

KEY STAGE 4: FACULTY OF PERFORMANCE & EXPRESSIVE ARTS

PHYSICAL EDUCATION**Teacher in Charge****MR P GOODWIN****What will I study?****GCSE PHYSICAL EDUCATION: OCR J587**

The specification enables pupils to participate in physical activity in a number of different types of activity and in different roles within activities through practical performance. It also requires pupils to underpin their practical performances with theoretical knowledge of the anatomical, physical and psychological demands of physical activity and how these factors affect physical competence.

Pupils will also learn how to use methods of practice to improve their level of performance in physical activity and the importance of being physically active as part of a balanced, healthy lifestyle.

Details of Examination?

There are two examination papers, each lasting 1 hour, which combine to be worth 60% of the GCSE. These will both be taken at the end of Year 11.

Component 1 – Physical factors affecting performance (60 marks)

Component 2 – Socio-cultural issues and sports psychology (60 marks)

Details of Coursework

This will be worth 40% of your overall result and is divided as follows:

1. Candidates are internally assessed as a performer in 3 practical activities (one team game, one individual activity and a third activity from either list)
 - 60 marks
2. Candidates will be assessed in an Analysis and evaluation of performance written task.
 - 20 marks

Specification content can be found at;

<http://beta.ocr.org.uk/Images/231458-gcse-9-1-physical-education-summary-brochure.pdf>

Specific Entry Requirement

Pupils should have a real passion for PE and sport. Due to the practical weighting of the subject, this course is only suitable for pupils who participate competitively in a minimum of 2 different sports. Competitive sport could be representing school teams or local sports clubs.

There is also an expectation that pupils take part in extra-curricular physical education at Madeley. This could be in the form of house competitions, lunchtime or after school clubs.

