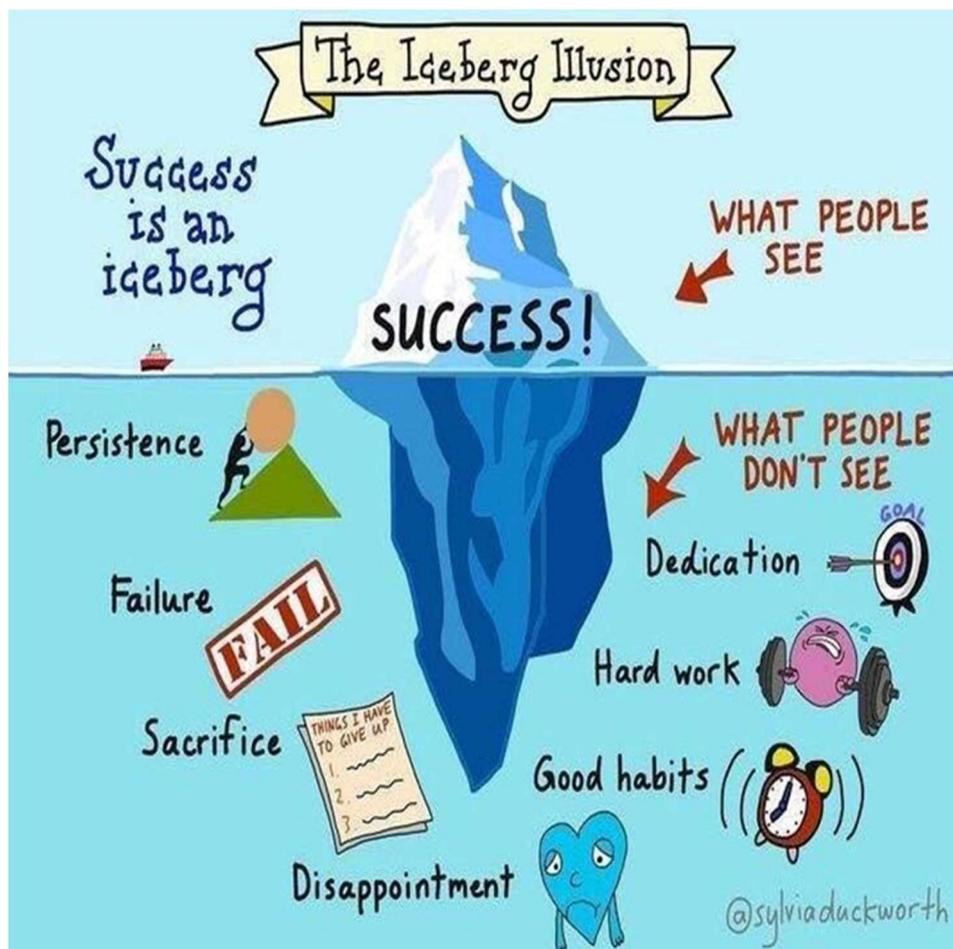
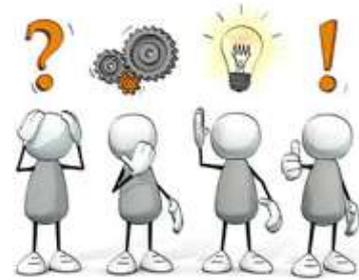
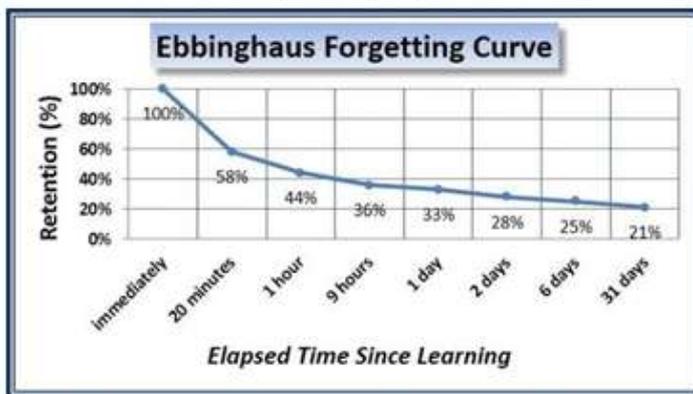




