

Getting Revision Right

There is not point in just reading over class notes or revision material. For information to 'stick', you need to do something with it – you need to **'transform'** it.

Transforming your revision:

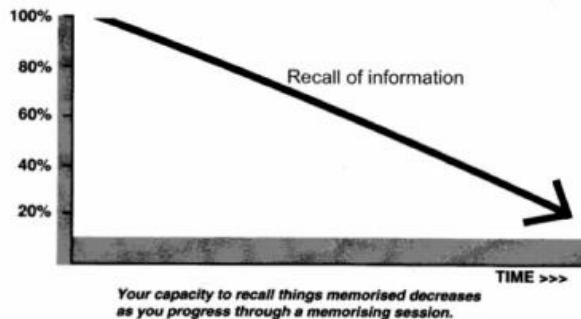
- Write revision flashcards
- Design a test
- Make up a poem or mnemonic
- Write, then reduce revision notes until you have focused on the most important points
- Teach someone else

Take a look at the suggested apps and websites you could use to make this more effective on the school website.

You can do it!

Don't overdo it. Work in blocks of an hour at a time, resting for 15 minutes in between.

The effects of not taking a break



The effects of taking a break

