



MAHARISHI SCHOOL

CONSCIOUSNESS - BASED EDUCATION

16 December 2022

Dear Parents and Carers,

Thank you for your support of Maharishi School over the autumn term. Please see below some updates and key information. **Please pay particular attention to item 3, Open Day**, as we will be closing the school early on that day.

Winter Fair

Thank you for your support of this year's Winter Fair. This well-attended, festive event raised a record £3092.04 for the school. The Matched Giving Schemes, which some of our parents' employers operate, means those parents will be able to claim extra funds for our school as a reward for their volunteering and fundraising efforts. We plan to use the money raised to begin to develop our primary phase outdoor area*, amongst other things and will let you know more details in the New Year.

***OPAL (Outdoor Play & Learning)**

This term, we assembled a team of staff, parents and governors who will be working together, with support from our OPAL mentor, to plan, fundraise and develop the primary phase outdoor area. We will begin to collect 'loose parts' in the New Year. Please see [appendix 1](#) for details of what we will be looking for. If you are able to keep any of these items to one side until we have sufficient storage in place (early in the New Year), we would be very grateful.

Open Day

Our next Open Day is on Wednesday 4 January from 3:00 - 5:30pm. This is a departure from our usual Saturday morning open days and means that, on this day, **we will need to close the school at 2pm** to prepare for the event. On this day, Out of Hours Club will be held at the secondary phase site and primary phase children, who are not being collected at 2pm, will be transported to the secondary site in the school minibus and should be collected from the secondary phase building (Woodley Park Road. WN8 6UQ). Please inform the school if you require the Out of Hours service on this day.

New school website

We have enlisted the services of a new website development company who are in the process of building our new website. The new website will address the current challenges of accessing our website using mobile devices; it will also improve navigation across the website and the website will receive a general upgrade.

Headteacher: Mrs L Edwards BA(Hons), PGCE.

Tel: 01695 729912 Email: enquiries@maharishischool.com www.maharishischool.com

Cobbs Brow Lane, Lathom, Ormskirk, Lancashire L40 6JJ

Primary phase parking update

Please see appendix 2 for a progress update regarding parking at the primary site, including ways in which you can help us to secure support from the local authority.

Reporting to parents

Thank you for your attendance at our autumn term Parents' Evenings. The next **primary phase** parents evenings will take place in the week beginning **27 March**. **Secondary phase** parents evenings will be on **Monday 27 and Tuesday 28 March**. Booking details will be sent closer to the time.

If, in the meantime, you have any questions about your child's progress in school, please contact the school via parents@maharishischool.com (secondary phase) or through Class Dojo (primary phase).

Transcendental Meditation

Please encourage your child to continue with their routine of twice daily meditation or Word of Wisdom during the Christmas break.

And finally...

Have a wonderful Christmas break. **Spring term begins on Tuesday 3 January** and we look forward to seeing you all then.

With very best wishes for a safe and restful holiday.



Mrs Edwards
Headteacher.

Did you know...?

Parents of Maharishi School pupils can learn TM in Skelmersdale at a much reduced cost: only £145 which is 50% of the lowest fee. Over 300 scientific studies show Transcendental Meditation offers a wide range of benefits, including:

- Reduced anxiety and depression
- Lower risk of heart attack and stroke
- More energy
- Increased brain function and creativity
- Reduced insomnia
- Greater resilience to stress

If you are interested in finding out more, there are some interesting videos via the link below, including interviews with Martin Scorsese (film director), Cameron Diaz (actor) and Ellen Degeneres (comedian and TV host): <https://uk.tm.org/transcendental-meditation-videos>

For more information, contact parents@maharishischool.com