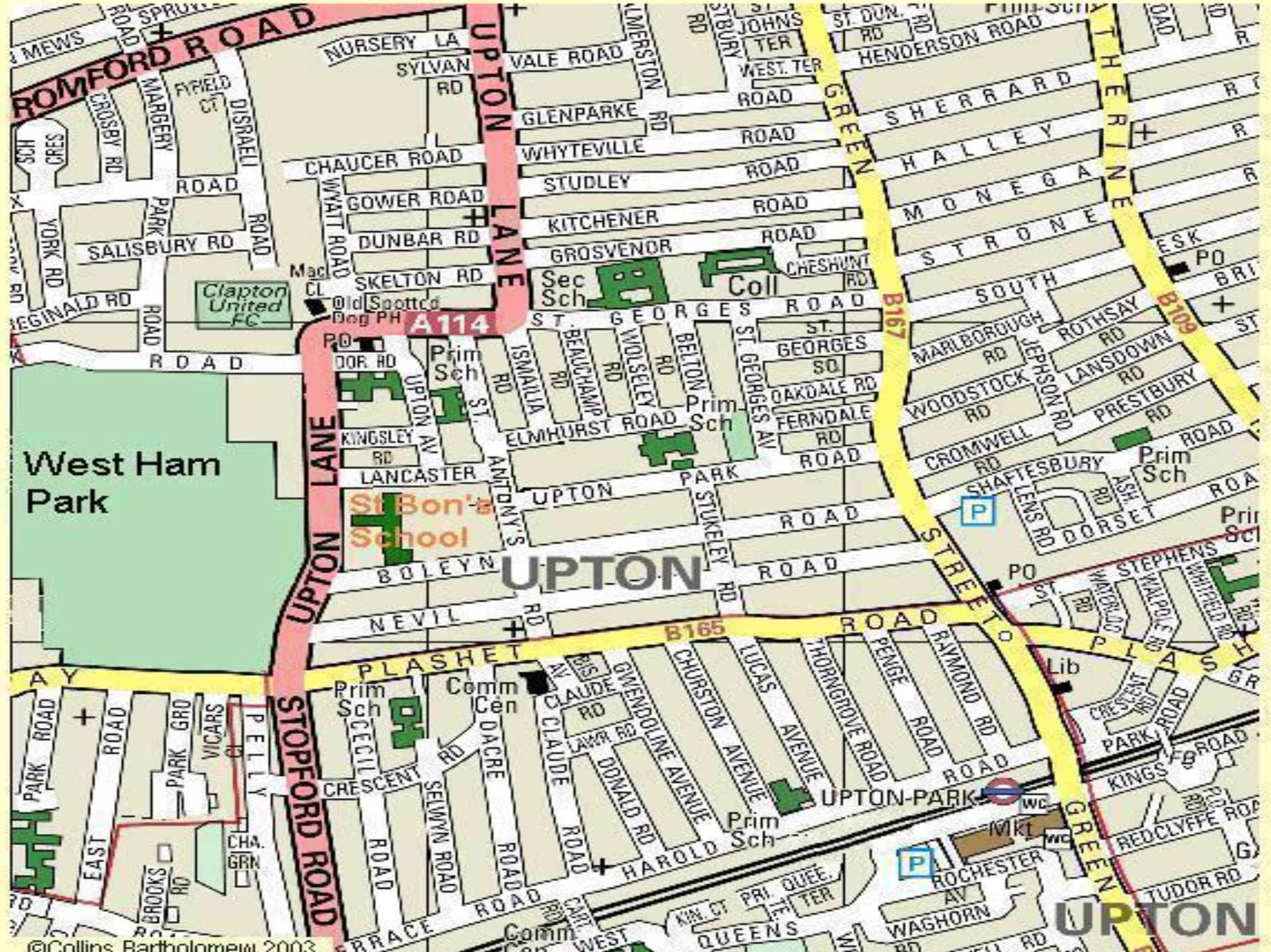
The Germans were angry at Clause 231; they said they were not to blame for the war. The soldier sent to sign the Treaty refused to sign it – 'To say such a thing would be a lie,' he said.

