

Winter School Dinner Menu

Dear Parents and Carers,

Please find, in this booklet, the Autumn Term Dinner Menu.

If your child is in Reception, Year 1 or Year 2 they are entitled to a Universal Infant Free School Meal. Dinners for children in Years 3, 4, 5 or Year 6 are £2.80 per day, payable on a Monday for the whole week. This will need to be paid on Arbor as the school office is cashless.

If there are arrears on your account over the sum of £20, the school will be unable to book any further dinners until the debt is paid in full. Please clear any arrears immediately.

Free School Meals

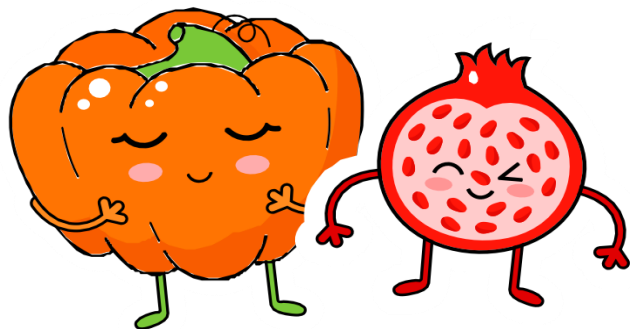
You may be entitled to Free School Meals if you receive any of the following benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get)
- If you would like to apply, please visit: https://essexself.achieveservice.com/service/Free_School_Meals_application

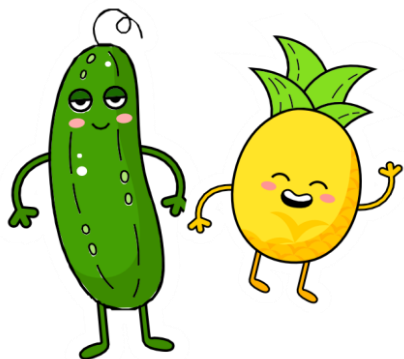
Yours sincerely,



Mrs M Holland
Head of School

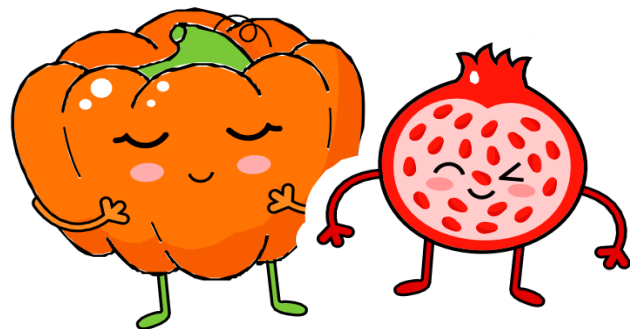


Week One Menu

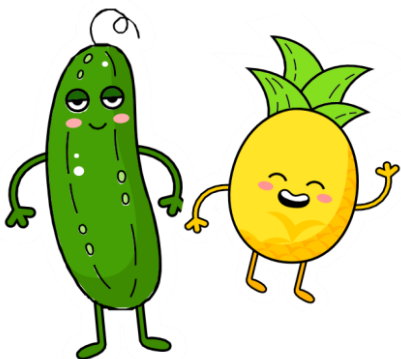


WC: 3/11/2025	WC: 24/11/2025	WC: 15/12/2025
WC: 19/01/2026	WC: 9/02/2026	WC: 9/03/2026
WC: 31/03/2026		

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Margherita Pizza	Steak & Onion Pie	Roast Turkey	Chicken Nachos	Beef Burger (Build your own burger)
Green Option	Rainbow Pizza	Butternut Squash Plait	Quorn Fillet	Enchilada Bake Rice	Spicy Bean Burger
On the Side	Seasoned wedges Coleslaw Salad	Mashed Potato Green beans/Carrots	Yorkshire Pudding Roast Potatoes Peas Cauliflower	Salsa Coleslaw Side salad	Chips Beans Peas
Yellow Option	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)
For Dessert	Fruit Salad	Carrot cake Muffin	Strawberry Jelly & fruit	Iced biscuit	Flavoured yoghurt

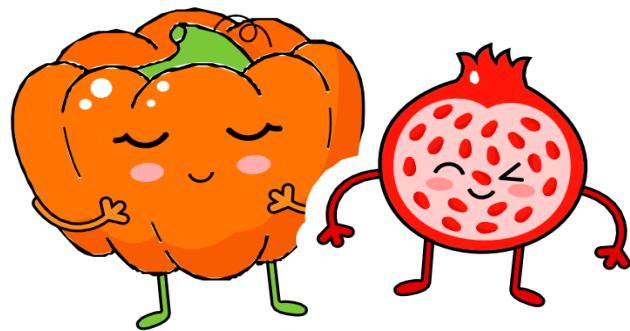


Week Two Menu

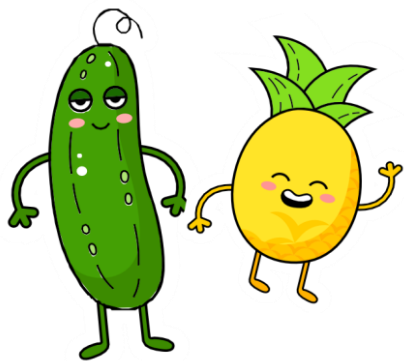


WC: 10/11/2025	WC: 01/12/2025	WC: 01/01/2026
WC: 26/01/2026	WC: 23/02/2026	WC: 16/03/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Pork Sausages	Chicken Curry	Roast Gammon	Chicken Fajitas	Fish Fillet
Green Option	Quorn Sausage	Sweet Potato Curry	Cheddar Whirl	Quorn Fajitas	Cheese Omelette
On the Side	Mash Peas/Sweetcorn Gravy	Rice Naan Bread	Yorkshire Pudding Roast Potatoes Carrots and Broccoli	Potato Wedges Sweetcorn Cobettes Side salad	Chips Peas Side salad
Yellow Option	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)
For Dessert	Banoffee Crunch	Peach Flapjack with yoghurt drizzle	Fruit Smoothie	Grandma’s Orange Cookie	Rhubarb & Custard Cake



Week Three Menu



WC: 17/11/2025	WC: 08/12/2025	WC: 12/01/2026
WC: 02/02/2026	WC: 02/03/2026	WC: 23/03/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Cheesy Carbonara	Shepherd’s Pie	Roast Chicken	All Day Breakfast	Chicken Goujons
Green Option	Macaroni Cheese	Quorn Shepherd’s Pie	Vegetable Parcel	Vegetarian All Day Breakfast	Quorn Dippers
On the Side	Diced Potatoes Sweetcorn Coleslaw	Carrots Broccoli	Yorkshire Pudding Roast Potatoes Carrots Cabbage Sage and Onion Stuffing	Hash Brown Mushrooms Tomatoes Beans	Chips Beans Sweetcorn Cobettes
Yellow Option	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)	Jacket Potato with choice of filling (Tuna / Cheese / Baked Beans)
For Dessert	Lemon Drizzle Muffin	Coconut & Cranberry Cookie	Ginger Sponge & custard	Fruit Wedge	Ice Cream