

menu

expresso

morning break breakfast and

Cereals & Fresh Milk	60p	Boiled/Scrambled	
Hot Buttered Toast	25p	or Poached Egg	35p
Buttered Crumpet	50p	Egg/Beans or Cheese on Toast	70p
½ Plain Bagel	60 p	Baked Hash Brown	40p
Fruit Teacake	45p	Sausage or Bacon Barm	£1.50

Drinks Tea 40p Coffee 50p Hot Chocolate 90p Fruit Juice from 65p

Pizza and Garlic Bread (morning break only) Freshly Baked Pizza £1.10 Freshly Baked Pizza

Freshly Baked Pizza (1/2 Portion) 55p Freshly Baked Pizza with Topping £1.30 with Topping (1/2 Portion) 65p Homemade Garlic Bread 70p Homemade Cheesy/ Tomato Garlic Bread 75p

Extras	
Fruit Yoghurt	70p
Frozen Yoghurt or Smoothie	50p
Piece of Fresh Fruit	40p
Regular Fresh Fruit Salad	80p
Large Fresh Fruit Salad	£1.30
Sauce Sachet	20p
Flora Portion	15p

hot counter

Main Meals

Served with Accompaniments

only £2.20

Main Meal Deal

Served with Hot Dessert and Sauce or Piece of Fruit or Yoghurt or Carton of Juicy Water

only £2.50

Crispy Battered Fish	£1.50	Homemade Soup 12oz	90p
Baked Fishcakes x2	£1.20	Baked Jacket	75p
Veggie Burger	£1.00	Baked Jacket	
Meat Free Sausage x2	£1.00	with 1 Filling	£1.00
Homemade Soup 7oz with Crusty Bread	65p	Baked Jacket with 2 Fillings	£1.50

hot deli

Snacks to Go

Plated Salads

Burger in a Bun	£2.20	Home
Hot Sandwiches		and I
and Filled Panini	from £2.30	Home
Hot Baguettes and Wraps	from £2.30	and I
Homemade Margherita Pi	zza £1.10	Home
Add Extra Toppings	from 20p	Garli

Homemade Garlic	
and Herb Bread	70p
Homemade Garlic	
and Herb Bread ½ Portion	35p
Homemade Cheesy/Tomato	
Garlic Bread	75 p

from 65p

from 65p

60p

90p

90p

65p

Extras	
Chips/Fries/Wedges/ Hash Browns	£1.10
All Other Potato Choices	65p
Cheese Portion	60p
Rice/Pasta/Noodles	65p

Regular Range –		Fruit Juices
Egg, Cheese, Ham, Tuna	£1.40	Milk Carton
Premium Range-		Radnor Fizz
Any Other Fillings	£1.90	Flavoured Water
Filled Baguettes, Wraps		Radnor Carton
and Speciality Bread	from £2.30	Bottled Water
Add salad to any of the abov	re 15p	
Pasta Salad Pots	from £1.30	
Fresh Salad Pots	from £1.20	

Sandwich **Meal Deal** only £2.50

Cookies / Cakes and Desserts

Home Produced Cakes, Flapjack	85 <u>r</u>
Home Produced Cookies	45 <u>r</u>
Hot Dessert of the Day with Sauce	75 _F

from £1.80

LAITGS	
Fruit Yoghurt	70p
Piece of Fresh Fruit	40p
Regular Fresh Fruit Salad	80p
Large Fresh Fruit Salad	£1.30
Sauce Sachet	20p
Flora Portion	15n

faster **fresher** fitter

