



Dear Parents and Carers,

In the summer term, we will be delivering the 'Changing Me' strand of our new curriculum with all year groups, as part of the Relationships and Health Education programmes recommended by the Department for Education.

These lessons will focus on key aspects of Relationships and Health Education, such as daily routines, family relationships, personal hygiene, the human lifecycle, and similarities and differences between boys and girls.

The content and materials have been carefully designed to be appropriate for each age group and to address the needs of all children in the class.

If you would like to see any of the lesson plans and materials or discuss the curriculum in more detail, please contact your child's teacher.

A copy of our RSE (relationships and sex education) policy is available to all parents and carers via the school website.

Yours sincerely,

Laura Rose-Whybrow
Deputy Headteacher