

Physical Education Annual Overview

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
EYFS	Dance – Nursery Rhymes	Gymnastics - Flight, bouncing, jumping, landing	Dance - Seasons	Athletics 1	Locomotion 1	Gym – Rocking & Rolling
Year 1	Dance – DB Net & Wall Game Skills 1	Gymnastics – Balancing and spinning on points and patches Object Manipulation 2	Dance Invasion Game Skills 1	Gymnastics – Wide, narrow & curled rolling & balancing Athletics 2	Dance Target Games 2	Striking & Fielding Game Skills 1 Gymnastics – Pathways: small and long
Year 2	Net & Wall Game Skills 2 Dance – DB	Fundamental Movement Skills 2 Gymnastics – Stretching, curling & arching	Target Games 3 Dance	Gymnastics – Spinning, turning & twisting Athletics 2	Dance Invasion Game Skills 2	Gymnastics – Pathways: straight, zipzag & curving Striking & Fielding Game Skills 1

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	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 3	Handball	Gymnastics - Symmetry & asymmetry (partners)	Basketball	Gymnastics – DB - Receiving body weight	Football	Cricket
	Dance - DB	Hockey	Dance	Athletics	Dance	Tennis
Year 4	OAA - DB	Dance	Gymnastics – Arching and bridges	Athletics	Tag rugby	Rounders
	Netball	Cricket	Tennis	Gymnastics – partner work	Dance	Gymnastics – rolling and travelling low
Year 5	Danish Longball	Dance	Basketball	Dance	Tennis	Cricket
	Gymnastics – DB - Partner work – under and over	Hockey	Gymnastics – Matching, mirroring & contrast	Athletics	Ultimate Frisbee	Dodgeball
Year 6	OAA	Handball	Tag Rugby	Dance	Gymnastics – Group Sequencing	Tennis
	Gymnastics – DB - Counter-balance & counter tension	Ultimate Frisbee	Dance	Athletics	Netball	Rounders