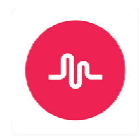# ONLINE SAFETY NEWSLETTER
SAFER INTERNET DAY – TUESDAY 8TH FEBRUARY 2022

Safer Internet Day 2022 is on Tuesday 8th February and will be celebrated with the theme 'All fun and games? Exploring respect and relationships online'. Safer Internet Day is co-ordinated in the UK by the UK Safer Internet Centre and sees thousands of organisations get involved to promote the safe, responsible and positive use of digital technology for children and young people.

The Student Online Safety Ambassadors at LSA High School have prepared a form presentation and form quiz which is being shared across school. They are also hosting workshops to help students and staff to improve their privacy settings on their devices and platforms. We hope you can spend some time as a family – or as a family competition! – working through the online safety quiz included below. GOOD LUCK!

1. <u>How many of these app and game related logos can you identify? (25 marks)</u>

2. <u>How old do you have to be to use these sites and games? (5 marks)</u>

    Facebook………..Instagram………..Snapchat………..
    Roblox……………Whatsapp……………

3. <u>What should someone do if they're being bullied online? (Circle all the correct answers).</u>
   a. There's nothing they can do, they will just need to put up with it.
   b. Post mean things about the person bullying them so they know how it feels.
   c. Report or block the person bullying them.
   d. Threaten the person bullying them.
   e. Talk to an adult they trust.
   f. Keep a record of the bullying so they can show an adult they trust.

4. <u>To keep safe online what information should you NOT post online? (Circle all the correct answers).</u>
   a. Your full name.
   b. What you've had for dinner.
   c. Where you live.
   d. Which school you go to.
   e. Passwords.
   f. A cartoon as a profile picture instead of a photo.

5. <u>What should you think about before posting something online?</u>
   a. Is everyone else in the photo or post happy for it to be on the internet?
   b. Does the post have any personal information that I don't want everyone knowing?
   c. Would I be happy for this to be on the front page of a newspaper?
   d. Does it break any of the rules of the site that I'm posting on?
   e. Could it upset or offend someone who sees it?
   f. All of the above.

6. <u>If a young person has been asked to send a nude or semi-nude image of themselves, or if they're asked to do something on a webcam they don't feel comfortable with, what could they do?</u>
   a. Tell the person they don't feel comfortable.
   b. Say no and tell them that it's illegal.
   c. Report and block the person.
   d. Ask a trusted adult for help.
   e. Download the Zipit app that has funny gifs that can be sent in response to a request.

		TRUE	FALSE
7.	A young person meets someone online who tells them they are the same age. So it is safe to share personal information.		
8.	A young person is being bullied on a game, but there is nothing they can do. It is just something they have to put up with.		
9.	A young person shared a nude selfie with someone and it's been posted on the internet. Unfortunately there is nothing they can do about it.		
10.	A young person wants to talk to Childline about something that's upset them and believes this is confidential.		

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ANSWERS

Q1:

ROW 1 – Facebook, Fifa Mobile Football, Snapchat, Instagram, YouTube

ROW 2 – Roblox, PEGI 18/18+, FaceTime, Whatsapp, Report Abuse button

ROW 3 – Steam, ooVoo, Clash of Clans, Flipagram, Musical.ly

ROW 4 – Pokemon Go, Skype, Minecraft, PEGI 16/16+, Omegle

ROW 5 – Childline app, Pinterest, Twitter, Soundcloud, Twitch

Q2:

All are 13 apart from Roblox which is 8

Q3:

c, e, f

It might feel like there's nothing that the young person can do but there is. It can feel tempting to respond or write nasty things back but this often causes the situation to escalate. The best way to react is to report and/or block the person bullying them, talk to someone they trust like a parent, carer, teacher or Childline and it's a good idea to keep a record of the bullying, like a screen shot.

Q4:

a, c, d, e

Q5:

f – all of the above

Q6:

a, b, c, d, e

Q7:

FALSE

Q8:

FALSE

Q9:

FALSE

Q10:

TRUE

Congratulations 😊

USEFUL LINKS for further support, information, advice and guidance.

ONLINE SAFETY ON SCHOOL WEBSITE:
https://www.lythamhigh.lancs.sch.uk/parents/Online-Safety

REPORT ABUSE (CEOP):
If you are worried about online sexual abuse or the way someone has been communicating with you online
https://www.ceop.police.uk/safety-centre

NSPCC KEEPING CHILDREN SAFE ONLINE:
https://www.nspcc.org.uk/keeping-children-safe/online-safety/

USING PARENTAL CONTROLS TO KEEP YOUR CHILD SAFE ONLINE:
https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/

EXPLORING RESPECT & RELATIONSHIPS ONLINE – ADVICE FOR PARENTS/CARERS
https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers

PARENT GUIDE TO TECHNOLOGY
https://saferinternet.org.uk/guide-and-resource/parents-and-carers

STAYING SAFE WHILST PLAYING GAMES ONLINE
https://saferinternet.org.uk/online-issue/gaming-2

GAMING AND MENTAL HEALTH – A PARENT'S GUIDE TO SUPPORT
https://www.youngminds.org.uk/parent/a-z-guide/gaming/

THRIVING OR SURVIVING
https://saferinternet.org.uk/guide-and-resource/thriving-or-surviving-technologys-role-in-mental-wellbeing