


MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRADITIONAL MAIN DISH MEAT	Pork sausage, onion gravy and champ mash potato	Buttered chicken biriyani w/ naan bread	Roast beef, crispy roast potatoes and gravy	Thai chicken curry w/ lemon rice	Crispy battered fish with chunky chips
TRADITIONAL MAIN DISH VEGETARIAN	Pizza Margherita	No chicken teriyaki noodle	Cheesy potato and leek pie topped with golden puff pastry	Aubergine and chickpea Dhansak, rice & cucumber raita ⁵	Falafel pitta, crunchy slaw and chunky chips
ACCOMPANIMENTS	Roasted root vegetables	Corn of the cob	Steamed carrots and broccoli.	Green beans	Mushy peas
STREET FOOD ⁵ A DAY	Southern style quorn burger with caramelised red onions	Fiery Mexican chilli, rice, sour cream and salsa	Mediterranean chicken kebab w/ flatbread, salad & garlic mayo	Cheeseburger, burger sauce & salad	Sweet chilli chicken noodles
ITALIAN EATS 	Tomato & mascarpone pasta w/ garlic bread slice	Ham & mushroom pasta w/ focaccia toast	Italian meatballs w/ garlic bread	Pasta arabiatta w/ garlic bread toast	Vegetarian pasta bolognese w/ focaccia toast

KEY



1 OF YOUR 5 A DAY



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE








PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

Mellors
**FOOD
HAPPY**

MENU

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRADITIONAL MAIN DISH MEAT	Chilli con carne & rice w/ garlic bread	Piri piri chicken, salad & flatbread w/ mint yogurt	Roast gammon, roasties & yorkies with gravy	Beef Rogan Josh with rice	Crispy battered fish goujons with chunky chips
TRADITIONAL MAIN DISH VEGETARIAN	Vegetarian sausage casserole	Moroccan Quorn™ fillet with lemon couscous homemade tomato salsa	Vegetable and bean stew with garlic bread 	Butternut squash and bean chilli with pilau rice	Mexican Quorn™ burrito with salsa 
ACCOMPANIMENTS	Steamed broccoli.	Green beans	Roasted carrots.	Roasted cauliflower	Mushy peas
STREET FOOD 	Fajita veg pizza	Crispy bacon, lettuce and tomato ciabatta	Southern fried chicken burger	Chicken gyros, pitta bread, tzatziki and Greek style salad 	Sweet chilli chicken & rice
ITALIAN EATS 	Tomato basilico pasta	Pomodoro pasta	Pasta Arrabiatta	3 cheese pasta	BBQ Quorn pasta

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MENU

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRADITIONAL MAIN DISH MEAT	Cottage pie	Creamy chicken and leek pie with a golden pastry top served with mash potatoes	Roast turkey & stuffing with crispy roast potatoes	Beef Dhansak with pilau rice	Jumbo fish fingers served with chunky chips
TRADITIONAL MAIN DISH VEGETARIAN	Mixed bean and aubergine tagine with couscous	Stuffed peppers	Vegetarian toad in the hole with gravy and crispy roast potatoes	Pizza stromboli	Spiced vegetable jambalaya
ACCOMPANIMENTS	Peas & sweetcorn	Steamed carrots.	Cauliflower cheese	Green beans	Mushy peas
STREET FOOD	BBQ Quorn pizza	Greek chicken souvlaki, warm pitta with tzatziki and Greek style salad	Cheeseburger, lettuce & burger sauce	Tandoori chicken sandwich cucumber raita	Chicken shawarma, salad, houmous wrap
ITALIAN EATS	Mac 'n' cheese	Meatballs in tomato sauce	Pasta Bolognese	Pasta Arrabiatta	Vegetarian bolognese

5
A DAY



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