



February Half Term 2026

School holiday arts and sports activities
for Dorset children who need additional support



Information for parents/carers

Our tutors, coaches and support team will always do their utmost to support each child, including providing 1:1 support or greater, where required. If they wish parents/carers may stay at any session, but we ask that **new parents/carers stay on site for your child's first session** whilst we get to know you both. A member of our support team will be allocated to you. At future sessions your child may be left in the care of our team, where we are able to meet his/her needs. For sessions that include swimming we may ask you to attend if your child cannot change in/out of swimwear without assistance.

 We can adapt many sports sessions to include wheelchair users. All indoor and some outdoor venues are accessible.

Our Team Leaders are Safeguarding Level 3 trained, and we have a team of Designated Safeguarding Leads. Staff trained in emergency first aid are present at all events. We also have staff trained in buccal midazolam to support children with epilepsy and in the use of Epipens/ adrenalin auto-injectors in the management of anaphylaxis. **Parents/carers must be available on an emergency telephone number.** If you would like to find out more, or discuss any concerns, please email; leisure@dorsetcouncil.gov.uk

For more information: dorsetcouncil.gov.uk/sport-leisure/artz-sportz

Dorset Short Breaks Care Passports: [Please complete a Care Passport here.](#)

Booking and helpful information

Booking - Places must be booked in advance. If demand is high, we will allocate places. We can supply details of how we do this fairly on request. Unless otherwise stated, activities cost **£7.65** per child for 2-3 hours, **£10.20** for 4 hours and **£12.85** for 5 hours or more. There is a 20% subsidy for those on income-based benefits.

To book email leisure@dorsetcouncil.gov.uk stating your name, address, telephone number, chosen workshop(s), number of spaces and child name(s).

Bookings close on Wednesday 28 January

and allocation will take place on **Thursday 29 January**. After allocation, any remaining places will be advertised on www.facebook.com/ArtzSportz

Direct Payments

You can pay for your child's place with Direct Payments. You can provide your own carer to accompany your child paid with Direct Payments. Please inform the admin team when your place is confirmed if you would prefer to bring your own carer.

Artz+ Sportz+ have a strong team of Support Staff but may not be able to provide certain specialist medical or care needs.

Cancellations

Refunds can only be made if you cancel more than two weeks before an event, or if we have to cancel an event. Please let us know as early as possible, if you need to cancel a session. This enables us to offer the place to another child and adjust staffing levels.

Artz+ Sportz+ Sensory

These sessions are designed for children with more complex needs who may be supported by our team, where possible, or by their own personal assistant.



Indicates a wheelchair friendly event

Holiday Activities & Food Programme (HAF)

Activities including meals are free to those who have a HAF passcode on indicated sessions. If you qualify for benefit-related free school meals email the HAF team to get your passcode:

holidayactivities@dorsetcouncil.gov.uk

The Xchange

The Xchange provides news, information and a listing of events/activities for families with children who are disabled.

To join visit: **dorsetcouncil.gov.uk/w/about-the-xchange**

Join our mailing list

Send your name, address and email address to Artz+ Sportz+, Leisure Service, Dorset Council, County Hall, Colliton Park, Dorchester, DT1 1XJ.
Email: **leisure@dorsetcouncil.gov.uk**

Join us on Facebook

Keep up to date on news and events. Search for Artz+ Sportz+ and 'like' the page to receive updates and to keep in touch with us.

[f www.facebook.com/ArtzSportz](https://www.facebook.com/ArtzSportz)

[o www.instagram.com/artzsportz](https://www.instagram.com/artzsportz)

Booking closes on **Wednesday 28 January**

Action Van Antics and Swim Sensory



**Monday 16 February,
11.30am-2.30pm
Ages 5-17 years
Wyvern Academy, Dorchester
Road, Weymouth, DT3 5AL**

Three hours of fun with the Artz+ Sportz+ and Action Van team. Soft play, small bouncy castle and lots of games, plus a swim in the hydrotherapy pool.

