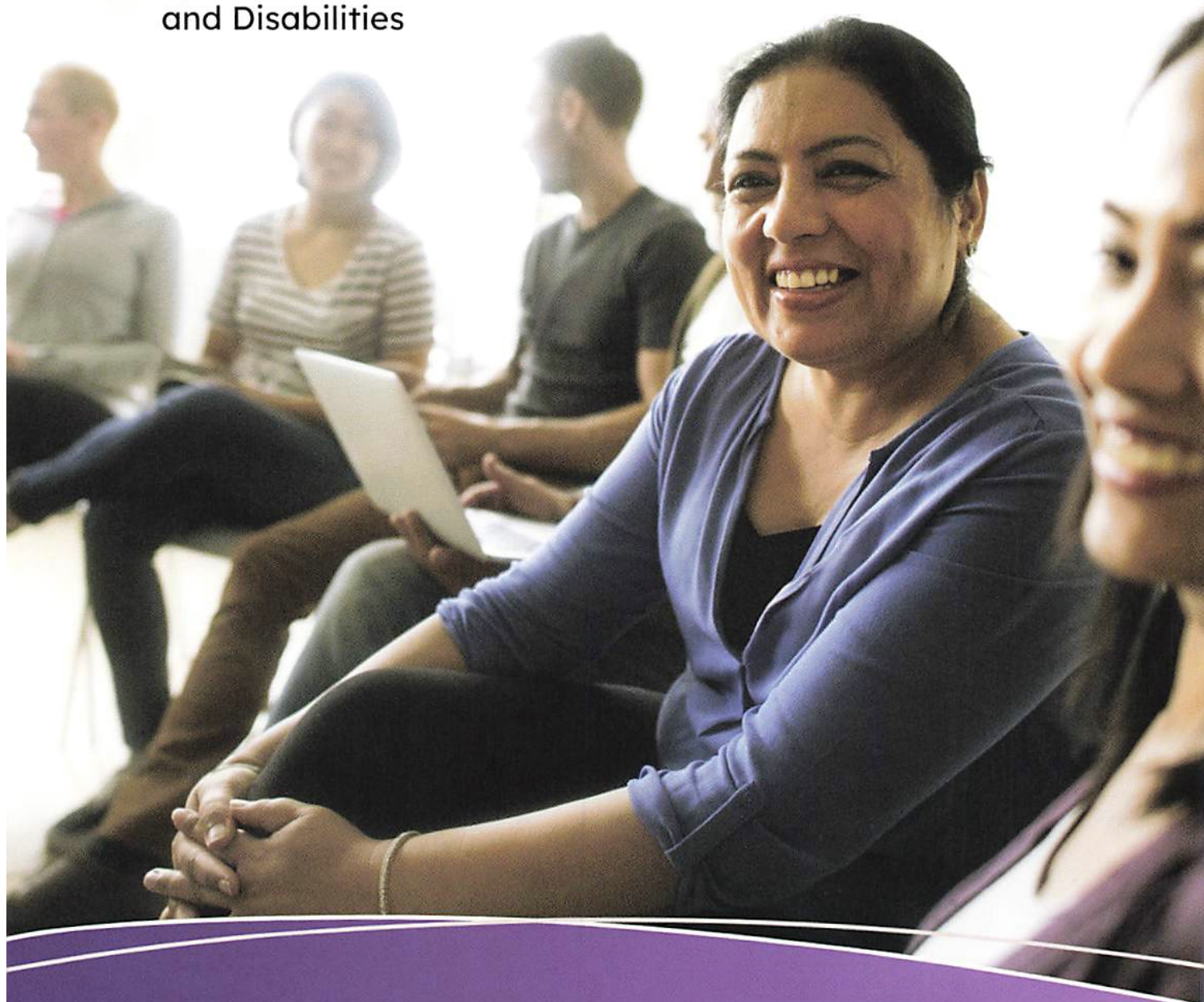




Essex County Council

Special Educational Needs
and Disabilities



Good Beginnings

Course

A course for parents and carers of autistic children, or those with social communication needs, in reception and younger.



Essex County Council

Special Educational Needs
and Disabilities

The course covers:

- understanding autism
- communication
- play
- sensory processing
- supporting distress and emotional regulation
- eating, sleeping and toileting
- managing anxiety

This course is an opportunity for parents and carers to come together to share experiences and tips in a supportive environment.



**Scan the QR code to book
a place**