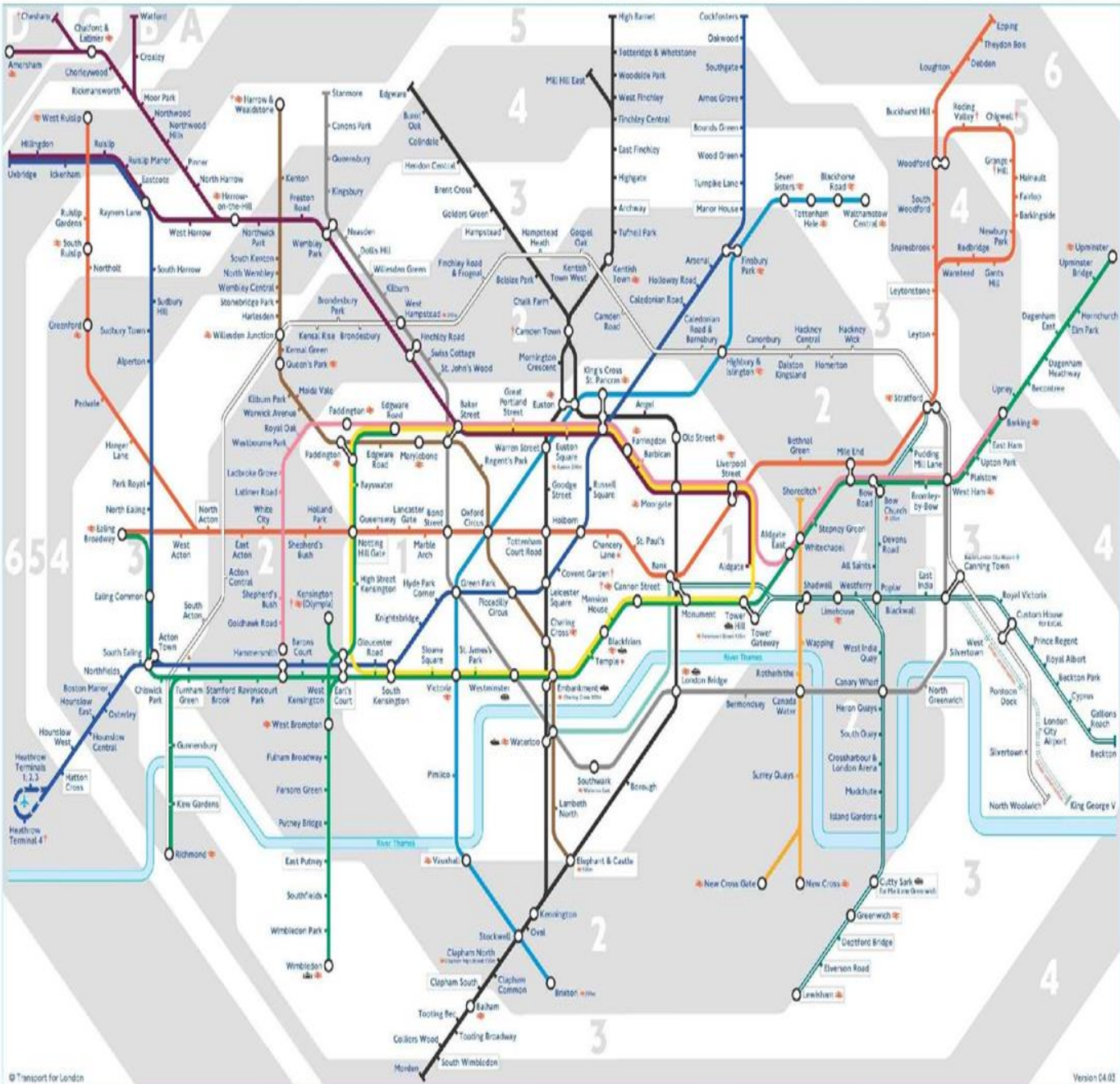
The Germans were angry about reparations; they said France and Britain were trying to starve their children to death. At first they refused to pay, and only started paying after France and Britain invaded Germany (January 1921).

