

YEAR 7

Independent learning to be completed during school closure

GEOGRAPHY

During a two week period you would ordinarily have:

3 Geography lessons

How eco-friendly are you?

We would like you to reflect upon how eco-friendly you are. Think about your house and answer the questions in each of the categories:

Do you...

- Keep the tap running when you brush your teeth?
- Let the shower run before getting in?
- Have baths rather than showers?
- Spend more than 8 minutes in the shower?
- Put clothes in the wash when you have only worn them for a couple of hours/they aren't dirty

Water

- Do you waste food – not eating everything that has been cooked/throwing out food that has gone off?
- Do you buy food with high food miles? (it has been produced in a different country)
- Do you buy food with lots of packaging?
- Do you take your own bags when you do the food shop?
- Do you have meat every day?

Food

- Do you leave your electronic devices – mobiles/tablets etc. to charge over night?
- Do you leave things on standby?
- Do you have energy efficient appliances/lightbulbs?
- In the winter do you have the heating on when you aren't wearing a jumper/warmer clothes?
- Do you tumble dry your clothes?

Energy

- Do you recycle card/tins/cans/glass?
- Do you use a reusable water bottle?
- Do you donate unwanted items to the charity or sell them on?
- Do you buy second hand items?
- Do you have a compost for vegetable waste?

Recycling

- Do you use a car when you could walk/cycle/use public transport?

Transport

Using the categories above, write a mini report about how eco-friendly you are.

Be honest... even your geography teacher will have things to improve on this list. E.g. Mrs Lambert often charges her phone and her children's tablets over night.

For the next week make an effort to improve your eco-friendly 'score' for your household. Report how you get on – you could do this as a video diary, a written diary, a poster – be as creative as you can:

How did you find making the changes?

Are there any that you and your family will continue with? Why?

Are there any that are too hard to make a permanent change? Why?

How can you encourage other families in your community to make changes?

What do you think school can do to be more eco-friendly?

If you require further information please email:

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