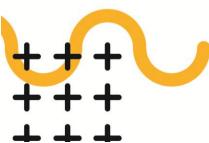
## MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Chilli con carne & rice with Garlic bread	Chicken Tikka Masala with naan bread	Roast Beef Dinner	Chicken Singapore noodles	Crispy battered fish with chunky chips
Vegetarian Main Dish	Pizza Margherita	Veg Spring Rolls served with curry Sauce	Cauliflower cheese bake	Spice Vegetable  Jambalaya	Cheese and tomato quiche
Accompaniments 5	Wedges, Salad	Rice Peas & Sweetcorn	Yorkshire Puddings & Roast Potatoes, Carrots	Green beans	Mushy peas Beans Curry Sauce
Street Food	Southern style Quorn burger with lettuce and mayo	Beef mince tacos with homemade salsa	Cheese rolls	Cheeseburger	Loaded Dirty Fries
Italian Daily Special	Pasta King selection with a selected filling of the day	Pasta King selection with a selected filling of the day	Pasta King selection with a selected filling of the day	Pasta King selection with a selected filling of the day	Pasta King selection with a selected filling of the day
Dessert	Iced sponge	Apple crumble with custard	A variety of Muffins	Sticky toffee pudding with custard	Ice cream sponge roll







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