The Germans were angry about their tiny army. They said they were helpless against other countries. At first they refused to reduce the army, and the sailors sank the fleet, rather than hand it over.

The Germans also thought the loss of territory was unfair. Germany lost a tenth of its land. Other nations were given self-determination – but the Treaty forced Germans to live in other countries. Germans were also angry that they could not unite with the Austrian Germans.







Key to lines † **Points to remember**

- Bakerloo** Special fares apply for single and return tickets to and from Harrow & Woodstone.
- Central** No service Woodford - Hainault after 2000 daily.
- Circle** Cannon Street open until 2100 Mondays to Fridays. Closed Saturdays and Sundays.
- District** Cannon Street open until 2100 Mondays to Fridays. Closed Saturdays and Sundays. Earl's Court - Kensington (Olympia) 0700 to 2345 Mondays to Saturdays, 0800 to 2345 Sundays.
- East London** Shoreditch - Whitechapel open 0700 to 1000 and 1530 to 1900 Mondays to Fridays. Closed Saturdays. Open until 1500 Sundays.
- Hammersmith & City** No service Whitechapel - Barking early morning or late evening Mondays to Saturdays or all day Sundays.
- Jubilee**
- Metropolitan** For Chesham, change at Chalfont & Latimer on most trains.
- Northern** On Sundays between 1300 and 1730, Camden Town is open for interchange and exit only.
- Piccadilly** No entry to Covent Garden on Saturdays between 1300 and 1700. Heathrow Terminal 4 open until 2345 Mondays to Saturdays and 2315 Sundays. No service Uxbridge - Rayners Lane in the early mornings.
- Victoria**
- Waterloo & City** 0615 to 2130 Mondays to Fridays. 0800 to 1830 Saturdays. Closed Sundays.
- DOCKLANDS**
- National Rail** Single and return tickets issued for Underground/DLR journeys are not valid between Gunnersbury-Stratford or Custom House-North Woolwich

Certain stations are closed on public holidays.

Key to symbols **Explanation of zones**

- Interchange stations
 - Connections with National Rail
 - Connections with riverboat services
 - Airport interchange
 - Connection with Tramlink
 - Closed Sundays
 - Served by Piccadilly line trains early morning and late evening
- | Zone | Explanation |
|------|------------------------------|
| D | Station in Zone D |
| C | Station in Zone C |
| B | Station in Zone B |
| A | Station in Zone A |
| 6 | Station in Zone 6 and Zone 4 |
| 4 | Station in Zone 4 |
| 5 | Station in Zone 5 |
| 4 | Station in Zone 4 |
| 3 | Station in both zones |
| 3 | Station in Zone 3 |
| 2 | Station in Zone 2 |
| 2 | Station in both zones |
| 1 | Station in Zone 1 |

When creating a map, you.....

- **Select the information that you want to show**
 - **Choose key words and symbols**
 - **Present the information in an organised way**
-

