Your menu

expresscafe

Monday - Week 1

MAIN Choice Meal Deal

Pork Meatballs
Sweet Pepper, Tomato & Mild Chilli Sauce
with
Herby Skin-On Wedges & Green Beans
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Meatballs
Sweet Pepper, Tomato & Mild Chilli Sauce
with
Herby Skin-On Wedges & Green Beans
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Mexicana Rice Bowl
Piri Piri Chicken or Quorn
with
Flatbread & Garlic Mayo Dressing

Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

Your menu

expresscafe

Tuesday- Week 1

MAIN Choice Meal Deal

Beef Bolognaise Pasta

with

Homemade Garlic Bread & Mixed Salad

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Bolognaise Pasta

with

Homemade Garlic Bread & Mixed Salad

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Loaded Jackets

with

Cook's Choice of Fillings

Crispy Onions & Homemade Slaw

Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

Your menu

expresscafe

Wednesday Week 1

MAIN Choice Meal Deal

Cook's Roast of the Day
Yorkshire Pudding & Gravy
with
Roast Potatoes & Seasonal Vegetables
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Roast of the Day
Yorkshire Pudding & Gravy
with
Roast Potatoes & Seasonal Vegetables
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Mac 'n' Cheese
with
BBQ Pulled Pork *or*
Roasted Mediterranean Vegetables
Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

Your menu

expresscafe

Thursday - Week 1

MAIN Choice Meal Deal

Chicken Tikka Curry
with
Mixed Rice & Coriander Naan

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Red Lentil, Sweet Potato & Chickpea Curry
with
Mixed Rice & Coriander Naan

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Cook's Homemade Pizza
with
Choice of Toppings
Paprika Skin-On Wedges & Sweetcorn Medley

Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE



Your menu

expresscafe

Friday - Week 1

MAIN Choice Meal Deal

Crispy Battered Fish Fillet *or* **Salmon Fishcake**
with
Oven Baked Chips & Mushy Peas
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Homemade Lancashire Cheese Pie
with
Oven Baked Chips & Baked Beans
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Pasta Bar
Cook's Selection of Pasta & Sauces
with
Homemade Dough Balls & Mixed Salad
Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

Your menu

expresscafe

Monday - Week 2

MAIN Choice Meal Deal

Brunch
Pork Sausage, Bacon, Free Range Omelette
Rosti Potatoes, Baked Beans & Tomato

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Brunch
Quorn Sausages, Free Range Omelette
Rosti Potatoes, Mushrooms
Baked Beans & Tomato

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Caribbean Rice Bowl
Jerk Chicken *or* **Quorn**
with
Flatbread & Pineapple Salsa

Plus a choice of Dessert or Drink

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LANCASHIRE CATERING SERVICE

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Tuesday- Week 2

MAIN Choice Meal Deal

Savoury Mince Beef & Dumplings

with

Creamy Mashed Potatoes & Mixed Vegetables

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Savoury Vegetarian Mince & Dumplings

with

Creamy Mashed Potatoes & Mixed Vegetables

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Cook's Homemade Pizza

with

Choice of Toppings

Paprika Skin-On Wedges & Sweetcorn Medley

Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

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Wednesday Week 2

MAIN Choice Meal Deal

Cook's Roast of the Day
Yorkshire Pudding & Gravy
with
Roast Potatoes & Seasonal Vegetables
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Roast of the Day
Yorkshire Pudding & Gravy
with
Roast Potatoes & Seasonal Vegetables
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Tex Mex Nachos
Beef or Vegetarian Chilli
with
Mixed Salad & Salsa
Plus a choice of Dessert or Drink

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Thursday - Week 2

MAIN Choice Meal Deal

Chicken Shawarma
with
Lemon & Coriander Rice & Flatbread

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Roasted Vegetable Biryani
with
Cucumber Raita & Flatbread

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Loaded Jackets
with
Cook's Choice of Fillings
Crispy Onions & Homemade Slaw

Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

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Friday - Week 2

MAIN Choice Meal Deal

Crispy Battered Fish Fillet *or* **Salmon Fishcake**
with
Oven Baked Chips & Mushy Peas
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Puff Pastry Cheddar Cheese Whirl
with
Oven Baked Chips & Baked Beans
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Pasta Bar
Cook's Selection of Pasta & Sauces
with
Homemade Dough Balls & Mixed Salad
Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE

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Monday - Week 3

MAIN Choice Meal Deal

Booths Pork Sausages & Onion Gravy
with
Mashed Potatoes & Mixed Vegetables
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Sausages & Onion Gravy
with
Mashed Potatoes & Mixed Vegetables
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Honey Chicken *or* **Quorn Noodle Bowl**
with
Sweet Chilli Vegetables & Crispy Spring Rolls
Plus a choice of Dessert or Drink

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Tuesday- Week 3

MAIN Choice Meal Deal

Beef Lasagne

with

Homemade Garlic Bread & Mixed Salad

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Roasted Vegetable Lasagne

with

Homemade Garlic Bread & Mixed Salad

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Loaded Jackets

with

Cook's Choice of Fillings

Crispy Onions & Homemade Slaw

Plus a choice of Dessert or Drink

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LANCASHIRE CATERING SERVICE

Your menu

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Wednesday Week 3

MAIN Choice Meal Deal

Cook's Roast of the Day
Yorkshire Pudding and Gravy
with
Roast Potatoes and Seasonal Vegetables
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetarian Roast of the Day
Yorkshire Pudding and Gravy
with
Roast Potatoes and Seasonal Vegetables
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Buritto Bowl
BBQ Pulled Pork or Quorn
with
Mexican Rice & Tortilla
Plus a choice of Dessert or Drink

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Thursday - Week 3

MAIN Choice Meal Deal

Chicken Balti Curry

with

Mixed Rice & Coriander Naan

Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Vegetable Korma Curry

with

Mixed Rice & Coriander Naan

Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Cook's Homemade Pizza

with

Choice of Toppings

Paprika Skin-On Wedges & Sweetcorn Medley

Plus a choice of Dessert or Drink

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Friday - Week 3

MAIN Choice Meal Deal

Crispy Battered Fish Fillet *or* **Salmon Fishcake**
with
Oven Baked Chips & Mushy Peas
Plus a choice of Dessert or Drink

VEGETARIAN Choice Meal Deal

Homemade Lancashire Butter Pie
with
Oven Baked Chips & Baked Beans
Plus a choice of Dessert or Drink

STREET FOOD Choice Meal Deal

Pasta Bar
Cook's Selection of Pasta & Sauces
with
Homemade Dough Balls & Mixed Salad
Plus a choice of Dessert or Drink

Lancashire County Council

LANCASHIRE CATERING SERVICE