GCSE Food Preparation and Nutrition

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| **Y10** | **Half term 1** | **Half term 2** | **Half term 3** | **Half term 4** | **Half term 5** | **Half term 6** |
| **Topic**  | Introduction to food hygiene and safety Introduction to nutrition, diet and health | Complete knowledge of food hygiene and safety and nutrition, diet and healthUnderstand the main factors of food science | Practice of NEA1 – Food Safety based assessment that will be completed in year 11 | Food provenanceHow food is produced, how it is grown, raised and caught. | Food ChoicesWhat choices we might when we choose the food we eat. | Practice of NEA 2 – Food around the world with a nutritional focus.Based on the year 11 assessment |
| **Key words** | MicroorganismsBacteriaNutritionNutrientsCarbohydratesFatsProtein | GelatinisationCaramelisationDextrinizationPlasticityShorteningAeration | Raising AgentsBicarbonate of sodaResearchEvaluation | ProvenanceEnvironmentSustainabilityFishingFarmingCarbon Footprint | ReligionMoralEthicalMarketing Labelling | InternationalResearchBritishSensoryNutritionTechnical skillsEvaluation |
| **Assessment** | Two practical assessmentsFood safety Assessment | Two practical assessmentsNutrition examWritten assessment nutritional labelling | NEA1 written AssessmentOne practical assessment | Practical examWritten exam, Food Provenance | End of year assessmentOne practical assessment | NEA2 Written and practical assessment |

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| **Y11** | **Half term 1** | **Half term 2** | **Half term 3** | **Half term 4** | **Half term 5** | **Half term 6** |
| **Topic**  | NEA1 – Food Science assessment (15% of the GCSE grade) | NEA1 – Food Science assessment (15% of the GCSE grade) | NEA2 – Food Nutrition and choices assessment (35% of the GCSE grade) | NEA2 – Food Nutrition and choices assessment (35% of the GCSE grade) | Revision for end of year exam (1.45hr exam – 50% of GCSE grade) |  |
| **Key words** | ResearchHypothesisExperimentResultsEvaluationAdditional keywords dependent on course content | ResearchExperimentResultsEvaluationAdditional keywords dependent on course content | ResearchNutritionFood choicesSelecting dishesTechnical skills practical workEvaluation | Time planPractical examMIse en placeEvaluation | Food SafetyFood ChoicesNutrition, Diet and HealthFood ScienceFood Provenance |  |
| **Assessment** | NEA1 (work so far)  | Completed NEA1 | NEA2 (work so far) | Completed NEA2 | GCSE External Exam |  |