Year 11 Revision Guide
MOCK EXAMS
November 2021

REVISION MYTHS

1. Revision is not something you plan - it just happens by magic
2. Revision only happens at the end of Y11
3. Revision is just learning content
4. Revision is just rote learning questions and answers
5. Revision is just past paper after past paper



Top 10 steps to effective revision

1. Find the right space to revise



2. Get organised

Make sure you have the tools you need: pens, pencils, highlighters, calculator etc.

Make subject lists of everything you need to revise. Start by highlighting everything you feel confident about in a subject in one colour. Then highlight all the topics you need to revise in more depth in another colour. Use this information to create a revision list.

Take breaks – you will remember more! Never work for more than an hour without a 10 minute break.

Break subjects down into topics so you have more manageable chunks. Change subjects frequently. Go back and review what you have learned to make sure that you can remember it!

3. Create a revision timetable

Plot in your existing commitments first, then put in your exams. Then work out how many hours or sessions you have and plot them into the blank spaces. Stick it somewhere visible...and stick to it. Use the one in this booklet!

2020 Mock Exam Timetable Week 1 (week beginning 23rd November)

	Morning exams Period 1 & 2 (9am onwards)	Morning exams Period 3 (11.15 onwards)	Afternoon exams (1.45pm onwards)
Monday 23rd November	English Language 9.10am – 10.55am (11.30am ET)	Revise at home <i>(or supervision in PE11 study room if pre-arranged with parents)</i>	Maths Paper 4 1.45pm – 3.15pm (3.37pm ET)
Tuesday 24th November	Block D Music: 9.10am – 10.55am Business: 9.10am – 10.55am Business & Enterprise: 9.10am – 10.40am (11.03am ET) Geography: 9.10am – 10.40am (11.03am ET) DT: 9.10am – 10.10am Photography: 9.00-10.00am	Biology Triple : 11.35am – 1.20pm Biology Com1 : 11.35am – 12.50pm (1.13pm ET)	Revise at home <i>(or supervision in PE11 study room if pre-arranged with parents)</i>
	Block B	Block C	

4. Know your exam command words

This will help you to decode the question, understand what is being asked and ensure you answer the question correctly.



5. Find strategies that suit you best

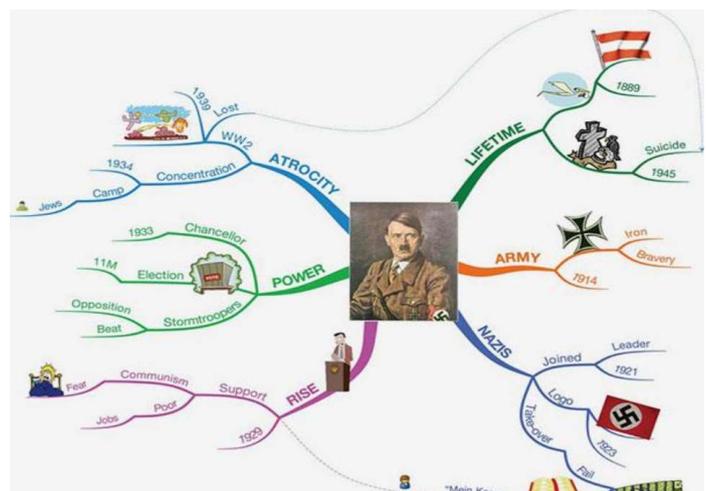
For example, some people are more visual learners and therefore mind maps work best, but others are better with podcasts or YouTube videos. See the top 5 tips for revision in this booklet.

- Mindmaps
- Mnemonics
- Journey technique
- Rhymes/ songs
- Flow diagrams
- Cue cards
- Sound recordings
- Repetition



6. Do something with your notes

Change them into diagrams, mind maps or flow charts; reduce information down to key words; use post-it notes, etc. What is important is that you do something with them or change them into something else, in order to remember the information.



