

## YEAR 7

### Independent learning to be completed during school closure

#### History – How different was life in the Tudor times compared to our modern world?

During a two week period you would ordinarily have:

3 History lessons. **This is for the fortnight 08/06/20 – 19/06/20**

#### Lesson 1 – How healthy were the people in the Tudor times?

Modern medicine can do amazing things. We now live in a world where doctors and nurses know how to look after us when we are not feeling our best and we are given education to know how to keep ourselves clean and healthy. This wasn't always the case. Your first task is to look at the world to Tudor medicine and the living conditions of people in this era.

#### **Task 1 - Why were people so unhealthy?**

Using this website you are going to make a list of the different reasons why people were particularly unhealthy during the Tudor times. Once you have made your list, you are then going to rank each reasons for how unhealthy people were. For your most unhealthy living condition you are going to write a short paragraph explaining your choice.

<http://cookit.e2bn.org/historycookbook/32-339-tudors-Health-facts.html>

#### **Task 2 - Remedies**

Using the following websites you are draw some pictures to show the different remedies which Tudor doctors used to heal their patients. For each remedy you show label what is happening and the illness it is meant to be healing.

<https://www.historylearningsite.co.uk/tudor-england/tudor-medicine/>

<https://primaryfacts.com/2335/tudor-medicine-facts-and-information/>

**Challenge - You can also use any other websites you find which are helpful.**

## **Lesson 2 – What was it like to go to school in the Tudor times?**

Our schooling is a little different at the moment but you are all still very lucky to live in a time where education is a right and not a luxury. This was not the case in the Tudor times and schools were even more different.

**Option 1** - You are going to complete some research about what a Tudor school was like and then write a diary entry recording your day in a Tudor school. You can either write this from the perspective of a child or make it more difficult and write from the perspective of the teacher.

**OR**

**Option 2** – You are going to make a comparison table comparing your school experience and that of a Tudor school. You should comment on;

Uniform, school building, teachers, lessons, rules, punishments, break time activities, timings of the school day, equipment used in the classroom.

| School in Tudor Times | School in 2020 |
|-----------------------|----------------|
|                       |                |

Useful websites;

<https://www.dkfindout.com/uk/history/tudors/tudor-education/>

<http://www.primaryhomeworkhelp.co.uk/tudors/schools.htm>

<http://www.sixwives.info/tudor-schools.htm>

<https://sites.google.com/site/year5tudors/tudor-schools/facts-about-tudor-schools>

## **Lesson 3 – What did people eat in the Tudor times?**

Famously Henry VIII had up to 13 meals a day, your final task is to investigate what the Tudors loved to eat. You are going to **use your research to create a menu** for a Tudor banquet. This should include meats, fruits, vegetables and the drinks to be served. Be creative with the presentation but accurate the food you are going to include in the menu.

Here are some useful links:

<https://www.hrp.org.uk/hampton-court-palace/history-and-stories/tudor-food-and-eating/#gs.7aka3h>

<http://www.primaryhomeworkhelp.co.uk/tudors/food.html>

[https://www.youtube.com/watch?v=kfHludIsK\\_0](https://www.youtube.com/watch?v=kfHludIsK_0)

<https://www.historyonthenet.com/tudor-food>

<https://www.youtube.com/watch?v=i1cW6sVbUBg>

If you require further information please email:

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