Curriculum Overview: Health and Social Care
Year group: Y10

What your child will learn each half term
This overview shows the key topics, skills, and knowledge your child will be learning in **Health and Social Care** in **Year 10** . It helps families understand what's being taught, how it builds on previous learning, and how you can support your child at home.

- **What we are learning**: The topic or focus for the half term.
- **Key knowledge & skills**: What students should understand and be able to do.
- **How we assess learning**: knowledge checks, practical tasks, written responses and formal assessments.
- **Key words to know**: Vocabulary students will learn and use.

Half term	What we are learning	Key knowledge and key skills	How we will assess learning in this unit	Homework	Key vocabulary for this unit
HT 1 R033 Unit-Supporting Individuals through life events	Pupils will be learning about the different life stages and age ranges which apply to them. Pupils will be able to describe and explain the difference between growth and development. In addition, pupils will learn about the milestones and norms associated to each life stage.	• Students will know and understand the different **life stages and transitions:** ➢ They will develop a clear understanding of the different life stages of human life (childhood, adolescence, adulthood, older age) and the challenges and opportunities associated with each one. **Pupils will be able to make connections with other units explored in the course.** **Pupils will be able to expand and explore on their research and writing skills in Task 1 of the assignment brief.**	Knowledge check on all Do Now Tasks at the start of lesson. In addition, consolidation of knowledge through mini and final plenaries. For the first half term pupils need to complete a written assignment on a chosen life stage by the exam board. They need to write about the milestones an individual has experience during that life stage and relate it to the norms in growth and development and linking it to PIES.	Pupils must complete an Interview Homework task.	❖ Life Stages ❖ Milestones ❖ Norms ❖ Growth ❖ Development ❖ Childhood ❖ Adolescence ❖ Young Adulthood ❖ Middle Adulthood ❖ Older Adulthood ❖ PIES Physical ❖ Intellectual ❖ Emotional ❖ Social ❖ Language and cognitive development
HT 2 R033 Unit-Supporting Individuals	Pupils will learn about the different factors that might occur in an individual's life.	• Pupils will gain an understanding of **diversity and individuality:** ➢ They will develop an appreciation for the diverse ways individuals	Knowledge check on all Do Now Tasks at the start of lesson. In addition, consolidation of	Homework tasks, such as plan of action diagrams will be set as	❖ Positive relationships ❖ Negative relationships ❖ Social inclusion

through life events	Pupils will be able to describe and explain the social, emotional and cultural factors that can affect growth and development across the life stages.	experience life events based on factors like culture, ethnicity, religion, socioeconomic background, and family structure. ➢ They will understand the importance of respecting individual needs, values and beliefs when providing support. **Pupils will be able to expand and explore on their research and writing skills in lesson tasks/ worksheets. They will continue to apply these skills when they start to write up assignment task 1b.**	knowledge through mini and final plenaries. Completion of short lesson tasks and research tasks. Pupils will be assessed on the second part to assignment task 1.	homework to help pupils to structure the second part/task 1b to the assignment in this unit.	❖ Social exclusion ❖ Bullying ❖ Discrimination ❖ Anxiety ❖ Fear ❖ Happiness ❖ Grief ❖ Secure/insecure ❖ Family security ❖ Race ❖ Religion ❖ Gender identity ❖ Sexual orientation ❖ Community ❖ Cultural ❖ Emotional ❖ Social
HT3 R033 Unit-Supporting Individuals through life events	Pupils will learn about Sources of support that meet individual needs The roles of informal care givers in providing support	• **Students will know the types of life events:** ➢ Students should be able to categorize life evets as expected life event (e.g. starting school and retirement) or unexpected life event (e.g. illness and bereavement). ➢ They will also understand the difference between positive and negative life events. ➢ Students will be able to refer to their case study: ➢ Students will have a deep understanding of their chosen case study. This includes details about the individual, the specific life events on their PIES and well-being.	Knowledge check on all Do Now Tasks at the start of lesson. In addition, consolidation of knowledge through mini and final plenaries. Completion of short lesson tasks and research tasks. Pupils will be assessed on their coursework for Task	Homework tasks which involve retrieval and summary of knowledge	❖ Friend ❖ Family ❖ Religion ❖ Culture ❖ Coordinated care and treatment ❖ Choice ❖ Person Centred Values

			2a of the assignment.		
HT4 R033 Unit-Supporting Individuals through life events	Pupils will gain an in depth Sources of support the meet individual needs. Research and recommend personalised support based on individual needs	• **Students will be able to make links with different sources of support:** • Students should be able to familiarise themselves with the different sources of support available to individuals facing life challenges.	Knowledge check on all Do Now Tasks at the start of lesson. In addition, consolidation of knowledge through mini and final plenaries. Completion of short lesson tasks and research tasks. Pupils will be assessed on their coursework for Task 2b of the assignment.	Homework tasks which involve retrieval and summary of knowledge	❖ Friend ❖ Family ❖ Religion ❖ Culture ❖ Coordinated care and treatment ❖ Choice ❖ Person Centred Values
HT5 R033 Unit-Supporting individuals through life events	Research and recommend personalised support based on individual needs	• **Continue to apply person-centred values and sources of support available to individuals facing life challenges** • **Students will be responding to feedback ready for course work submission in May.**	**Research tasks and coursework content.** **Application of amendments to feedback on their written assignment**	**Homework and intervention after school tasks to aid pupils in completing coursework in school**	
HT6 R034-Therapeutic and creative activities	Pupils will learn about the types of therapies used in health and social care	• Students will be able to understand how creative activities can significantly enhance individuals' physical, intellectual, emotional and social well-being. • Throughout the unit pupils will be able to learn to plan and deliver engaging activities that are tailored to meet the unique needs of each person. Practical experience in researching and presenting	Pupils will complete the lesson booklet each lesson. Use of research task, whiteboard and poster tasks will allow pupils to apply and demonstrate their knowledge on therapeutic and creative activities	Homework tasks which involve planning activities. In addition tasks around self-reflection and evaluation on participating and delivering activities.	❖ Therapy ❖ Sensory ❖ Cognitive ❖ Emotional ❖ Expressive ❖ Physical ❖ Aromatherapy ❖ Massage ❖ Reflexology ❖ Hypnotherapy

		information will also be a key part of their learning journey on this course.			❖ Speech and Language ❖ Reminiscence ❖ Art ❖ Emotions ❖ Yoga ❖ Reiki ❖ Tai Chi ❖ Activities Coordinator ❖ Benefits ❖ Adaptation