7. Utilise all the help on offer after school

Attend all of the Keep Up sessions running after school and at lunchtime. A timetable of sessions has been in place from September 2020 and attendance is compulsory.

Be proactive and use this as an opportunity to ask questions, get feedback and find the answers to the things you don't know/are struggling with.



10. Start now!

It is never too late to start. Don't procrastinate or put off revision – even 20 minutes is better than nothing. You can do this!



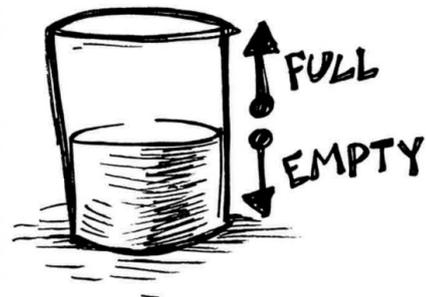
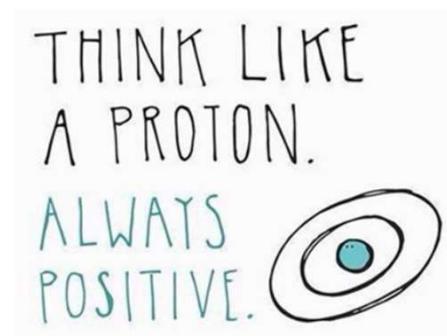
8. Look after yourself

Ensure you get enough sleep- tiredness decreases your concentration and energy levels. But try not to lie in bed all day! Keep snacks healthy and drink plenty of water; try to avoid too much caffeine or energy drinks. Make sure you eat breakfast on the morning of exams.



9. Think positively

All anyone wants is that you put the effort in and try your best. Thinking positively is sometimes half the battle – if you can visualise success, have some self-belief and talk to yourself positively, then you are half-way there.



Revision Strategies

Paragraph Plans

Explain why the Mormons went West to settle at the Great Salt Lake.

My point is...	My example is...	My link back to the question is...
The Mormons moved West to escape persecution.	In Nauvoo they were attacked in the street and tarred and feathered because of their beliefs. Their leader, Joseph Smith, was attacked and killed in prison.	Therefore they had to move West for their safety.
The Mormons moved West to practise polygamy.	Polygamy was illegal in the United States but the Great Salt Lake was owned by Mexico back then.	Therefore the Mormons were able to follow their religious beliefs.
The Mormons moved West because Brigham Young led them there.	Brigham Young was a strong leader and the Mormons trusted him to lead them to a better life.	Therefore Young's leadership was a key reason why the Mormons moved West.

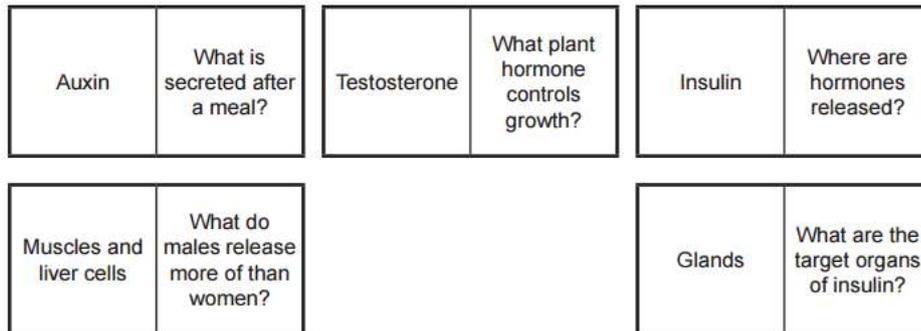
Post-its

Link your revised facts together under headings — e.g. push/pull factors? change/continuity? Colour code these using highlighters or write them on different coloured post-its.