Keywords

_____ **for** _____

Keywords

_____ are going

_____ for _____

Keywords

_____ are going well
for _____
High _____

Keywords

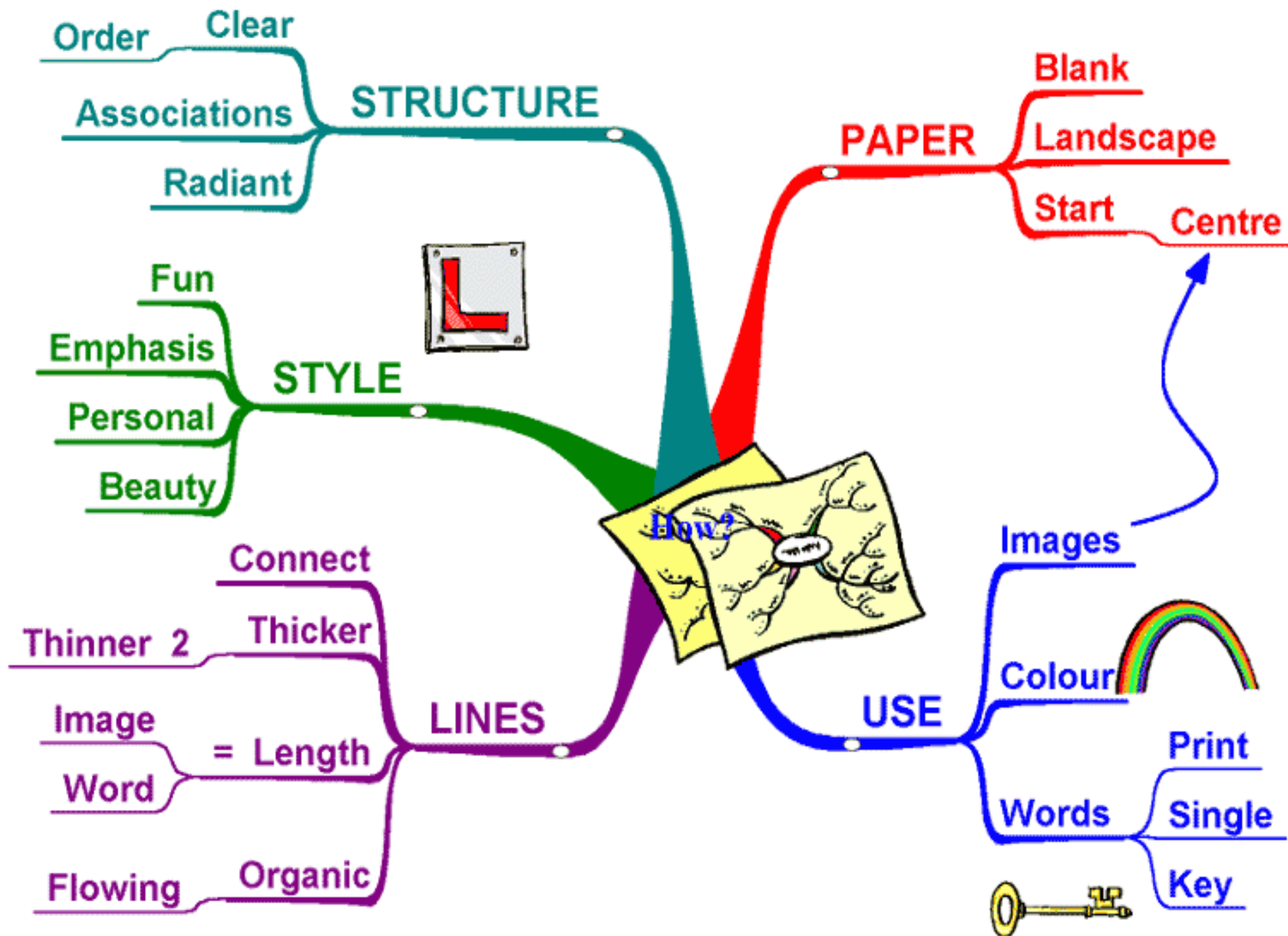
**Things are going well
for Little Ilford's High
Achievers**

