# What's on at Oxford Centre Longbenton Community Hub and Library

## **Customer Services**

Our Customer Advisers are here Tuesdays and Thursdays. **To book an appointment please speak to Reception weekdays 9am-5pm.** Or contact **0345 2000 106** 



### **Councillors Surgery**

Every Friday at 6pm and the first Saturday of each month at 9am.



### Drop-in sessions Every Friday 9.30am-1,30pm

From the latest information on the job market to wellbeing advice and confidence building. Find us in the library.



Aged 50+? Age UK offer free appointments at Oxford Centre to help you access the support you are entitled to.

To book an appointment contact 0191 280 8484

Every Friday 9.30am-12.30pm No Booking Required. Opening Times

## **Oxford Centre**

Monday to Friday 7.30am – 8pm

Saturday 8.30am – 5pm Medical services only from 1pm

Sunday 9.30am – 4pm Medical services only

> North Tyneside Libraries

### Longbenton Library

**Tuesday & Friday** 9am- 1pm 2– 5..30pm

**Saturday** 9am – 1pm



North Tyneside Council Oxford Centre West Farm Avenue Longbenton NE12 8LT Tel: 0191 643 2750 For Library enquiries contact 0191 643 7768

# What's on at Oxford Centre Longbenton Community Hub and Library

## Better Together Autism group

Monthly drop-ins: 19 November 17 December 21 January

1-4.30pm

Further enquiries: 0191 266 1717



# **Creative Calm**

Every Tuesday 9.30-11.30am

Free creative sessions, everyone welcome.

# ageuk

## Pilates and Seated Exercises

Every Thursday £5.00 Pilates 10am Seated exercise classes 11.30am For information: 0191 280 8484 / enquires@ageuknorth tyneside.org.uk



## Useful numbers

**General enquiries** 0345 2000 101

Housing repairs 0345 2000 102

**Envirolink** 0345 2000 103

Council Tax/Benefits 0345 2000 104

**Payments** 0345 2000 107

**Front Door service** 0345 2000 109

# Art with a heart

Every Friday 10.30-12.30pm

A local community group for all things arts and crafts. New members welcome. Weekly playgroups Wednesday Little Cherubs 9.15-11.30am Thursday Tiny Terrors

10am-12pm

9.30-11.30am

Friday

**Jelly Tots** 

# Healthy Start

Small weekly charge.

No booking required.

Well baby clinic drop-in Every Tuesday 1.30-3pm For further information call: 0191 643 8297 Monday to Friday.

**B1060** Every Monday 11.30am-3pm

Except Bank Holidays. No Booking Required.



North Tyneside Council Oxford Centre West Farm Avenue Longbenton NE12 8LT Tel: 0191 643 2750

For Library enquiries contact 0191 643 7768

# What's on at Longbenton Library Longbenton Community Hub and Library



**People's Network** 

Free computer use with your library membership. Printing available for a small charge.





Library customers can download eBooks, audiobooks, magazines and newspapers onto their smart phone or tablet using the **Borrow Box** app. It is free to register with your library membership.

## Love2Read

With our £5 Love2Read library card, you can borrow up to 20 books at a time and make unlimited free reservations.

> North Tyneside Libraries

## Knit & Natter

Tuesday 1-3pm Our Knit & Natter is a friendly, close-knit circle of crafty minds. Come along! No charge or booking required.





# Find us on social media



# **Bookstart Rhymetime**

Tuesday and Friday 10-10.30am Inspire your child to find their voice with Longbenton Library's nursery rhyme sessions. No charge or booking required. Suitable for babies 0-18 months.





North Tyneside Council Oxford Centre West Farm Avenue Longbenton NE12 8LT Tel: 0191 643 2750 For Library enquiries contact 0191 643 7768

# What's on in Longbenton Longbenton Community Hub and Library



# What's on at Forest Hall Library

Whitfield Road Forest Hall Tel: 0191 643 2085

#### **Tuesday:**

Rhymetime 9.30am Family Games 3.30pm **Thursday:** Storytime 2pm **Saturday:** Kid Club with drop-in crafts 10am-12pm **Monthly:** Readers group, Gardening group Councilors Surgery

Call and speak to a member of staff for more details.

## **Nature Journal Workshop**



Join Artist Steve Pardue for a relaxing, friendly workshop learning to mindfully observe and record the natural world in a journal. Great for mental health and a good antidote to Winter blues! Materials provided but bring your own pens/pencils watercolours if you like. Tea/coffee available but bring lunch.

Wednesday December 4th 10-2pm Forest Hall Library

Free event, booking essential. To book use the QR code or visit the link https://bookwhen.com/ntclibraries



# Opening Times Forest Hall

**Tuesday & Thursday** 9am- 1pm 2 – 5.30pm

Library

**Saturday** 9am – 1pm





North Tyneside Council Oxford Centre West Farm Avenue Longbenton NE12 8LT

### Tel: 0191 643 2750 For Library enquiries contact 0191 643 7768