



**Maharishi School**  
**P.E. & Sports Premium Strategy**  
**2022-2023**

Details with regards to funding:	
Total amount carried over from 2021/22	£9,000
Total amount allocated for 2022/23	£17,060
How much (if any) do you intend to carry over from this total fund into 2023/24?	£0
Total amount allocated for 2022/23	£26,060
Total amount of funding for 2022/23. To be spent and reported on by 31st July 2023.	£26,060

Key Achievements to Date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>• All pupils actively engage in the twice daily practice of Sun Salute</li> <li>• Years 4, 5 &amp; 6 attended swimming</li> <li>• Pupils competed in the SHARES swimming gala</li> <li>• Pupils competed in the SHARES athletics competition</li> <li>• Pupils take part in high quality PE lessons each week</li> <li>• Pupils in years 5 &amp; 6 participated in Bikeability</li> <li>• Y6 Playground Leaders trained and offering structured activities to younger pupils</li> </ul>	<ul style="list-style-type: none"> <li>• Engage the services and support of OPAL (Outdoor Play &amp; Learning) to develop the outdoor play area over 18 months; ensuring that all 16 plays types are catered for within the outdoor area.</li> <li>• Develop Play Coordinators and Play Leaders through the OPAL programme; disseminating skills and knowledge to all staff.</li> <li>• Increase the range and regularity of extra-curricular sports clubs.</li> <li>• Increase participation in local sports events and competitions.</li> <li>• Increase number of pupils accessing Bikeability</li> </ul>

Meeting national curriculum requirements for swimming and water safety:	
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	
What percentage of your current Year 6 cohort perform safe self-rescue in different water based situations?	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	

Academic Year: 2022 - 2023		Total fund allocated: £		Date Updated: 31/07/2022	
Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation:
					20%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £5,200	Evidence and impact:	Sustainability and suggested next steps:	
Opportunities in place for pupils to receive at least 30 mins of physical activity per day.	Sun Salute practised twice daily by all pupils.  Outdoor breaks available three times (50 mins) per day (weather permitting).  Engage OPAL (Outdoor Play & Learning) to develop outdoor areas over an 18 month period.  Further develop skills of lunch supervisors/Out of Hours staff through effective CPD.  Train the next cohort of Playground Leaders.	£			

<p>Extra opportunities to increase access to physical activity and enhance pupils' fitness.</p>	<p>Develop Play Coordinators and Play Leaders through the OPAL programme; disseminating skills and knowledge to all staff.</p> <p>Engage trainees in the organising and running of break and lunch time clubs.</p> <p>Increase the range and regularity of extra-curricular sports clubs.</p> <p>All classes have access to GoNoodle, using movement and music to get active within the classroom on a regular basis.</p> <p>Use of GoNoodle during wet breaks.</p>			
---	---	--	--	--

Key indicator 2: The profile of Physical Education, School Sport and Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				64%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £17,000	Evidence and impact:	Sustainability and suggested next steps:
Quality PE lessons delivered each week regardless of weather conditions.	<p>Hire Sports Hall Facilities (in autumn 2, winter 1 &amp; 2 and summer 1) to ensure pupils participate in quality weekly lessons.</p> <p>Source reliable, cost efficient transport to and from venues.</p> <p>Purchase additional sports equipment to increase the range of activities led on-site by school staff.</p> <p>Develop a suite of classroom-based PE lessons for each year group to be delivered in the event of inclement weather.</p>			

<p>Pupils in all year groups participate in quality PE lessons team-taught by school staff and qualified sports instructors.</p>	<p>Buy in a qualified sports instructor from Shares to develop the skills of school staff in leading high quality PE lessons across all year groups.</p> <p>Increase the number of extra-curricular sports training opportunities to reflect participation in local sports tournaments.</p> <p>Qualified sports instructor leads weekly extra-curricular sports sessions.</p>			
<p>All children at Maharishi School have access to Consciousness-based Health Education programme (CbHE).</p>	<p>Staff training in yoga asanas, self pulse reading and yoga breathing techniques.</p> <p>Staff training in healthy eating and routines (daily and seasonal).</p> <p>Staff training on the physical environment and its impact on health. CbHE principles are incorporated to promote a physical environment that is healthy, uplifting and</p>			

	nurturing.			
--	------------	--	--	--

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £1,200	Evidence and impact:	Sustainability and suggested next steps:
Staff develop knowledge, confidence and skills by working alongside a qualified sports instructor from Shares.	<p>PE co-ordinator and SHARES PE specialist to plan further development of staff skills via a team teaching approach.</p> <p>Staff teach alongside a qualified sports instructor.</p> <p>Qualified instructor to demonstrate what good and outstanding PE lessons look like.</p> <p>PE coordinator attends termly CPD via Shares and National College online training; disseminating feedback to staff on a termly basis.</p>			



Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £1,200	Evidence and impact:	Sustainability and suggested next steps:
Pupils take part in a range of sports within and outside of PE lessons.	<p>PE co-ordinator and SHARES PE specialist to evaluate the range of sports currently on offer.</p> <p>Teacher-led extra-curricular sports activities to be provided throughout the year – e.g. yoga, tag rugby, rounders and multi-sports.</p> <p>SHARES PE instructor to run a weekly after-school sports session.</p> <p>Source volunteers to run additional extra-curricular sports clubs.</p> <p>Development of OPAL</p>			

	plans to include increased sports activities - eg. dance, cycling, skateboarding.			
Pupils take part in Bikeability.	<p>All pupils from Y5-6 participate in Bikeability.</p> <p>Liaise with parents of reluctant riders to encourage full participation.</p> <p>Purchase balance bikes for EYFS/lower KS1 pupils. Offer balance bike training to reception children.</p> <p>Investigate potential cycling options for additional year groups.</p>			

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				6%
School focus with clarity on intended Impact on pupils:	Actions to achieve:	Funding allocated: £1,460	Evidence and impact:	Sustainability and suggested Next steps:
Children across a variety of year groups take part in a range of organised sports events & competitions run by SHARES, Lancashire.	<p>PE coordinator to increase school participation in inter-school competitions throughout the year.</p> <p>PE coordinator to organise a sports kit for inter school competitions.</p> <p>Raise the profile of competitive sports by additional staff (and parents) attending sports competitions.</p> <p>PE coordinator to monitor and encourage pupil participation in competitions and sports events - assemblies, display, social media posts.</p> <p>Promote participation in out-of-school competitive sport by</p>			

	regularly celebrating the out of school sporting successes of pupils through assembly and a celebrations display board.			
Annual Sports Day held at Edge Hill Athletics track with focus on team competition.	<p>PE coordinator to liaise with SHARES PE specialist to audit the event.</p> <p>Increase pre-event training.</p> <p>Summer 2 PE lessons to reflect Sports Day events.</p> <p>Extra-curricular sports clubs to reflect events.</p> <p>Book venue and transportation (where required).</p> <p>Sports Day Coordinator to plan the event, allocate staff duties and communicate with parents.</p> <p>All children participate in the event.</p> <p>Medals to be purchased.</p>			

	Restock equipment.			
--	--------------------	--	--	--