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| **[Image result for littleport and east cambs academy](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiT9pag2oTQAhVHPhQKHQe2CrgQjRwIBw&url=http://lecacademy.org/&psig=AFQjCNHOQCsfxsnAHJQkSIqMpKHl9pqh1g&ust=1477991640107718)LECA Curriculum Intent for PSHE from Years 7 to 11** | | | | | |
| **LECA Curriculum Intent – Curriculum coverage, knowledge progression, subject *discipline* and *skills*** | | | | | |
| **Key Knowledge and Skills** | **Year 7 – Identity and Transformation** | **Year 8 – Exploration and Adventure** | **Year 9 – Conflict and Boundaries** | **Year 10 – Freedom and Independence** | **Year 11 – Innovation and Leadership** |
| **Core Theme 1 – Rights, Responsibilities & British Values**  **Cross –curricular Reinforcements - These reinforcements can be viewed through the PSHE subject audit.** | **Politics, Parliament & Me**  Students will study:   * Why Politics are important * How the Country is run * Creating a Political Party * Elections and Campaigning * Political Debates and Parliament * Exploring inside Parliament | **Law, Crime & Society**  Students will study:   * Desert Island living * Desert Island – Building a Community * Desert Island – Making decisions * Criminals, Law and Society * Law making in the UK * Prisons Reform and Punishment | **Combating Extremism & Terrorism**  Students will study:   * Conspiracy Theories and Extremist Narratives * Extremism * What is Terrorism? * What are British Values? * The Radicalisation Process * Counter Terrorism * Anti Semitism | **Exploring British Values**  Students will study:   * Critical Thinking and Fake News * What is a Cult? * Exploring Britishness and British Values * LGBT Rights and British Values * What are Human Rights? * Exploring Human Rights |  |
| **Core Theme 2 – Celebrating Diversity & Equality**  **Cross –curricular Reinforcements - These reinforcements can be viewed through the PSHE subject audit.** | **Celebrating Differences**  Students will study:   * Multicultural Britain * What is your Identity? * Nature Vs Nurture * The Equality Act 2010 * Breaking Down Stereotypes in Society * Prejudice and Discrimination * Challenging Islamophobia | **LGBTQ+ Explored**  Students will study:   * LGBT, What is it? * Homophobia in School and Society * Supporting those that are LGBT * Challenging Homophobia * Transphobia * Coming Out |  | **Exploring World Issues**  Students will study:   * International Organisations * Brexit * Aid and Supporting other Countries * Fairtrade * Peace War and Conflict * Women’s Rights and Equality * MeToo and Time Up Movement |  |
| **Core Theme 3 – Relationships and Sex Education**  **Cross –curricular Reinforcements - These reinforcements can be viewed through the PSHE subject audit.** | **Friendships, Respect & Relationships**  Students will study:   * Consent and Boundaries * Respect and Relationships * What makes a good friend? * Friendships and managing them * Being Positive * Pressure and Influence * What does it mean to be a man in 2020 | **Identity, Relationships & Sex Education**  Students will study:   * Introduction to Relationship and Sex Education * Healthy Relationships * Dealing with Conflict * Sexual Orientation * Gender Identity * Introduction to Contraception * What is Love? * Periods and Menstrual Cycle | **Contraception & STI’s**  Students will study:   * STI’s * Contraception Available * Condom Lesson * Contraception explored further * HIV and AIDS * Sexual Harassment and Stalking * AIDS Prejudice and Discrimination | **Warnings, Relationships & Sex Education**  Students will study:   * Campaigning against FGM * Sexting Nudes and Dick Pics * Pornography * Domestic Abuse and Rape * Sexualisation of the Media | **Sexual Health**  Students will study:   * Peer on Peer Bulling * Fertility and what impacts it * Alcohol and Bad Choices * Importance of Sexual Health * Revisiting Contraception * Revisiting STI’s * Respect and Relationships |