Bring snacks, a drink and packed lunch.



Tumbling and Gymnastics Fun

**Tuesday 17 February, 12:30pm-3pm
Ages 5-17 years
Riversmeet Gymnastics, Unit 22 Brickfields
Business Park, Gillingham, SP8 4PX**

An exciting new venue to explore with our Artz+ Sportz+ team.

Come along and join Riversmeet Gymnastics to help develop balance, strength and co-ordination through fun. We can bounce on the air track, tumble along the tumble track, swing like monkeys on the bars and test your acrobatic skills balancing along the beam. Structured and free flow play for an afternoon of awesome activity.

Bring snacks, a drink and packed lunch.



Booking closes on **Wednesday 28 January**

Splash and Play Sensory



Wednesday 18 February, 10am-1pm

Ages 5-17 years

**Stour Connect, Stour View Close,
Sturminster Newton, DT10 1JF**

Join us for three hours of non-stop fun with the Artz+ Sportz+ and Action Van teams!

Children can enjoy the bouncy castle, swimming in the hydrotherapy pool, games, soft play and a splash of arts and crafting.

This morning is perfect for children who love unstructured play, water and sensory activities.

Bring a drink, snack and packed lunch.



Train and Game Fun



Thursday 19 February

11am-4pm

Ages 10-17 years

Start Weymouth Train Station

Join Emily from the charity Platform as we go on a train adventure across Dorset!

Starting in Weymouth, we'll explore the station, learn about timetables, tickets, and rail safety before boarding the train through Dorchester, Wool, and Wareham to Poole.

In Poole, enjoy retro and modern games at High Score arcade, from PAC-Man and pinball to sports games and the latest arcade hits. After lunch, meet Emily for the return trip to Weymouth with fun activities and plenty of train spotting along the way.

Bring a drink, packed lunch, and money for snacks



Booking closes on **Wednesday 28 January**

Drum and Bounce



Friday 20 February, 10am-1pm

Ages 5-17 years

**Bridport Youth & Community Centre,
Gundry Lane, Bridport, DT6 3RL**

An exciting NEW workshop with Drum Devon - Drum yourself happy and get lost in the rhythms, as you pick up a whole host of new beats from experienced drum teacher James Carr. This accessible and inspirational workshop is all about 'world roots drum' and is perfect for developing your child's personal and social wellbeing as well as building confidence in everyone who takes part.

Following the session let off all that excess drumming energy on our Action Van bouncy castle and enjoy some fun with our team. Bring a drink, snacks and lunch.



Special Freshwater Family Fun Day



Sunday 1 March, 10am-3pm

Ages 5-17 years

**Freshwater Beach Holiday Park, Burton
Bradstock, Bridport, DT6 4PT**

Join us at this amazing new (to Artz+ Sportz+) venue for a fantastic family day of activities, from ten pin bowling and swimming, to Action Van fun, arts and crafts, even a stroll along the beautiful sandy beach.

With our Artz+ Sportz+ staff on hand to support, parents can have a little respite time for adult workshops and wellbeing activities. Booking for the Family Fun Day is via [Eventbrite](#).

Cost for Family Fun Day £14.85 per child, adults free.





Coping with CHAOS

Coping with Chaos provides school holiday and weekend activities for children with disabilities and their siblings across Dorset. We support the whole family, so all children and young people have equal access to play sessions and suitable activities to have fun together.

If you are interested in registering your family please contact us at:
chaos@diverseabilities.org.uk

Project My Time

Project My Time provides holiday activities for children and young people aged 8 to 18 with disabilities across Dorset and the idea is for them to have lots of fun! Parents/carers are not required to stay as our team provide the 1:1 support throughout the sessions, which take place every week in the school holidays.

If you are interested in registering your young person please contact us at:
project@diverseabilities.org.uk