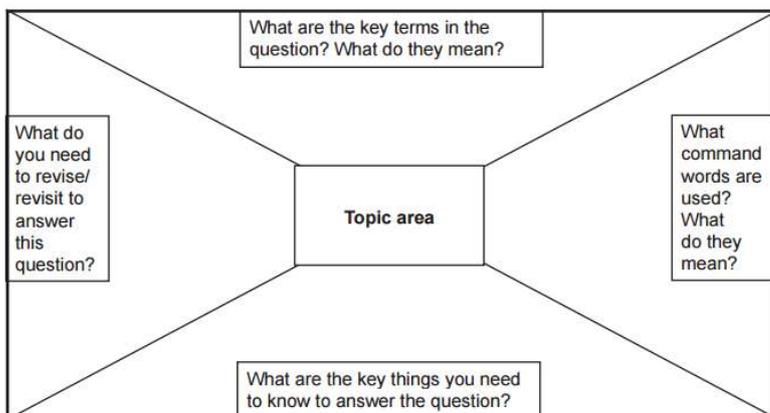
Loop Cards

Devise a set of questions (15-20) for a topic you find difficult. Make a set of cards with two halves (like a domino) and write the questions and answers down (but mix them up, don't write the question and answer on the same card!) Mix the cards up and then try and get a chain link/loop of Qs/As made.



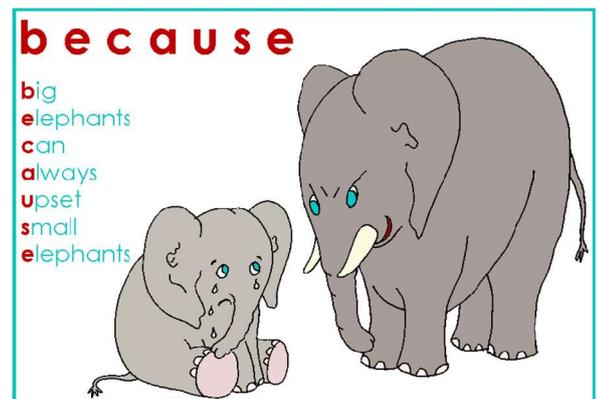
Planning answers to past-paper questions

Create grids to plan answers to possible exam questions, like the one below.



Mnemonics

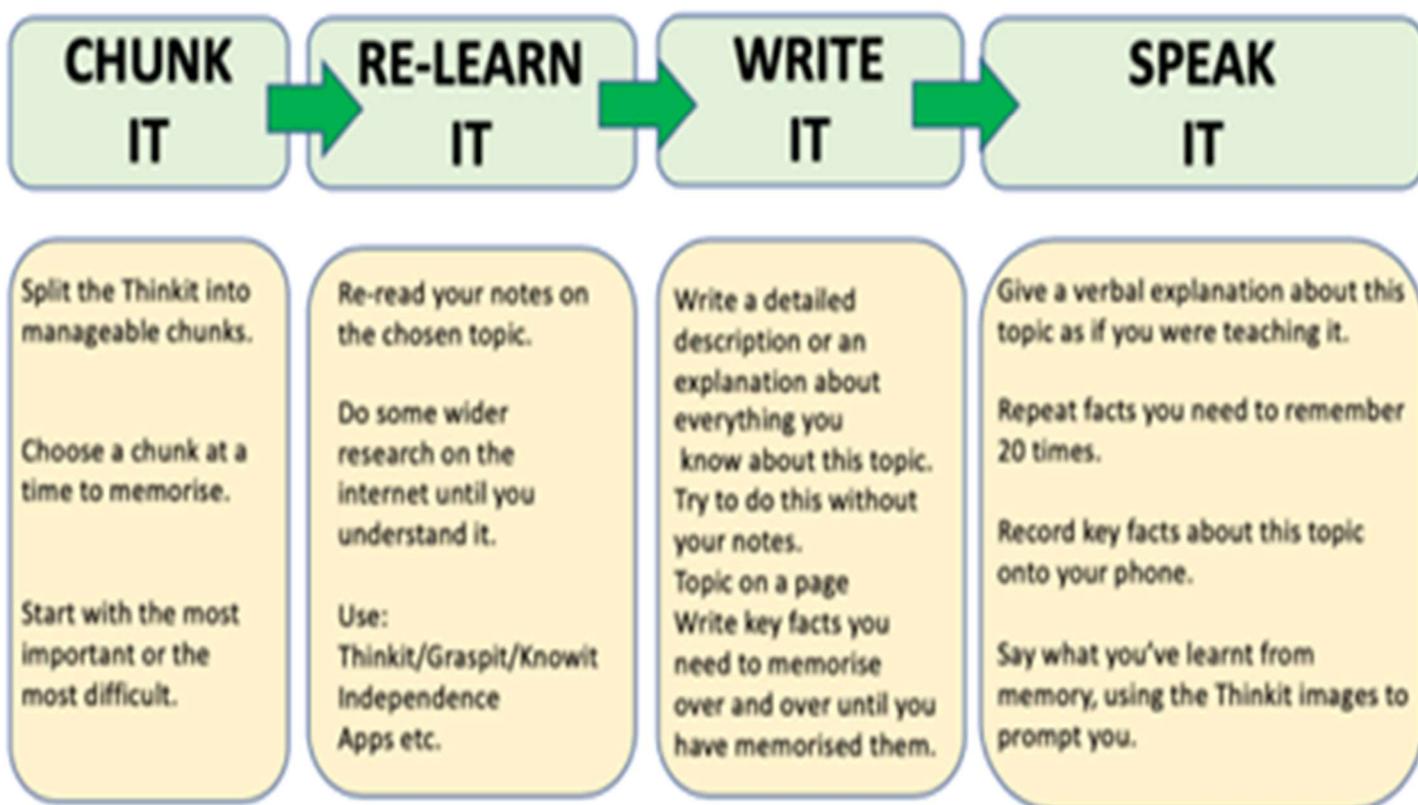
Mnemonics help you to remember by using short words or letters in an acronym.





