

HEALTH AND SOCIAL CARE

NCFE CACHE Level 2 Technical Diploma

Start date: September 2021

THE FIRST QUESTION....

(a pretty important one though!)



HOW WOULD
YOU CHANGE
THE WORLD?

WHAT IS HEALTH AND SOCIAL CARE?

Healthcare is the prevention and/ or treatment of ill health and medical conditions. Social Care is the emotional and wellbeing support of vulnerable people.

Health and Social Care happens in hospitals, residential care settings, the community, individuals' homes, hospices, the sky (think about the Air Ambulance!) and many more places!

Did you know?

There are over 1000 career pathways in Health and Social Care and this is set to grow! The NHS alone has 350 career pathways!

WHO NEEDS HEALTH AND SOCIAL CARE?

Everyone of course! The majority of us will have access to health care during our birth and access services throughout our lives, right until the end of our lives.

That means you could work with people of any age! Infants, children, young people and adults of all ages! (Never a dull moment!) You will get to specialise though. Perhaps with an age group or specific need!

It is a privilege to work with people who are putting their trust into you, right when they need help the most. Working in Health and Social Care means YOU are a world changer- a real life hero!

So I'll ask again....



WHAT CAREERS ARE THERE I HEAR YOU ASK...

- Art, Music or Play Therapists
- Dentistry
- Forensics and pathology
- Doctors, Surgeons and Consultants
- Nursing and Midwifery
- Nutrition and Diet
- Paramedic and Ambulance Services
- Physiotherapy
- Psychological Therapies
- Sexual Health

As a consultant from 1 April 2020, you'll earn a basic salary of £82,096 to £110,683 per year

Social workers for the NHS typically start on Band 6 of the NHS pay scale, which ranges from £31,365 to £37,890.

- Adult Social Care
- Adoption and Fostering
- Alcohol and Substance Misuse
- Children and Families Social Work
- Housing and Homelessness
- Learning Disabilities
- Mental Health
- Probation
- Youth Work

THE LIST GO ON, AND ON, AND ON...

...SO WHICH ORGANISATIONS COULD I WORK FOR?



MEET BECKY, A DOMICILARY CARE WORKER (STUDIED HSC)...



HSC is an amazing broad subject, it gives you access to so many different pathways whether that be in work or university! I work in domiciliary care myself and it taught me so much about life in general, I started at 17 and it helped me to understand people better, I really began to understand what empathy meant.

You meet all types of people, with different abilities and needs! It taught me how to adapt quickly to meet someone's needs and put them first. One call, you may visit a luxury apartment and just make a cup of tea and chat and the next visit you could be looking after someone who is bedridden in a run down property who has no family and no way to communicate. This may sound sad, but really knowing that YOU were there for them, always put that extra time and effort in to make them smile or feel comfortable is such an amazing feeling. It's very empowering.

"Health and social care has changed my outlook on people, and life!"

MEET BEN A MENTAL HEALTH NURSE STUDENT (STUDIED HSC)...

HSC gives you the opportunity to explore "people". I am **inquisitive** and always wonder why people are the way they are. Has their past impacted them? What is happening right now? What could their future be like?

I studied Health and Social Care to gain an insight into both the health care sector and the social care. I have decided to study mental health nursing that fits into both sectors. When I studied HSC I went on a range of **placements** and this really helped me to find out what my interests really were!

I love that the HSC course, I started at Secondary and continued to study it in more detail when I left school, gave me time to **reflect**. Reflect on the diverse range of people there are and reflect on the impact I could make within the industry. I took a part time job in a care home, as an Activities Assistant, then once I was 17 I took on a role as a part time activities Co-Ordinator in a Mental Health unit and continue to work here as a Team Leader whilst at University.

You have to be **resilient**, hard working and be prepared to keep going when the coursework gets tough - I promise it's worth it in the end. I am now really proud to be a Mental Health Nurse Student and am beginning to explore options that I have to specialise.

MEET RHIANNON - A UNIVERSITY GRADUATE!

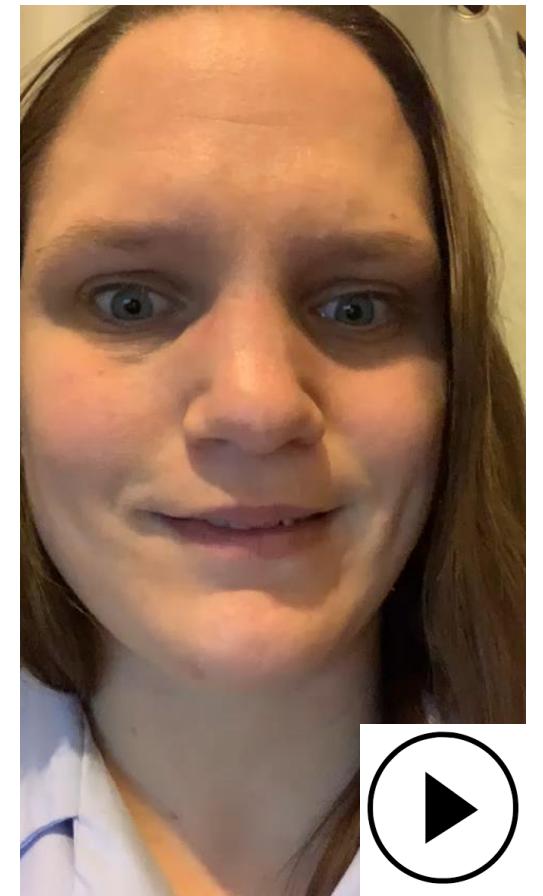
I studied Criminology at university, and began working as a healthcare assistant in the community during evenings and weekends while studying.

