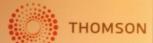


Little Ilford News & Events Spring 2016 - Issue 17

In this edition: News from Science, PE, EMA, Humanities, Transition & Year 11 along with some of the other events happening at Little Ilford School...

Achieving Together
Achieving Together
Succeeding Together

**THOMSON REUTERS** 





Year 8 Nayimah and Samiya present at a recent Careers Insight Visit to Thomson Reuters. More photos on page 4

Welcome to the Spring edition of **Inline** Magazine. As I write, we have received data from the government about the progress that our students make when compared with similar students nationally. This measure, called Progress 8, is the main way in which schools will now be judged, replacing the 5 A\*- C grades at GCSE standard. A figure is created by measuring the progress that students make in their best 8 subjects whilst at secondary school. English Language or Literature (whichever is highest) and maths count double. A further three of the subjects have to come from the Ebacc (English Baccalaureate) group (History, Geography, Science, Languages and English Language and Literature).

Our results are fantastic. We add more than half a grade of value (0.51) to students' results compared to the progress of similar students nationally. The figure in 2014 was 0.44 so there is a clear upward trajectory. We are now in the top 8% of schools nationally.

This is a tremendous figure and is a reward for the hard work of our students and teachers, as well as the terrific support we get from our parents. All of our parents' meetings have an attendance figure of more than 90%, which is the envy of many of my colleagues in other schools. I want to take this opportunity to **thank you** all for the level of commitment that you show to your children's education, which is a major reason for our school's success.

More challenging GCSEs are being introduced over the next few years. There will be virtually no coursework and good revision habits will become crucial with all of the assessment at the end of **Year 11**. Simply completing homework will no longer be enough to ensure success. We are working hard with our students to give them techniques that they can use to prepare for the difficult times ahead. Let us work together to ensure that the students make even better progress in the coming years. **lan Wilson - Headteacher** 

## A Great Healthy Start

Health Week 2016 was launched on Monday 18<sup>th</sup> January with the overall aim being to promote healthy active lifestyles and raise awareness of the risks to health of childhood obesity. Our catering team were amazing, pulling out all the stops to ensure that Health Week 2016 was a great success. The atmosphere around the canteen throughout the week was delightful. We kicked the week off with some **fabulous fruit smoothies** during lunch - these were a huge hit with both students and staff. There were a variety of flavours so good they had to be brought back by popular demand on Friday. Our lunchtime menus were revamped specifically for the week, each day a tasty healthy choice option was featured alongside some of our regular favourites and



some new additions. Again, the feedback throughout the week was extremely positive. Students and staff had the opportunity to try food that they would not usually have chosen and actually found new healthier choices that they enjoyed and would happily eat again in the future.

Students also visited the **Change4Life table** which had information leaflets, tips and advice regarding making lifestyle changes and to offer feedback about the food on the menu for the day.

Registration tasks and assemblies for the week had a Healthy Lifestyle focus. Students were issued with work books and shown PowerPoints emphasising the importance of making small changes to their lifestyles...now!!!

Students have also been battling it out for the Award of 'Outstanding Commitment to Health Week 2016' and the 'Design a Healthy Meal competition'. Winners will be announced and prizes awarded during assemblies.

The PE Team ensured students were put through their paces. Lessons began with a Health and Fitness group challenge where each team had to answer a series of healthy lifestyle questions in a competition format. At lunchtime students keenly took part in table tennis, football and cricket tournaments.

In addition, external coaches were brought in to deliver specialist after school sessions for the students, to promote activities other than those usually experienced in school. These were well attended and a great hit with all who took part. Boxing, Focus Pads, Fitness, WRS Resistance Sliding and a Specialist Badminton coaching and competition session, were offered and were thoroughly enjoyed.

Finally, to round off a fabulous week, something for the staff. The **staff Dodge Ball Competition** went down a storm. Great fun was had by all who got involved and this has now created a buzz for future staff team events.

It is clear from the feedback that Health Week has been a great opportunity to raise awareness and encourage us all to make small changes to our lifestyles. However, it doesn't stop here, we must now all continue to build on this huge success. Well done to everybody that supported us; let's all keep promoting the Health and Well-Being message.

Ms Thomas – Healthy Schools Coordinator.

# **Inspirational Spaceman**

Little Ilford School were lucky enough to have a visit from Hussain Manawer, who has famously recently won a trip to Space. The 24-year old from Redbridge delivered inspirational assemblies in school in conjunction with Jamala Osman, Barclays Higher Apprentice graduate. Hussain beat applicants from more than 90 countries to be named One Young World and Kruger Cowne's Rising Star, winning an out of this world trip into space. He told our students:

Below - left – Aadam Student - Miss Ford, Careers and Aspirations Coordinator – – Faheemah Student - Guest Hussain Manawer – Ian Wilson, Headteacher – Zain Student



"It's simple. WORK HARD!" Students listened to Hussain speak about his journey through school, university, various charity expeditions, space training and his recent trip to Bangkok to the One Young World summit. He also talked about his battle to smash stereotypes of people who suffer with mental health issues which is what won him the place on the space cruise he will be undertaking.