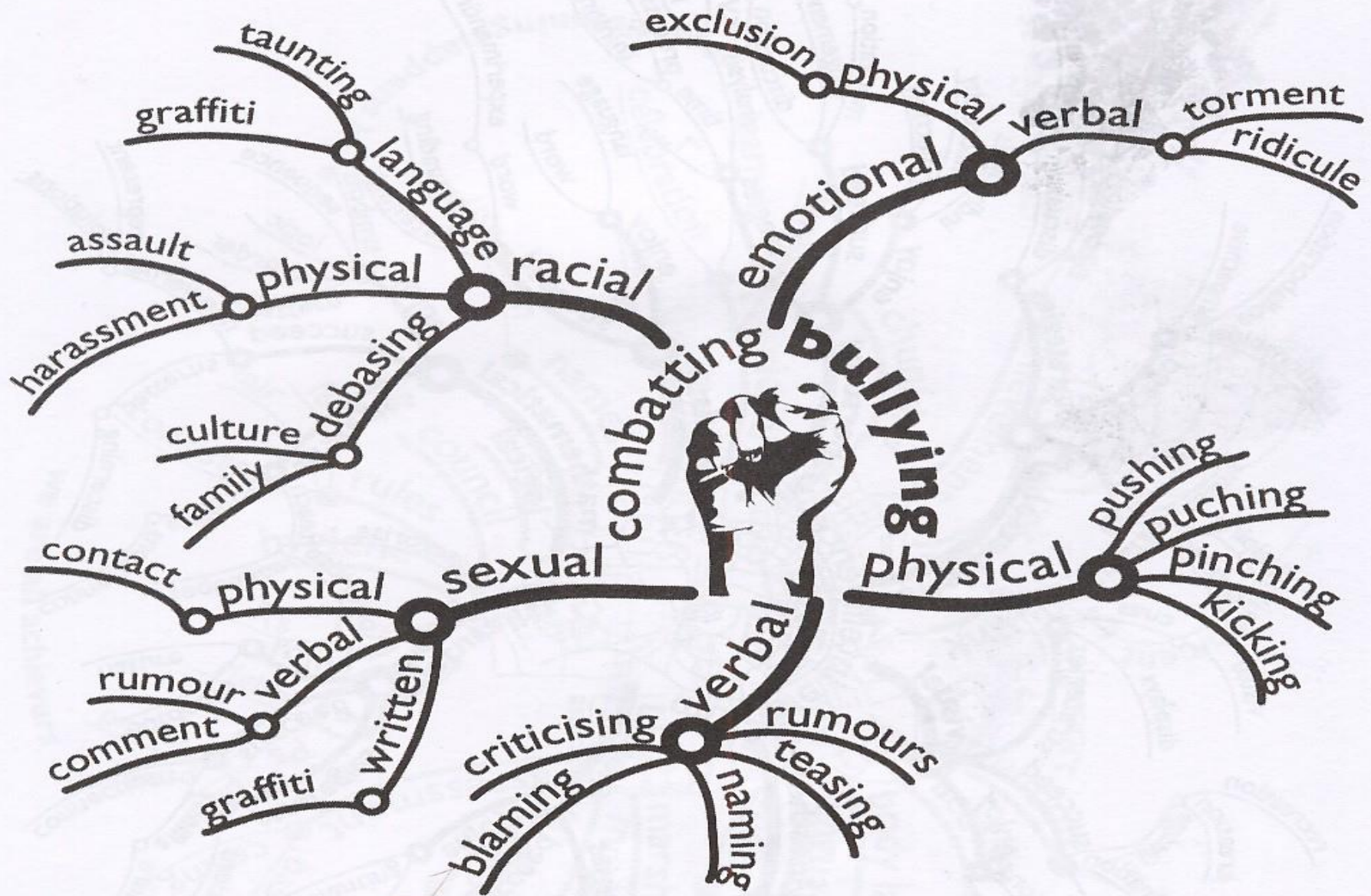
3 minute Task

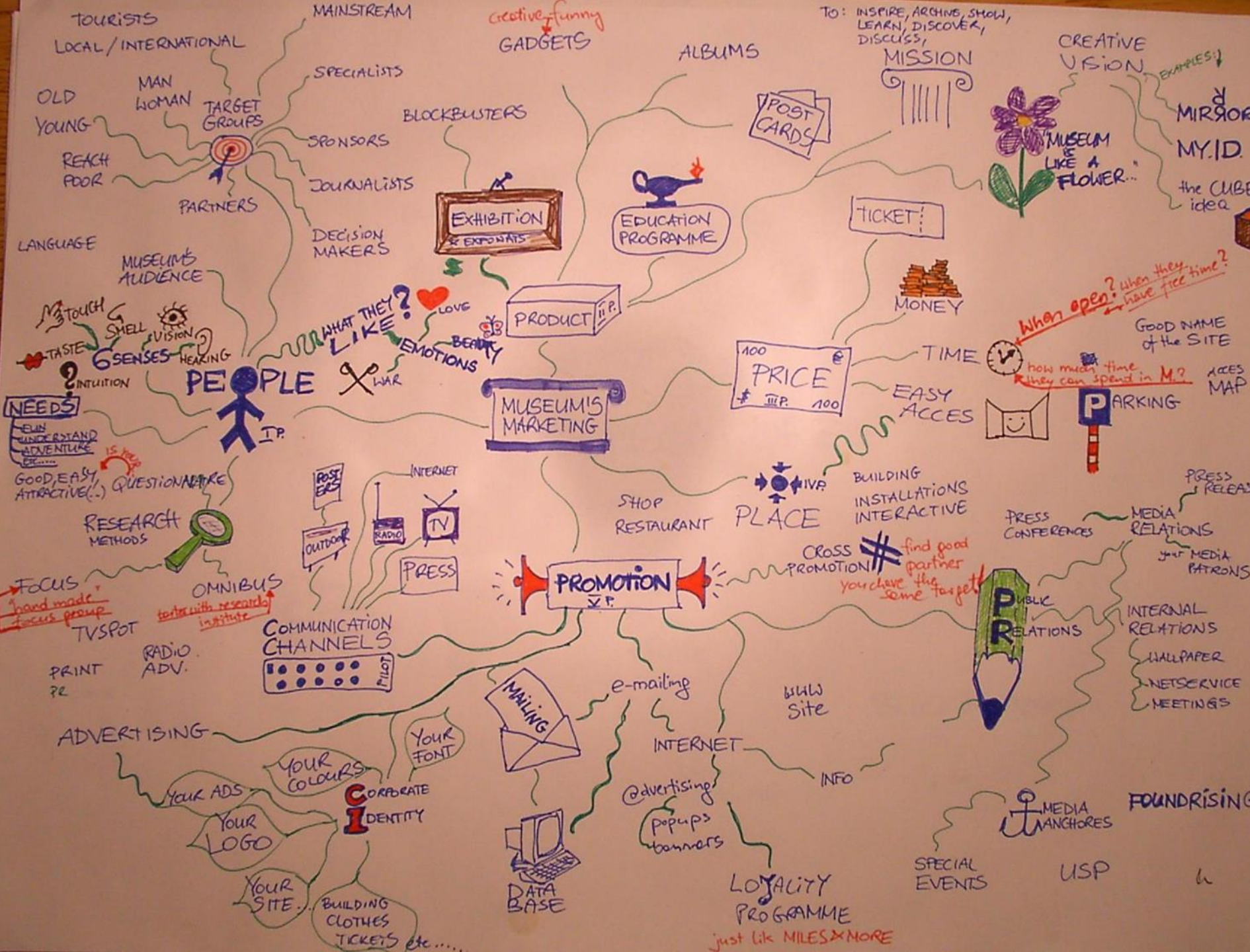
Form these words into groups in
as many ways as you can :

