



EYFS Reception Spring Curriculum Newsletter 2026

Welcome back to the Spring term. We are looking forward to an exciting term of learning through play and exploration.

WATER- Children have access to their water bottles at all times throughout the day. Please make sure the bottles only contain water.

SNACK- Snack is provided for all children on a daily basis. We start with toast in the morning, followed by fruit snack morning and afternoon. One day per week children will take part in preparing and cooking a snack or meal related to our topic.

LABELS- Please clearly label water bottles, lunchboxes and all items of clothing, especially jumpers, cardigans and coats/jackets with your child's name!

TOOTH BRUSHING- All children in Reception will be brushing their teeth after lunch each day. This is part of our curriculum relating to Personal, Social and Emotional Development and Physical Development.

Topic

Our topic this term is People Who Help Us.

We will use the following storybooks during our structured story time:

Supertato

That's what best friends do

Three little pigs

Three little wolves and the big bad pig

Phonics

We have now split into groups for phonics. There remains an emphasis on oral blending and matching sound to visuals (phoneme/grapheme correspondence).

Writing

The focus for writing this term is to be able to hear, say and record all sounds in a CVC word, for example: cat, dog, mat and where appropriate, using digraphs (two letters to make one sound), shop, chin and sing.

We continue to ascribe meaning to marks and enjoy recording our ideas for a purpose.

Maths

In maths this term we are starting with reviewing and securing numbers to 5. We are subitising 5 objects, counting reliably to 5 and being able to form the numerals 1-5. We are then further developing our knowledge of four-sided shapes. Towards the end of the term we will be learning numbers 6-10.

Ideas to practice at home

1. The number pattern, counting to 20.
2. Create a pattern out of objects at home or when you are out. A row of decorative icons including autumn leaves and fruit.
3. Find and read numerals to 10 that are hiding in real life - door numbers, supermarket shelves, recipe books.
4. Make your own number line - can your child write the numbers 0-10 in order? Cut up the numbers and mix them up, can they place them back in the right order?
5. Sharing a reading book for pleasure at bedtime each day.

PE

Our PE this term will be on Thursday afternoons. This term our PE lessons will focus on gymnastics and making shapes with our bodies and further developing our gross motor skills. Please make sure your child comes to school wearing the correct PE kit. Here is the school uniform policy from our school website:

PE Kit - On PE days children can come to school in PE Kit

Coloured house t-shirt

Plain or school logo black tracksuit bottoms and sweatshirt

Plain black shorts

White socks

Training shoes

No earrings, tape cannot be used and earrings must be removed by the parent before school.

My Happy Mind



In Spring 1 we will complete the module, '**Appreciate**'. We will learn what gratitude is, ways to express gratitude and learn why gratitude is important. In Spring 2, we will complete the unit, '**Relate**'. In this module, we will explore why relationships are important, the skills we need to build positive relationships and learn how we can get along with others.

Music

As a school, we follow the Charanga scheme of work giving children fun, practical music lessons through singing, listening, playing instruments and movement. Our specialist music teacher will be taking lessons for EYFS on a Thursday afternoon.



Parents' Evening

Parents' evening will take place on **Thursday 12th February** this term. Please note that the **school will close at 1pm** for all pupils on this day. Further information will be sent closer to the date which will advise when slots will be released to book via Arbor.

Please feel free to speak to us if you have any questions or concerns or would like to discuss any of the above.

The EYFS team

Ms. Evans, Miss Moulton, Miss Bryant, Mrs. Goodship, Miss Taylor and Miss Sutton