Hussain said, "I am really impressed with the Little Ilford students; they had really interesting questions, it was great meeting them!"

Miss Ford, Careers and Aspirations Coordinator (pictured), who arranged these special assemblies, said, 'The assembly gave our students the opportunity to see how hard work and determination can help them achieve ANYTHING. We are all inspired by Hussain! We hope he will visit us when he comes back from space to share his experiences too."

### Work hard, then play hard - Year 11

The Year 11 students have seen some changes throughout their time at Little Ilford School and this year has been no exception with the departure of Ms Noor-Mohamed, which meant Mr Kulkarni took over as their new Pastoral Achievement Leader alongside Ms Smith and Mr Herbert to help guide students through their most stressful year.

The students have **completed their mock exams**, so now they have a broader view of what will be expected of them in their final exams. They are all in revision mode, whether that is in their lessons or interventions after school, weekends and in many cases, during the school holidays. They are all feeling the pressure of deadlines for homework, revision and coursework, so they have been learning different techniques to manage their time more efficiently.

Every Year 11 student has had to apply for at least six colleges and the interviews for their placements are now taking place. Many have already been offered the college of their choice on the proviso that they achieve their predicted grades and that their behaviour and attendance are of a very high standard.

As this year is of the utmost importance, there are not many school visits planned to ensure the students get the maximum benefit from their chosen and compulsory subjects. Therefore **we have devised a reward scheme** so that those who are working to the best of their ability are recognised with various prizes including pizza lunches and Prom tickets. A Limousine will also be awarded to the top ten students with the most stickers. This year's Prom is in its planning stages and we have had a very positive response from the students and staff, as it will be a celebration of their hard work and achievement.

A number of our students have won the Jack Petchey Awards over the years and our latest winner was Mohammed Al-Amin who received his for being the most improved student of the year. With the award money he bought a camera so that the Prom can be captured so that Year 11 have a something to remember the night by. He was also nominated for being the most improved student throughout the Borough of Newham and won an award from Lifeline - well done what an amazing student.

Ms Smith Student Support Officer Year 11

# Careers Insight Visits - Year 8









# **#Pretty Curious Workshop**

We were lucky enough to take part in the Pretty Curious Workshop run by EDF Energy. We were taken to an unseen part of the Science Museum, where we were met by representatives of the EDF workshop. The day started off with an inspirational talk about the future of **women in science** and engineering. We felt empowered by the motivating words and eager to take part in this special event. During the day, we took part in several activities relating to science and technology, alongside 5

relating to science and technology, alongside 5 other schools. The main task of the day was to invent a product that would make our bedrooms smarter. Our team created **the winning product** called 'Stamp it', which used sensors to switch off the alarm in the morning. This required one to step out of the bed onto a touch sensitive mat. This in turn would turn on the light and make our bedrooms smarter.

We met the CEO of 'Snap Fashion' and saw live 3D printing in action. We also used laser cutting and vinyl to bring our 'creations' to life. Using circuits and 'Little bits kits'\*, we created the internal operating parts of the product. In order to pitch our product to the audience, we were also required to create an advert which we presented to the other schools and the panel of judges from EDF.

Our product beat 5 other schools because of its unique selling point, creativity and advert, and we also won a 3D printed light bulb trophy!

An overall amazing day and event – teaching us that there are lots of opportunities for women in Science and Engineering.

You can see us and our winning product on YouTube and the EDF energy website:

www.edfenergy.com/prettycurious/experiences www.humpparents.co.uk/prettycurious-workshop -science-museum/ (A journalist interviewed us) www.youtube.com/watch? v=o3dPmcKPPW8







"We thoroughly enjoyed the day as we were introduced to many different aspects of science and technology we had never experienced before, such as 3D/ laser printing. We definitely look forward to studying a stem subject in college." – **Kulsum and Tayeba.** "It was a very exciting opportunity to be able to take part in an event which has broadened my knowledge of science. The pressure of limited time motivated our team to create the winning product." – **Rohima.** 

Written by Tayeba and Kulsum - Year 11

# The Room Untouched

My hand shook as I reached out to touch the door handle. I had never known such longing. I had never known such fear... Had it really been 10 years since I had entered my beloved son's bedroom and tucked him up in bed? Could I bear to visit the room and the memories that haunted me? Silence... Nothing to see... Nothing to hear... I sat on the floor next to the rusty door, distraught and alone. Sitting there sobbing, pointless...

Every tear which is coming from my crystal eyes is pointless because I know he will never come back...

Closing my eyes, I couldn't imagine anything except of my son; hearing him laugh whilst watching his favourite children's programme 'Peppa Pig'. My heart stopped. My world stopped. Everything stopped... Trying to put the corroded key inside the door, my hand started shaking like a tsunami. Sweating in fear... I stopped for a moment, looked at the door and put the key straight inside it, again.

