

**Relationship and Sex Education Curriculum Content**

**Year 7**

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| **Topic** | **Objectives** |
| Families | * To know different types of families that exist in the UK. * To understand the changing nature of family life. * To appreciate and show tolerance towards different forms of families. * To understand different types of conflict that occur within families. * To discuss and explore ways to reduce conflict. |
| Respectful Relationships | * To identify characteristics of healthy and unhealthy relationships within friendships. * To identify what is bullying. * To recognise the effects of bullying. * To know how to seek support when experiencing bullying. * To know and identify different forms of abuse. * To recognise abusive behaviours. * To know where to seek support relating to issues of abuse. |
| Online Media | * To know what is meant by e-safety. * To improve understanding on how to stay safe online. * To explore the impact of viewing harmful images and videos online. * To know how to report harmful incidents online. |
| Intimate Sexual Relationships and Health | * To know different views, laws and rights on gender. * To know and understand what it means to identify as heterosexual, bisexual, gay and asexual. * To appreciate different viewpoints on sexuality and gender. * To know the Law on sexuality in the UK. * To know the emotional changes relating to puberty. * To know the physical changes that occur during puberty. |
| Being Safe | * To understand what is meant by consent. * To explore boundaries within friendships and relationships. * To know what is meant by online consent. |

**Year 8**

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| Topic | Objectives |
| Families | * To know the laws and legal rights of a married couple. * To explore the different types of marriage and the changing legal and social attitudes towards different types of marriage. * To know the difference between forced and arranged marriages. |
| Respectful Relationships | * To understand and recognise peer on peer abuse. * To reflect on the importance of boundaries within friendships. * To understand the dangers of peer pressure. * To know where and how to receive support relating to issues of abusive relationships from peers. |
| Online Media | * To know the online risks of sharing and receiving material. * To know the laws relating to online safety. * To know the risks that are posed online. * To know how to report harmful incidents online. |
| Intimate Sexual Relationships and Health | * The laws relation to LGB Rights. * The laws relating to Gender Rights and Equality. * To understand what is meant by Gender Transitioning. * To understand the effects on LGBTQ discrimination. |
| Being Safe | * To understand what is meant by coercion. * To know the consequences of coercing another person. * To explore boundaries within friendships and relationships. |

**Year 9**

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| **Topic** | **Objectives** |
| Families | * To recap and review healthy family relationships and their importance. |
| Respectful Relationships | * To know the effects and harm caused by stereotypes (sex, gender, religion, sexuality, race and disability) * To know the Laws on prejudice and discrimination. * To understand and reflect on the effects of bullying and how to recognise common features of bullying. * To know what constitutes as abuse in various different types of relationships. |
| Online Media | * To recognise individual responsibility when commenting on social media platforms. * To understand the laws and consequences of online abuse. |
| Intimate Sexual Relationships and Health | * To know the scientific facts of reproduction. * To be aware of the different methods of contraception, what contraception is and purpose. |
| Being Safe | * To be aware of online responsibility in relation to online abuse, sharing and possessing images. * To identify risky behaviours. |

**Year 10**

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| Topic | Objectives |
| Families | * To review and recap on the different types of families and the laws on marriage and divorce. |
| Respectful Relationships | * To identify features of healthy relationships. * To know and understand what Protected Characteristics are and the Equality Act 2010. |
| Online Media | * To review online safety and to understand how to control privacy settings. * To understand the dangers associated with data sharing. |
| Intimate Sexual Relationships and Health | * To know what coercive control is in a relationship. * How to recognise and check for consent. * Explore how to manage sexual pressure set by society and peers. * To explore in depth the meaning of LGBTQ and how these definition and identities have changed over time. |
| Being Safe | * To know the Laws on the age of consent. * To know the different sexually transmitted diseases, the short and long term health effects of STIs. * To know where to receive an STI test and what takes place during an STI test. |

**Year 11**

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| **Topic** | **Objectives** |
| Respectful Relationships | * To explore the qualities of healthy relationships such as trust. |
| Online Media | * To know and understand the dangers on online grooming. * To understand the effects and pressure created by online media. |
| Intimate Sexual Relationships and Health | * To know what is meant by reproductive health and explore what effects reproductive health. * To know what are the different pregnancy choices. * To learn the effects of hormonal contraception. * To review sexual health and how to take care of sexual health. |
| Being Safe | * To know the Laws and consequences of abusive relationships. * To understand what is meant by sexual harassment and violence. * To know what Female Genital Mutilation (FGM) is and raise awareness and understanding of the issue. * To understand what is meant by Honour based violence. |