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| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Traditional Main Dish Meat | Pork sausage, onion gravy and champ mash potato | Buttered chicken biriyani w/ naan bread | Roast beef, crispy roast potatoes and gravy | Thai chicken curry w/ lemon rice | Crispy battered fish with chunky chips |
| Traditional Main Dish  Vegetarian | Pizza Margherita | No chicken teriyaki noodle | Cheesy potato and leek pie topped with golden puff pastry | Aubergine and chickpea Dhansak, rice & cucumber raita | Falafel pitta, crunchy slaw and chunky chips |
| Accompaniments | Roasted root vegetables | Corn of the cob | Steamed carrots and broccoli. | Green beans | Mushy peas |
| Street Food  A picture containing text, clipart  Description automatically generated | Southern style quorn burger with caramelised red onions | Fiery Mexican chilli, rice, sour cream and salsa | Mediterranean chicken kebab w/ flatbread, salad & garlic mayo | Cheeseburger, burger sauce & salad | Sweet chilli chicken noodles |
| A white chef hat on a yellow circle  Description automatically generatedItalian Eats | Tomato & mascarpone pasta w/ garlic bread slice | Ham & mushroom pasta w/ focaccia toast | Italian meatballs w/ garlic bread | Pasta arabiatta w/ garlic bread toast | Vegetarian pasta bolognaise w/ focaccia toast |
| Desserts | Marble sponge | Chocolate sponge w/ chocolate sauce | Jam shortbread w/ custard | Sticky toffee pudding w/ custard | Eton Mess |

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| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Traditional Main Dish Meat | Chilli con carne & rice w/ garlic bread | Piri piri chicken, salad & flatbread w/ mint yogurt | Roast gammon, roasties & yorkies with gravy | Beef Rogan Josh with rice | Crispy battered fish goujons with chunky chips |
| Traditional Main Dish  Vegetarian | Vegetarian sausage casserole | Moroccan QuornTM fillet with lemon couscous homemade tomato salsa | Vegetable and bean stew with garlic bread | Butternut squash and bean chilli with pilau rice | Mexican QuornTM burrito with salsa |
| Accompaniments | Steamed broccoli. | Green beans | Roasted carrots. | Roasted cauliflower | Mushy peas |
| Street Food  A picture containing text, clipart  Description automatically generated | Fajita veg pizza | Crispy bacon, lettuce and tomato ciabatta | Southern fried chicken burger | Chicken gyros, pitta bread, tzatziki and  Greek style salad | Sweet chilli chicken & rice |
| A white chef hat on a yellow circle  Description automatically generatedItalian Eats | Tomato basilico pasta | Pomodoro pasta | Pasta Arrabiatta | 3 cheese pasta | BBQ Quorn pasta |
| Desserts | Lemon drizzle cake w/ custard | Chocolate & orange sponge w/ custard | Steamed syrup sponge & custard | Marble cake w/ custard | Ice cream sponge roll |

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| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Traditional Main Dish Meat | Cottage pie | Creamy chicken and leek pie with a golden pastry top served with mash potatoes | Roast turkey & stuffing with crispy roast potatoes | Beef Dhansak  with pilau rice | Jumbo fish fingers served with chunky chips |
| Traditional Main Dish  Vegetarian | Mixed bean and aubergine tagine with couscous | Stuffed peppers | Vegetarian toad in the hole with gravy and crispy roast potatoes | Pizza stromboli | Spiced vegetable jambalaya |
| Accompaniments | Peas & sweetcorn | Steamed carrots. | Cauliflower cheese | Green beans | Mushy peas |
| Street Food | BBQ Quorn pizza | Greek chicken souvlaki, warm pitta with tzatziki and  Greek style salad | Cheeseburger, lettuce & burger sauce | Tandoori chicken sandwich cucumber raita | Chicken shawarma, salad, houmous wrap |
| Italian Eats | Mac ‘n’ cheese | Meatballs in tomato sauce | Pasta Bolognese | Pasta Arrabiatta | Vegetarian bolognaise |
| Desserts | Chocolate brownie w/ chocolate custard | Bread & butter pudding | Chocolate & banana slice | Fruit crumble | Apple berry fool |