

# Getting advice from us during coronavirus

To lower the risk to staff, volunteers and the people who come to us for help, we've closed our face to face services for the foreseeable future.

If you've already booked an appointment we will contact you by telephone or email, using the details you gave us.

## **For general advice:**

Visit our website: [tamesidecab.org.uk](https://tamesidecab.org.uk)

Email us: [advice@tamesidecab.org.uk](mailto:advice@tamesidecab.org.uk)

Chat to an adviser online at: [citizensadvice.org.uk](https://citizensadvice.org.uk)

Phone: 0300 330 9076

Textphone: 03444 111 445

## **For help claiming Universal Credit:**

Phone: 0800 144 8 444

Textphone: 18001 0800 144 8 444

## **For consumer advice:**

Phone: 0808 223 1133

Textphone: 18001 0808 223 1133



**citizens  
advice**

**Tameside  
District**