



# OCR GCSE PE - Learning Journey

## Assessment objectives

- AO1 – Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.
- AO2 - Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.
- AO3 – Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.
- AO4
  - Demonstrate and apply relevant skills and techniques in physical activity and sport. (Practical)
  - Analyse and evaluate performance (AEP coursework)

