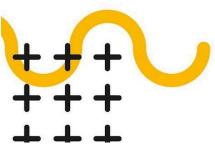


Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Dish Meat	Pork sausage, onion gravy and champ mash potato	Buttered chicken biriyani with naan bread	Roast beef, crispy roast potatoes and gravy	Thai chicken curry with lemon rice	Crispy battered fish with chunky chips
Traditional Main Dish Vegetarian	Pizza Margherita	No chicken teriyaki noodle	Cheesy potato and leek pie topped with golden puff pastry	Aubergine and chickpea Dhansak, rice & cucumber raita	Falafel pitta, crunchy slaw and chunky chips
Accompanime nts	Roasted root vegetables	Corn of the cob	Steamed carrots and broccoli.	Green beans	Mushy peas
Street Food	Southern style quorn burger with caramelised red onions	Fiery Mexican chilli, rice, sour cream and salsa	Mediterranean chicken kebab w/ flatbread, salad & garlic mayo	Cheeseburger, burger sauce & salad	Sweet chilli chicken noodles
Italian Eats	Tomato & mascarpone pasta with garlic bread slice	Ham & mushroom pasta with focaccia toast	Italian meatballs with garlic bread	Pasta arabiatta with garlic bread toast	Vegetarian pasta bolognaise with focaccia toast
Desserts	Marble sponge	Chocolate sponge with chocolate sauce	Jam shortbread with custard	Sticky toffee pudding with custard	Eton Mess









MEAT-FREE (VEGETARIAN)



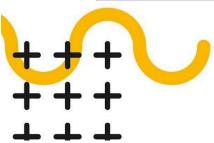
CHEF'S CHOICE







Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Dish Meat	Chilli con carne & rice with garlic bread	Piri piri chicken, salad & flatbread with mint yogurt	Roast gammon, roasties & yorkies with gravy	Beef Rogan Josh with rice	Crispy battered fish goujons with chunky chips
Traditional Main Dish Vegetarian	Vegetarian sausage casserole	Moroccan Quorn™ fillet with lemon couscous homemade tomato salsa	Vegetable and bean stew with garlic bread	Butternut squash and bean chilli with pilau rice	Mexican Quorn™ burrito with salsa
Accompanime nts	Steamed broccoli.	Green beans	Roasted carrots.	Roasted cauliflower	Mushy peas
Street Food	Fajita veg pizza	Crispy bacon, lettuce and tomato ciabatta	Southern fried chicken burger	Chicken gyros, pitta bread, tzatziki and Greek style salad	Sweet chilli chicken & rice
Italian Eats	Tomato basilico pasta	Pomodoro pasta	Pasta Arrabiatta	3 cheese pasta	BBQ Quorn pasta
Desserts	Lemon drizzle cake with custard	Chocolate & orange sponge with custard	Steamed syrup sponge with custard	Marble cake with custard	Ice cream sponge roll









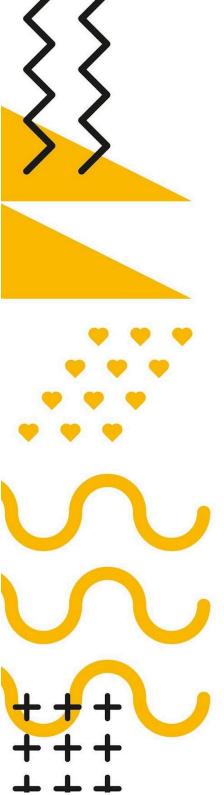
MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE















MEAT-FREE (VEGETARIAN)



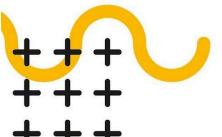
CHEF'S CHOICE







Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Dish Meat	Cottage pie	Creamy chicken and leek pie with a golden pastry top served with mash potatoes	Roast turkey & stuffing with crispy roast potatoes	Beef Dhansak with pilau rice	Jumbo fish fingers served with chunky chips
Traditional Main Dish Vegetarian	Mixed bean and aubergine tagine with couscous	Stuffed peppers	Vegetarian toad in the hole with gravy and crispy roast potatoes	Pizza stromboli	Spiced vegetable jambalaya
Accompanime nts	Peas & sweetcorn	Steamed carrots.	Cauliflower cheese	Green beans	Mushy peas
Street Food	BBQ Quorn pizza	Greek chicken souvlaki, warm pitta with tzatziki and Greek style salad	Cheeseburger, lettuce & burger sauce	Tandoori chicken sandwich cucumber raita	Chicken shawarma, salad, houmous wrap
Italian Eats	Mac 'n' cheese	Meatballs in tomato sauce	Pasta Bolognese	Pasta Arrabiatta	Vegetarian bolognaise
Desserts	Chocolate brownie with chocolate custard	Bread & butter pudding	Chocolate & banana slice	Fruit crumble	Apple berry fool









MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



