

Humanism – Non Religious Beliefs and Ideas



Images



This symbol represents the 'Happy Human'. The Happy Human is an icon for the International symbol of Humanism.



Humanists accept that science provides the best explanation for the existence of the universe and life on earth. Humanists do not believe that anything was created by God.



Vocabulary



Humanism



Humanism is a non-religious belief.

Quick Facts



In the opinion of the majority of scholars, Humanism began in **late 14th century** Italy, and came to maturity in the 15th century, and spread to the rest of Europe after the middle of that century.

Classical	The Middle Ages										Early Modern
Romans	The Low Middle Ages			The High Middle Ages				The Late Middle Ages			Renaissance
	500	600	700	800	900	1000	1100	1200	1300	1400	1500

Humanists do not believe in a god. They believe it is possible to live a good and fulfilling life without following a traditional religion.

They do not follow a holy book either. Instead, Humanists value traits like reason and rely on science to explain the way things are.

Humanists believe that people have one life to live - there is no afterlife. As a result, they focus on being happy and making the most of their life. They also believe they have a duty to support others.

Humanists do not have a regular place of worship. They do, however, hold talks, lectures and discussion groups all around the country.

Happy



Human

The International symbol for Humanism.

The Golden Rule



Humanists use the Golden Rule as their guiding moral principle. The rule is, "Treat other people as you would like them to treat you."

Philosophy



The Humanist philosophy is to value all human beings, believing that we are all equal.