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First Aid- basic injuries

Smoking risk and influences

Being safe online

How to manage risk taking behaviours

Precious liberties



Summer Term : Health and wellbeing

Spring Term: Living in the widerworld

Blood, organ and stem cell donation

Alcohol awareness

Laws & Risks- Drugs

How to recognise biased or misleading information

Justice system

Attitudes to mental health

Digital Resilience



Negative relationships

Grooming

Autumn Term 1: Health and Wellbeing

Autumn Term 2: Relationships

Introduction to Yr 8 PSHE

Promoting emotional wellbeing and resilience

Loss and bereavement



Respectful relationships

Online Relationships

Equality and stereotypes

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