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As I opened the door, all of the memories inside it, came to me and pushed me in and closed the door behind me. Fear. Abandonment. Cold toys sitting on the floor alone and dejected waiting for their loving friend, to appear. My son's death had shattered them. They were like a crowd crying because they had lost their chance to be hugged and loved.

The lonely bed is frozen; dust wants once more to see his dear master sleeping under the warm duvet.

My life ended when he died. Now nothing can come to any good. Sitting in front of his ward row, all of the clothes are waiting for someone to wear them. Impossible... I cannot imagine him sitting next to me right now and say "I love you mummy". I just want to hear him saying that. I will be the happiest person ever, but it is impossible. Why did God take my angel away to his Garden of Paradise? I miss him so much...

As I looked outside the window, at the murky pond, full of leaves and dead fish floating on the still water. Once more, it made me suffer... I hadn't stepped in the garden since my son died. Simply, I couldn't; I just couldn't... My eyes full of desperate tears realised something was moving next to the pond. I opened the window and looked carefully.

My eyes couldn't believe what they had just seen! It was a little boy playing with his car-toy. It looked like my son. It couldn't be! He turned around and looked inside my eyes... Smiling "Goodbye Mum!" and he jumped and disappeared inside the pond.

Wow! Closing my eyes and starting crying thinking that my dear son, after 10 years he came to say goodbye!? I stepped outside the room in tears of joy, looked at the door and I thought that I should not close the door, because my eyes just showed me that my son is still here and he might want to visit his room and to play again with his toy friends. I thought that from now on, I should start a new life, try to get over everything. I know that my son is here next to me and he will always be there forever, in my heart and in my broken soul!

Antonio, Year 9

Antonio has attended Little Ilford School since the beginning of Year 8. He began to learn English when he first arrived. He is now a confident speaker of English and extremely interested in his progress as well as being focused on doing well. Antonio continues to work on his writing skills to support his achievement in spoken English. During this time he has consistently proven to be a very good student, committed to his learning and with high expectations of himself. He is dedicated to his studies and enjoys being in Study Plus. **Mr B Dedja - Study Plus English Teacher** 

#### Students get an invite from the Mayor

When the Holocaust ended more than 70 years ago, the world said "Never again." Yet crimes against humanity continue. In the present day, groups of people are still victims of persecution, simply because people are seen to be different. The 27<sup>th</sup> January marked Holocaust Memorial Day. This is the day in which the world remembers the victims of the Holocaust. The Memorial Day also remembers those who have also been victims of recent genocides. Five Year 11s were invited by the Mayor of Newham to attend the Holocaust Memorial event in Stratford at the Old Town Hall. The Borough of Newham had organised a special memorial event and students heard the testimony of a Holocaust survivor, Harry Bibring. A number of primary and secondary schools made their contributions through a variety of special performances to recognise the ideas of equality and respect. The teachings of the Holocaust send out an important message to kick out racism and prejudice behaviour and accept people for who they are, regardless of their background, religion, gender or sexual orientation. The message this year is:



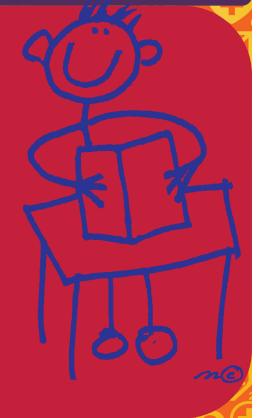
"With these words in mind, commit to not standing by. When we see acts of injustice, DON'T STAND BY. When we hear of intolerance, DON'T STAND BY. When we see people being picked on because of who they are, DON'T STAND BY. And when we see others act on their hatred, DON'T STAND BY." Mrs Sami - Head of Humanities

#### **Exciting times in Transition**

These past few weeks have seen exciting moments taking place as part of the Transition process! Year 5 students (across our feeder schools,) have been given a rare but exciting opportunity to access the secondary curriculum at Little Ilford School! This is an annual event with different primary schools coming in (with the entire year group) and 'tasting' what we have to offer! (Subject-wise obviously!) From Food Technology to Core Science, we have left no stone unturned when trying to whet the appetites of future LIS students!

In addition, we have gone further by inviting Year 4 students, (only four students per school) to come and join author Stephen Davies on a journey of writing. Students joined us in the morning and spent a day working under the supervision of Davies, both independently and collaboratively, on writing skills (whilst challenging the writer, mind you) and using both their linguistic and oral skills. All of this, just so students can begin to aim higher, build on existing practice and experience a world beyond primary to support future aspirations! Upcoming projects in Transition to take notice of are: History, Science, PE, ICT and a further opportunity to meet established writers.

**Ms Begum - Transition Coordinator** 



There are four easy ways to keep in touch! Our website: www.littleilford.newham.sch.uk Email: info@littleilford.org Follow us on Twitter @littleilfordsch Call: 0208 478 8024





