I was surprised at how Health and Social care training and experience links to most job roles and everyday life. I have learned so much about Mental Health in particular, and find myself confident and more open in discussing mental health, managing my own and also helping others with theirs in both work and personal life. An attribute I believe we all need more than ever right now.

Being a Uni student is the cliché that is always told to us 'It's the best and worst years of your life' You make lots of new friends and meet people from different backgrounds and cultures. It's great and get to step out of your comfort zone and try new things. You create lifelong networks and learn to grow up fast and become independent.

Working in Health and Social care is a challenging yet rewarding career, you will certainly never be out of a job and there are so many different pathways and options you can explore. I have worked in dementia homes, community care, as a Covid Swabber, in hospitals and in disability residences and have enjoyed the experience of them all!

MEET TERRI - A COMMUNITY HEALTH CHAMPION!



LET'S LEARN SOME FACTS ABOUT HEALTH AND SOCIAL CARE...

Health and Social care is about providing physical, emotional and social support to help children and adults live their lives in the best way possible

Covid-19 has impacted every country on earth! The impact on Health and Social Care is huge - too huge to actually put statistics to right now! (ONS 2020) Makes sense... It has impacted EVERYONE in one way or another!

In 2018 there were 657076 births recorded in the UK. Each year for the last decade this number has decreased!

1.5 million people currently work in the social care sector. By 2030, there will be at least another half a million jobs created!

841,850 adults in 2019/20 received regular support from Social Care Services

Official figures show there are now 78,150 children in care (Gov.uk 2020)

The average life expectancy for homeless people was 44 years for men, 42 years for women - according to ONS in 2019! Homeless people have some of the most complex health and social care needs - most of which are unmet!

WHERE COULD THIS COURSE TAKE ME?



Anywhere! Health and Social Care is in great demand globally. You could work in a local GP surgery, on a Cruise Liner or the other side of the world! Woah! That's far!

At the end of Year 11 you could:

- Continue to study Health and Social Care as a full time course at college
- Become an Apprentice - learning whilst working
- Take a diploma whilst studying for your A-Levels
- After that.... You could find employment, study at university or complete a higher level apprenticeship!

This course will demonstrate your ability to communicate with a diverse range of individuals - that's a huge transferable skill you know!

I CAN TELL YOU'RE
KEEN TO STUDY HSC... (YOU'RE
STILL HERE!)

LET'S GET DOWN TO THE
FINER DETAILS SHALL
WE?

Let's start with what Miss Elliott expects you to be like:

- A team player
- Independent thinker
- Aspiring to work within the health or social care industry
- Open to developing your communication skills
- Ready to complete exams and present work in various formats
- Have fun - it's not all about copying from a board or book you know!

Does this sound like you? Yes did I hear you say?

Then you have the potential to be our FUTURE within the Health and Social Care industry... and the ideal student for the course too!

WHAT CAN YOU EXPECT FROM MISS ELLIOTT?

(YEAH YOU SHOULD HAVE EXPECTATIONS OF YOUR TEACHERS!)



Well you can expect the following:

Creative lessons: Health and Social Care is about 'thinking outside of the box'. This means that we will learn theory with a fun twist!

An experienced teacher: Miss Elliott has had other careers outside of teaching. She has worked in Social Care (Child Protection), within Prisons, Youth Work and overseas! Miss Elliott will be able to share her 'real life' experiences with you!

An inclusive classroom: Everyone is welcome! You will be supported and included. You're important and Miss Elliott will value your contributions!

To be challenged: Miss Elliott wants the VERY best for you! You will be pushed to achieve and be the very best version of you! I will support you every step of the way! Promise!

THE COURSE...

Content

The course is made up of the following units:

- The health and social care sector
- Professional practice and the health and social care practitioner
- Human growth and development through the life stages.

Assessment

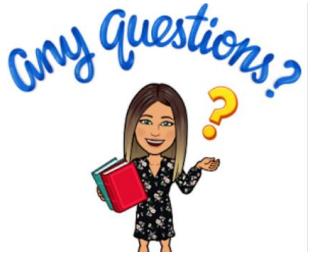
- Coursework - lots of coursework! (Worth about 50% of your qualification)
- Exam - there will be 2 attempts to achieve the best grade you can!

You will be graded using the following criteria:

Pass Merit and Distinction

For more information on the course please refer to the
'pre course handbook that has been created for you'

WANT TO KNOW MORE?



- Come and chat to Miss Elliott in 114
- Drop Miss Elliott an email: Laura.Elliott@lecacademy.org 
- Find out more about the course on our Padlet: <https://padlet.com/misselliottleca/i1xbjgg7x14x1pjv> 
- Check out the HSC Twitter page: Miss Elliott @ LECA 