

# YEAR 7

## Independent learning to be completed during school closure

### FOOD STUDIES

**During a two week period you would ordinarily have:  
2 food lessons. Complete each of the activities below.**

#### **Task 1 – Food Programme**

**There are lots of food related programmes you can be watching on TV or on BBC iPlayer, 4OD, Netflix etc. In a time where you may not be able to cook as much as you would in school, this is a good alternative to learn new skills.**

#### **Task 1 – Viewing**

- Watch an episode of a food related programme – this could be a cooking show or a competition based programme. Make notes throughout the programme of the key points. There are some ideas listed below but you may have an idea of your own you want to watch.
  - Junior Masterchef – BBC iPlayer
  - The Great British Bake Off, SU2C – 4OD
  - Junior Bake Off – BBC iPlayer
  - Maddie's Do They Know – Digestion and Meringues – S3, Episode 14 – BBC iPlayer

#### **Task 2 – What have you learnt?**

- Produce a written evaluation of the show,
  - a. What products were made during the episode? How did they turn out – can you describe the appearance using descriptive words. Was there more than one made of the same product – compare these, what were the differences between them?
  - b. Explain what skills were discussed / shown. Have you used these to make a product in school – which one?
  - c. Find the recipe for something that was made on the show – you may want to try to make this recipe if you have the ingredients, you DO NOT have to. If you are not making the dish, write a method to show how you would make it.

You can produce this using a computer and email it to your teacher or on paper but REMEMBER TO KEEP IT SAFE so we can share what you have completed on return to school. We look forward to seeing your creations.

**If you require further information please email:**

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