



Children and Family
**Wellbeing
Service**

Y

FOR YOUNG PEOPLE
AGED 12-19 (+25 WITH SEND)

YOUTH SUPPORT
WHAT IS YOUTH WORK?

EDUCATION EMPOWERMENT EQUALITY PARTICIPATION

What is youth work?

Youth work can support you with your personal, educational and social development.

It is a space where you will have choice, be treated with respect and have the opportunity to grow, socialise and learn.

It can help you:

- explore your values, beliefs, ideas and work on the issues that affect you
- enable you to develop your voice, influence and place in your community and the wider society
- gain practical or technical skills and help you to realise your potential
- experience decision-making and working as a team member
- challenge yourself, meet new people and have new positive experiences

Group youth work

Group Youth Work involves informal, fun and educational activities which focus on relevant issues. It can address your general needs, develop your skills and help to give you a voice on issues which affect you and your peers.

Taking part in group work can increase your confidence and self-esteem as well as helping you to socialise and make new friends.



Here are some of the different types of youth group work:

- identify as LGBTQ+ to obtain support, discuss and challenge ideas around gender and identity.
- SEND – for young people with special educational needs and disabilities.
- Issue based – discussing issues relevant to young people in the community
- Youth Council and Participation– having your say and debating on issues in the local community and wider society. Creating campaigns for positive change.
- Detached – opportunity to meet your local Youth Workers in the community, in parks and other outside places and receive advice, guidance and support if needed.



Targeted youth one-to-one Support

This is one-to-one support with a Targeted Youth Support Worker which can be from 4 to 12 weeks in duration. The support can be in school, college, the community or virtually, planned around you and at times that suit you. This can involve:

- LGBTQ+ - a safe place for young people who providing you with information, advice and further support
- helping you with building positive relationships
- listening and understanding your needs
- access to learning new skills, techniques and strategies
- access to activities to further your knowledge and understanding
- supporting you to access additional services, through signposting and specialist referrals



What young people say about their experiences of youth work

"I like that you put us in a good mood, I look forward to Tuesday evenings."

"You explain things really well."

"Thank you for all of your support its really helped me, I am looking forward to my future now."

"My Youth Worker is really easy to talk to about my problems, they are there when I need them, they help me to cope and think about how I can make changes."

"It's great to be able to make friends and have fun, get involved and learn new skills."

"Friday nights are the best; I love going to the Zone!"

Centre Based, in the Community & delivered virtually

Main centres of youth provision

Chorley & South Ribble

West Paddock, Leyland
Tel: 01772 532930

Preston

Moor Nook
Tel: 01772 539460

West Lancashire

The Zone, Skelmersdale
Tel: 01695 651350

Fylde

Kirkham Youth Zone
Tel: 01772 535135

Sydney Street Centre,
St Annes
Tel: 01253 741122

Wyre

Milton Street
Neighbourhood
Centre, Fleetwood
Tel: 01253 741117

Garstang Library
Tel: 01253 741117

Lancaster

Lune Park, Lancaster
Tel: 01524 581280

Morecambe Library

Tel: 01524 581280

Hyndburn

New Era, Accrington
Tel: 01254 220692

Ribble valley

The Zone, Parson Lane, Clitheroe
Tel: 01200 420460

Rosendale

The Zone, Burnley Rd.,
Rawtenstall
Tel: 01706 237788

Burnley

Burnley Central Neighbourhood
Centre, Burnley
Tel: 01282 471222

Pendle

The Zone, Leeds Rd., Nelson
Tel: 01282 470877

Team leaders

North Brian Wood

Tel: 07795222745
Email: Brian.Wood@lancashire.gov.uk

East Gillian Lander

Tel: 07766803614
Email: Gillian.Lander@lancashire.gov.uk

Central/South Debs Cardwell

Tel: 07919227476
Email: Deb.Cardwell@lancashire.gov.uk



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