| **Sex, The Law & Consent**  Students will study:   * Sexual Consent and the Law * FGM and the Law * Delaying sexual activity * Why have sex? * Relationship and Partners * Pleasure and Masturbation * What are STI’s? |
| **Core Theme 4 – Staying Safe Online & Offline**  **Cross –curricular Reinforcements - These reinforcements can be viewed through the PSHE subject audit.** | **Staying Safe Online & Offline**  Students will study:   * Avoiding Gangs * Staying Safe online * Online Gaming and Fortnite * Drugs Education – Alcohol and Smoking * Drugs and E-Cigs, Vaping and Shisha * Drugs Education – Energy Drinks and caffeine | **Dangerous Society Online & Offline**  Students will study:   * County Lines – What is it? * County Lines – Who is at risk? * Substance Misuse * Online Safety – Cyber Bullying * Grooming Boys and Girls * Drugs – Alcohol Safety * Child Exploitation Online Protection (CEOP) | **Legal and Illegal Drugs**  Students will study:   * Introduction to Drugs * Different types of Addictions * Drugs – Cannabis Products * Drugs Classifications * Party Drugs * Illegal Drugs * Volatile Substance Abuse | **Violence Crimes & Seeking Safety**  Students will study:   * Honour Based Violence * Forced Marriages * Online Gambling * Social Media Validation * Keeping Data Safe * Modern Day Slavery * Causes of Knife Crime | **Staying Safe**  Students will study:   * Virtual Reality, Live Streaming * Drugs NPS * Festivals and Drugs & Nitrous Oxide * War on Drugs * Cosmetic Surgery * Drugs Substance Addiction * Online Reputation and Digital Footprints |
| **Core Theme 5 – Health & Wellbeing**  **Cross –curricular Reinforcements - These reinforcements can be viewed through the PSHE subject audit.** | **Puberty & Body Development**  Students will study:   * Introduction to Puberty * Puberty –Female focus * Puberty – Male focus * Puberty – Personal Hygiene * Growing up and FGM * Assertive Consent * Self Esteem | **Physical Health & Metal Wellbeing**  Students will study:   * Health and Wellbeing * What is Mental Health? * Positive Body Image * Child Abuse * Types of Bullying * Healthy Eating and Cholesterol * Stress Management | **Body Confidence**  Students will study:   * Self Esteem Changes * What is a Penis? * What is a Vulva? * Bullying in all its forms * Dealing with Grief and Loss * Media and Airbrushing * Cancer Prevention – Healthy Lifestyle | **Mental Health & Wellbeing**  Students will study:   * Child Abuse CSE * Screen time and safe use of mobiles * Common types of Mental Health * Self Harm * Suicide (Thoughts and Feelings) * Promoting Emotional Wellbeing | **Adult Health & Looking After Yourself**  Students will study:   * Organ Donation & Blood Donation * Teenage Pregnancy Choice * Abortion Laws, Morals and Ethics * Tecticular and Prostate Cancer * Cervical, Breast and Ovarian Cancer * Parenthood * Love and Abuse |
| **Core Theme 6 – Life Beyond School**  **Cross –curricular Reinforcements - These reinforcements can be viewed through the PSHE subject audit.** | **Managing Change**  Students will study:   * Introduction to PSHE * Getting to Know People * What is a Community * Careers and Your Future * Sleep and Relaxation * Financial Education * Transition points and Your Life | **Proud to be Me**  Students will study:   * Employability Skills Practice * Proud to be Me and Careers * Career Interests and Job ideas * Self Esteem and the Media * Labour Market Information * Exploring Careers | **Essential Life Skills**  Students will study:   * From Failure to Success * First Aid * Importance of Happiness * What is Anger? * Saving and Managing Money * Employment and Financial Management * Social Media and Online Stress | **Rights & Responsibilities**  Students will study:   * Instagram Generation * Targeted Advertising and Your Data * Marriage, what is it? * Rights and Responsibilities * Consumer Rights * Employment Rights * Exploring a Pay Check | **Your Future & Beyond**  Students will study:   * Time Management * LGBT Rights Across the World * Exam Stress and Relaxation * Insta Life Vs Real Life * CV writing * Writing a Personal Statement |