boat tree ant duck

pig tap clock cloud



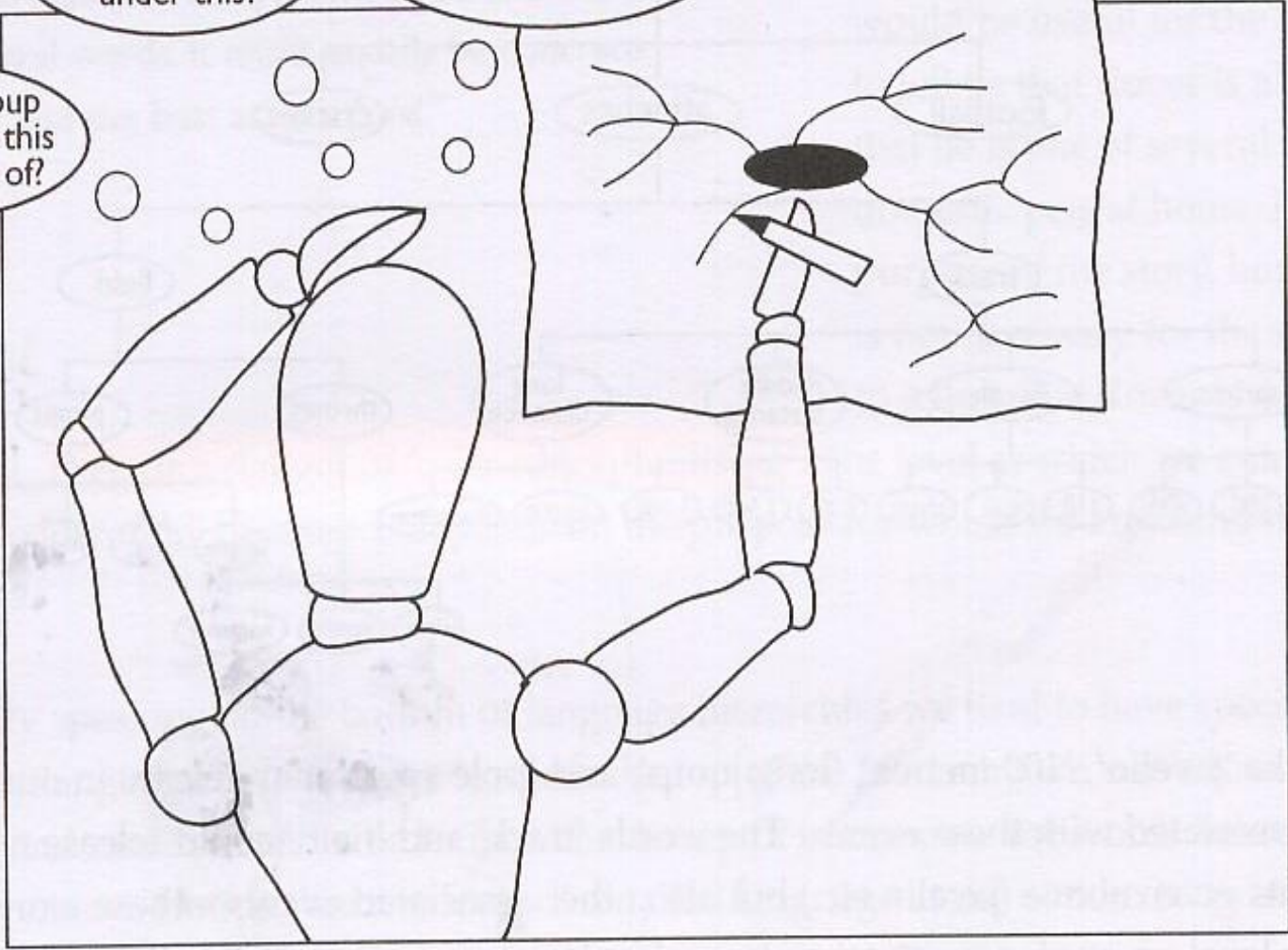




Is there a group of words that this word is part of?

What words would I associate under this?

Is this the best word to use, or is there another word that contains this one in it?



How your Parents Can Help

- **Mastermind: 20 minutes preparation on a topic, then 3 minutes of questions by parents. Count total!**
 - **Hangman, on a set topic**
 - **Keyword Bingo**
-

Exam Technique – some hints

- **Get everything that you need together the night before**
 - **Get a good night's sleep – don't revise late into the night**
 - **Set alarm clock *and* get someone to wake you**
 - **Eat breakfast and set out in good time**
-

Exam Technique – some hints

- Read all of the question paper for 5 minutes
 1. Start with the instructions at the top
 2. Note how many questions you will have to answer, how many sections there are in the paper and whether there are questions which are compulsory
 3. Note the number of marks available for each section and note especially the amount of time you are allowed for the exam
 4. Is a formula sheet (or any other material) attached to the exam paper?
 5. Don't panic - and don't start answering any of the questions until you have read all of them

Exam Technique – some hints

- Plan to have 10 minutes or so to check answers at the end
 - Answer your best question first
 - Use all of the time
 - If you run out of time, jot down the strategy you would have used
 - Don't score things out – let the examiner decide what is worth a mark
-

Review

**Write down the thing that has
'stuck out' for you in this
session - the thing that you
think you are most likely to
remember.**

Soon you'll be developing skills you never knew you had... (Matrix Ping Pong)

