

**Relationship and Sex Education Curriculum Content**

**Year 7**

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| **Topic** | **Objectives** |
| Families | * To know different types of families that exist in the UK.
* To understand the changing nature of family life.
* To appreciate and show tolerance towards different forms of families.
* To understand different types of conflict that occur within families.
* To discuss and explore ways to reduce conflict.
 |
| Respectful Relationships | * To identify characteristics of healthy and unhealthy relationships within friendships.
* To identify what is bullying.
* To recognise the effects of bullying.
* To know how to seek support when experiencing bullying.
* To know and identify different forms of abuse.
* To recognise abusive behaviours.
* To know where to seek support relating to issues of abuse.
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| Online Media | * To know what is meant by e-safety.
* To improve understanding on how to stay safe online.
* To explore the impact of viewing harmful images and videos online.
* To know how to report harmful incidents online.
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| Intimate Sexual Relationships and Health | * To know different views, laws and rights on gender.
* To know and understand what it means to identify as heterosexual, bisexual, gay and asexual.
* To appreciate different viewpoints on sexuality and gender.
* To know the Law on sexuality in the UK.
* To know the emotional changes relating to puberty.
* To know the physical changes that occur during puberty.
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| Being Safe | * To understand what is meant by consent.
* To explore boundaries within friendships and relationships.
* To know what is meant by online consent.
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**Year 8**

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| Topic | Objectives |
| Families | * To know the laws and legal rights of a married couple.
* To explore the different types of marriage and the changing legal and social attitudes towards different types of marriage.
* To know the difference between forced and arranged marriages.
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| Respectful Relationships | * To understand and recognise peer on peer abuse.
* To reflect on the importance of boundaries within friendships.
* To understand the dangers of peer pressure.
* To know where and how to receive support relating to issues of abusive relationships from peers.
 |
| Online Media | * To know the online risks of sharing and receiving material.
* To know the laws relating to online safety.
* To know the risks that are posed online.
* To know how to report harmful incidents online.
 |
| Intimate Sexual Relationships and Health | * The laws relation to LGB Rights.
* The laws relating to Gender Rights and Equality.
* To understand what is meant by Gender Transitioning.
* To understand the effects on LGBTQ discrimination.
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| Being Safe | * To understand what is meant by coercion.
* To know the consequences of coercing another person.
* To explore boundaries within friendships and relationships.
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**Year 9**

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| **Topic** | **Objectives** |
| Families | * To recap and review healthy family relationships and their importance.
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| Respectful Relationships | * To know the effects and harm caused by stereotypes (sex, gender, religion, sexuality, race and disability)
* To know the Laws on prejudice and discrimination.
* To understand and reflect on the effects of bullying and how to recognise common features of bullying.
* To know what constitutes as abuse in various different types of relationships.
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| Online Media | * To recognise individual responsibility when commenting on social media platforms.
* To understand the laws and consequences of online abuse.
 |
| Intimate Sexual Relationships and Health | * To know the scientific facts of reproduction.
* To be aware of the different methods of contraception, what contraception is and purpose.
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| Being Safe | * To be aware of online responsibility in relation to online abuse, sharing and possessing images.
* To identify risky behaviours.
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**Year 10**

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| Topic | Objectives |
| Families | * To review and recap on the different types of families and the laws on marriage and divorce.
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| Respectful Relationships | * To identify features of healthy relationships.
* To know and understand what Protected Characteristics are and the Equality Act 2010.
 |
| Online Media | * To review online safety and to understand how to control privacy settings.
* To understand the dangers associated with data sharing.
 |
| Intimate Sexual Relationships and Health | * To know what coercive control is in a relationship.
* How to recognise and check for consent.
* Explore how to manage sexual pressure set by society and peers.
* To explore in depth the meaning of LGBTQ and how these definition and identities have changed over time.
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| Being Safe | * To know the Laws on the age of consent.
* To know the different sexually transmitted diseases, the short and long term health effects of STIs.
* To know where to receive an STI test and what takes place during an STI test.
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**Year 11**

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| **Topic** | **Objectives** |
| Respectful Relationships | * To explore the qualities of healthy relationships such as trust.
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| Online Media | * To know and understand the dangers on online grooming.
* To understand the effects and pressure created by online media.
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| Intimate Sexual Relationships and Health | * To know what is meant by reproductive health and explore what effects reproductive health.
* To know what are the different pregnancy choices.
* To learn the effects of hormonal contraception.
* To review sexual health and how to take care of sexual health.
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| Being Safe | * To know the Laws and consequences of abusive relationships.
* To understand what is meant by sexual harassment and violence.
* To know what Female Genital Mutilation (FGM) is and raise awareness and understanding of the issue.
* To understand what is meant by Honour based violence.
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