Upload

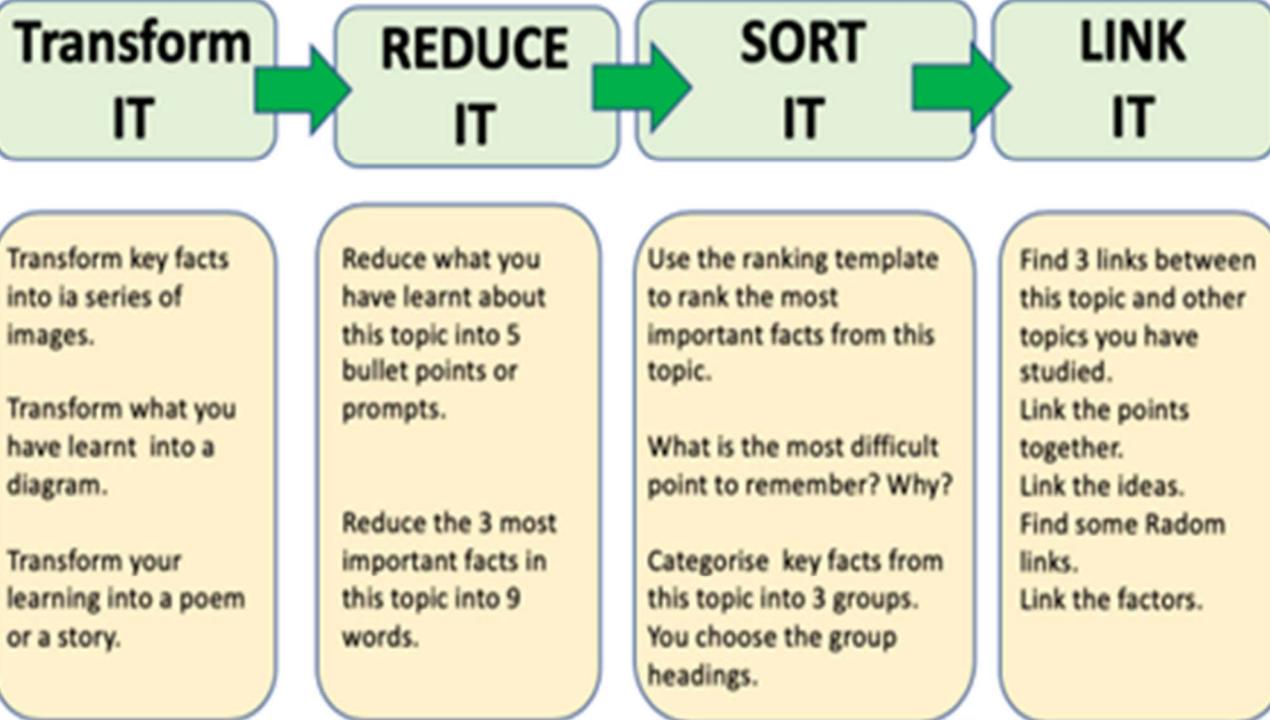
PiXL Re-visit





Process

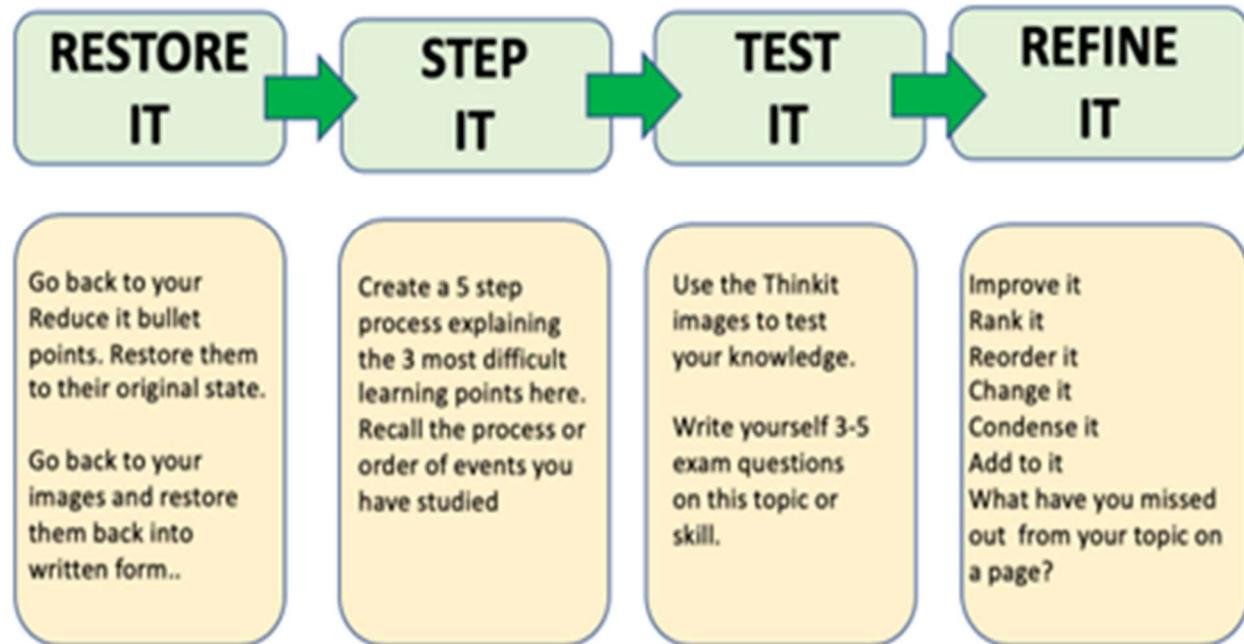
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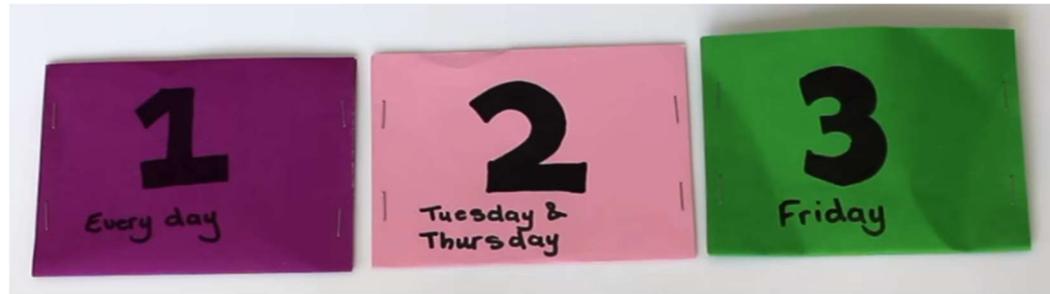
PiXL Re-visit



