

September 2024

Dear Parent/Carer

### Food Preparation & Nutrition

I would like to inform you that Food Preparation & Nutrition involves participation in practical activities. This is an important and interesting part of Food Technology and a requirement of GCSE Food Preparation & Nutrition. Participation is essential to allow pupils to progress. As a department we feel it is important to allow pupils to develop these practical skills as a tool to be used at home and in the future. I would therefore ask that you support your child by ensuring that ingredients are always provided to allow participation in the planned practical activity.

If there are any problems with providing ingredients, please inform me as soon as possible so that other arrangement can be made.

It is also very important that we are made aware of any food allergies or intolerances which would impact on your son/daughter, so that we can adjust the environment or recipes used.

Yours sincerely,

**Mrs R Sharratt**

**Subject Leader for Design and Technology (Sept'24)**



Name of Pupil (please make clear): \_\_\_\_\_ Form: \_\_\_7- \_\_\_\_\_

I have received your letter regarding practical work and food allergens and intolerances.

My son/daughter (please delete):

- a) **Can eat a variety of foods**
- b) **Should not eat the following foods:**
- c) **Has an allergy to:**
- d) **Is intolerant to:**

Signed \_\_\_\_\_ Parent/Carer Date \_\_\_\_\_

EXPECT EXCELLENCE ● OVERCOME OBSTACLES ● MAXIMUM EFFORT ● PRIDE AND RESPECT  
EXPERT TEACHING AND FEEDBACK ● CHALLENGE YOURSELF ● INSPIRE AND BE INSPIRED