

Curriculum Model 2024–2025

Maharishi School's curriculum model for 2024–2025 was designed with each pupil's full potential and creative intelligence at the centre. Consciousness-based Education, combined with the National Curriculum, the expertise of our primary and secondary phase staff, the unique nature of our school and our commitment to providing a broad and rich learning experience are at the heart of all curriculum decisions.

Pupils access a strong academic offering with EBacc offered to all secondary phase pupils; the school's EBacc outcomes demonstrate the strength of this offer. Breadth is added through our unique offering of Consciousness-based Education, our personal development opportunities and our wider curriculum subjects.

There is no academic selection to enter Maharishi School and each year group has a maximum of 20 pupils. All pupils are taught in mixed ability classes with additional teaching support available in the core subjects of maths and English throughout the school.

Primary pupils start and end the school day with a sun salute (a series of yoga stretches) and either 5 minutes of Word of Wisdom (reception – Y5) or 10 minutes of Transcendental Meditation (Y6).

Pupils access maths and English every day. There is a weekly lesson of science, computing, PSHE, CbIDS, Spanish and PE. We operate alternating half terms for history/geography, RE/music and DT/art.

There are four lessons every day. Guided reading, library access, assemblies and phonics (where appropriate) are also included each week.

Secondary pupils start and end the school day with a sun salute (a series of yoga stretches) and 10 minutes of Transcendental Meditation.

The secondary phase timetable consists of a 6-period timetable which enables us to provide a broad curriculum offer of core and foundation subjects.

Secondary phase	Subject Time/Allocation per week – 6 periods per day
Y7–Y8	Core subjects: 3 x 45 mins English, maths, science

	History, geography, Spanish: 3 x 45 mins
	Art: 3 x 45 mins
	Y7 Consciousness-based Life Skills (PSHE & CbIDS combined): 2 x 45 mins Y8 PSHE & CbIDS 1 x 45 mins per subject

	Music, computing, DT, PE: 1 x 45 mins RE 1 x 30 mins
Y9	Core subjects: 4 x 45 mins English, maths, science
	History, geography, Spanish, art: 2.5 x 45 mins
	Computing, DT, PSHE, CbIDS, PE, music: 1 x 45 mins RE 1 x 30 mins
Y10-11	Core subjects: 4 x 45 mins English, maths, science
	History, geography, Spanish, art: 3 x 45 mins
	Computing, PSHE, CbIDS, PE 1 x 45 mins RE 1 x 30 mins