MOCK EXAM REVISION TIP #1 - LEITNER METHOD

<https://www.youtube.com/watch?v=d9u3KxGCio8>

<https://www.youtube.com/watch?v=C20EvKtdJwQ>



MOCK EXAM REVISION TIP #2 – USE THE MAGENTA PRINCIPLES

The Magenta Principles: Mike Hughes

- Reduce it
- Change it
- Assemble it
- Search for it
- Connect it
- Arrange it
- Enlarge it
- Simplify it
- Classify it
- Compare and contrast it
- Deconstruct it
- Apply it
- Prioritise it
- Act it out



MOCK EXAM REVISION TIP #3 – LINK IT/PROVE IT/SKETCH IT

SketchIT PiXL

Can you sketch eight ideas that relate to the topic?



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FillIT PiXL

Fill up the boxes below with everything you know about the topic!

1. • • • • • • • •	2. • • • • • • • •	3. • • • • • • • •
4. • • • • • • • •	5. • • • • • • • •	6. • • • • • • • •

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MOCK REVISION TIP #4 – KNOW YOUR COMMAND WORDS

ASSESS (VERB)

ORIGINS: from Latin *detrimentum*, to 'wear away' – so to 'assess' is to consider each option one by one (wearing away) until there is one left.

DEFINITION: Consider several options or arguments and weigh them up so as to come to a conclusion about their effectiveness or validity.

EXAMPLE EXAM QUESTION: *Assess how effective your presentation technique(s) were in representing the data collected in this enquiry.*

SYNONYMS: judge gauge rate estimate appraise

2021 Mock Exam Timetable Week 1 (week beginning 22nd November)

	Morning exams Period 1 & 2 (9am onwards)	Morning exams Period 3 &4 (11.15 onwards)	Afternoon exams (1.45pm onwards)
Monday 22nd November	English Literature 1hr 30mins 9.00am – 10.30am	Maths 1hr 30mins 11.15am – 12.45pm	<u>Block A</u> Art 1hr CR05 Photography 1hr CR01 Spanish Reading: 1.45pm – 2.30pm/2.45pm SH
Tuesday 23rd November	English Language 1hr 45mins 8.45am – 10.30am	<u>Block A (11.45 start)</u> Art 1hr CR05 Photography 1hr CR01 Spanish Listening H 45min CM13 Spanish Listening F 35mins CM12	
Wednesday 24th November	<u>Block A</u> History 1hr 20mins: 9am – 10.20am Spanish Writing: 9am – 10.05am/10.20am Music 1hr 45mins: 9am – 10.45am CM11 NCFE Performance Skills Exam 9.00am – room tbc	Biology Triple Science 1hr 45mins: 11.30am – 1.15pm Double Science 1hr 15mins: 11.30am – 12.45pm	<u>Block B</u> Photography 1hr CR01 French Reading: 1.45pm – 2.30pm.2.45pm SH
Thursday 25th November	<u>Block B</u> Photography 2hrs: 9am – 11am CR01 Creative iMedia Y10 1hr: 9am – Child Development & Care 1hr 30mins: 9am – 10.30am Drama 1hr 45mins: 9am – 10.45am French Writing: 9am – 10.05am/10.20am Hospitality & Catering 1hr 30mins: 9am – 10.30am Geography 1hr 30mins: 9am – 10.30am History 1hr 20mins: 9am – 10.20am	Chemistry Triple Science 1hr 45mins: 11.30am – 1.15pm Double Science 1hr 15mins: 11.30am – 12.45pm	
Friday 26th November	<u>Block C</u> Construction 1hr: 8.45am – 9.45am DT 2hrs: 8.45am – 10.45am Hospitality & Catering 1hr 30mins: 8.45am – 10.15am Religious Studies 1hr 45mins: 8.45am – 10.30am	Physics Triple Science 1hr 45mins: 11.30am – 1.15pm Double Science 1hr 15mins: 11.30am – 12.45pm	

