



18 April 2022

Dear parents and carers,

Further to the email sent on 29th March (Covid Parent Information), the Department for Education has now stated that school-specific Covid guidance has been removed. This has been replaced with a number of other guidance documents:

<https://www.gov.uk/guidance/living-safely-with-respiratory-infections-including-covid-19>

This guidance covers vaccinations, ventilation, good basic hygiene and face masks.

<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19>

This guidance includes a list of symptoms of Covid-19, flu and common respiratory infections:

- Continuous cough
- High temperature, fever or chills
- Loss of, or change in, your normal sense of taste or smell
- Shortness of breath
- Unexplained tiredness, lack of energy
- Muscle aches and pains (not as a result of exercise)
- Not wanting to eat or not feeling hungry
- Headache that is unusual or lasts longer than usual
- Sore throat, stuffy or runny nose
- Diarrhoea, feeling sick or being sick

If your child has mild symptoms such as a runny nose, sore throat or slight cough, and is otherwise well, **they can continue to attend school**. If your child is unwell and has a high temperature, **they should stay at home and avoid contact with other people**.

If your child has sickness or diarrhoea (without a high temperature), **please follow the usual 48 hour guidance** before returning your child to school.

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If your child has a positive Covid-19 test, **they should stay at home and avoid contact with other people for 3 days after the day they took the test.** After 3 days, if your child feels well and does not have a high temperature, the risk of passing on the infection is much lower. **At this point, your child can return to school.** (Please note that this is a shorter period of time than is advised for adults who test positive: a minimum of 5 days - up to 10 days).

Your child should continue as normal if somebody that they live with has a positive Covid-19 test result. Please see the attached infographic for information on how to reduce the spread of infection with people you live with if somebody in the home has Covid-19.

Please continue to inform the school **on each day of absence** if your child is not in school. This is necessary for the school to fulfil its statutory safeguarding responsibilities.

A further change to the previous guidance states that regular asymptomatic testing is no longer recommended in schools, therefore schools are no longer able to provide test kits.

If you have any questions, please contact the school and we will be happy to help.

Kind regards



Lisa Edwards