

16<sup>th</sup> April 2024

Dear Parents, Carers and Guardians,

Please find below the details of the upcoming Bronze Duke of Edinburgh Expeditions that will be taking place this summer term.

**Visit A:** Monday 10<sup>th</sup> June – Wednesday 12<sup>th</sup> June 2024 @ Cobblehey Farm, Garstang

**Visit B:** Monday 17<sup>th</sup> June – Wednesday 19<sup>th</sup> June 2024 @ Cobblehey Farm, Garstang

**Choosing Visit A or Visit B**

Please collaborate with your friends to ensure that you are attending the same trip. To achieve an equal distribution of students, some students may be moved from one trip to the other. However, we will only proceed with such transfers if necessary, and we will consult both the students and their parents before making any changes.

Return the reply slip below as soon as possible so we can allocate the groups.

Please do not hesitate to me contact me via email if you have any further questions:

[laura.gibbons@lythamhigh.lancs.sch.uk](mailto:laura.gibbons@lythamhigh.lancs.sch.uk)

Kind regards

Miss L J Gibbons

DofE Manager

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Dear Miss Gibbons

I wish for my child to participate in the bronze DofE expedition. I have indicated my preferred date below.

**Ideally, we would like to set groups around the school timetable. Only tick a specific date if your child has a comment such as a medical appointment that would prohibit them from going on a specific date.**

Either date is fine

Visit A: 10<sup>th</sup> June – 12<sup>th</sup> June 2024

Visit B: 17<sup>th</sup> June – 19<sup>th</sup> June 2024

Student Name: \_\_\_\_\_ Form: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Additional information for parents and students**

### **Q&A**

There will be a meeting arranged for both parents and students to go over how the expedition works and what to expect. This meeting will take place sometime in May and a specific date will be advertised on Synergy nearer the time. If you have any urgent questions, please email me at [laura.gibbons@lythamhigh.lancs.sch.uk](mailto:laura.gibbons@lythamhigh.lancs.sch.uk)

### **Sleeping Arrangements and Groups**

Students will have the option to either share a tent with a member of the same sex or can opt to use a single-person tent. If students decide they would like to share a tent, we will ask them to arrange this themselves and will be required to let me know, they are required to share with someone in their expedition group. Students will be required to work in groups of 7 for the expedition, these groups will be decided by staff taking into consideration the pairs in which students will be sharing tents. Most students have already expressed who they would like to be in a group with.

### **Kit List**

Please find attached to this letter the kit list for students advised by Sam Sykes for the expedition. Tents, stoves, fuel for stoves, sleeping mats, maps, compasses and rucksacks are provided and included in the cost of the expedition. We also advise that students pack hand sanitiser for any situation in which hand washing facilities are not available. A meeting will take place during the first week back after the May bank holiday to discuss the expedition and there will be an opportunity to ask questions to the visit lead.

### **Medication and Medical Conditions**

Participants will be required to provide any medication currently being taken; this includes a full and up-to-date inhaler. Students will be asked to provide evidence of any medication and inhaler before departing from the school. If students are not able to provide evidence, they will not be permitted to continue the expedition. Any information that could affect a student's expedition experience will be shared with Sam Sykes, Expedition Provider. We also ask that we be updated on any changes to students' medical conditions prior to the expedition.

### **Skills, volunteering and physical aspect**

Participants should have started or completed the skill, volunteering, and physical aspects of their award. It is vital for students with incomplete/missing skills, volunteering and physical sections to be completed as soon as possible to achieve the Bronze DofE Award. It is not too late to start any of these sections. If there are any issues or questions, please contact Miss Gibbons directly via email. Please be aware that each participant only needs to attend one expedition to complete their award.