2021 Mock Exam Timetable Week 2 (week beginning 29th November)

	Morning exams Period 1 & 2 (9am onwards)	Morning exams Period 3 &4 (11.15 onwards)	Afternoon exams (1.45pm onwards)
Monday 29th November	<u>Block D</u> Computer Science 2hrs: 8.45am – 10.45am Child Development & Care 1hr 30mins: 8.45am – 10.15am Geography 1hr 30mins: 8.45am – 10.15am PE 1hr: 8.45am – 9.45am	<u>Block A</u> Art 1hr CR05 Photography 1hr CR01	<u>Block C</u> Art 1hr CR04
Tuesday 30th November	<u>Block C</u> Art ALL DAY 4hrs: 9.30am – 2.15pm CR04	<u>Block A</u> Art 1hr CR05 Photography 1hr CR01 (students in block C Art exam to make up hours)	
Wednesday 1st December	<u>Block A (p2)</u> Art 1hr CR05	<u>Block A (p3)</u> Photo 1hr CR01. <u>Block B (p4)</u> French List. H 45mins, F 35mins. CM11 + CR05 Photography 1hr CR01	
Thursday 2nd December			
Friday 3rd December	<u>Block B</u> Photography 1hr CR01		



Physical symptoms

- Headaches
- Tiredness and/or feeling 'hyper'
- Not being able to sleep
- Aches and pains
- Feeling sick / stomach problems
- Skin problems
- Not wanting to eat...or obsessively eating LOADS



Mental/emotional symptoms

- Feeling sad
- Feeling angry
- Being snappy
- Not being able to concentrate
- Paranoia – thinking people are talking about you or making things difficult for you on purpose
- Feeling hatred or resentment towards people – even your loved ones
- Playing thoughts over and over again in your head
- OCD symptoms including obsessive thoughts or behaviour



General stress-busting tips

Believe in yourself. If you prepare for the exams properly you should do fine, meaning that there is no need to worry excessively.

Don't try to be perfect. It's great to succeed and reach for the stars, but keep things in balance. If you think that "anything less than an A* means I've failed" then you are creating mountains of unnecessary stress for yourself. Aim to do your best but do recognise that none of us can be perfect all of the time.

Take steps to overcome problems. If you find you don't understand some of your work, getting stressed out won't help. Instead, take action to address the problem directly by seeing or talking to your teacher or getting help from your classmates.

Don't keep things bottled up. Confiding in someone you trust and who will be supportive is a great way to relieve stress and worry. A parent, a grandparent, a friend, anyone who you feel comfortable talking to.

Keep things in perspective. Interrupt negative thoughts with positive ones. Examples: "I can do this", "I will do my best", "I can pass this test", "I will focus only on the question in front of me." "I have done it before, so I can do it again." Actively challenge your irrational thoughts.

Try to maintain a healthy lifestyle. Anxiety increases when one feels tired, run down and overwhelmed. Overall resilience depends on one's physical and mental health – take steps to do this.

Get accurate information. If you don't understand, ask. Well before the exam, make sure you know where it will be held, the start time, how long it will last, whether extra time will be allowed.

Get yourself into 'exam mode'. Practise on sample tests in the textbook or study guide. Look at past exams. Make sure you know what to expect in the exam, what course materials should be emphasised, how to prioritise study time for the course.

Plan. Rest well the night before the exam. Plan to arrive at the exam early. Monitor the time during the exam so wear a watch or sit where you can see the clock. Plan to wear layers of clothing so you can adjust your need for more warmth or coolness .

Avoid negative influences. Give coffee and other stimulants a miss the night before the exam or on the day of the exam. Avoid anxious or talkative students. Avoid other people or things that may disturb your self-confidence, focus and level of relaxation. Definitely avoid arriving late.

