

PSHE - Curriculum map

	Autumn Health and Wellbeing	Spring Relationships	Summer Living in the Wider World
Year 1	<ul style="list-style-type: none"> • Keeping healthy • We are unique • Rules 	<ul style="list-style-type: none"> • Roles in the community • Privacy • Respectful behaviour 	<ul style="list-style-type: none"> • Caring for the environment • Internet safety • Jobs
Year 2	<ul style="list-style-type: none"> • Healthy body, healthy mind • Growing and changing • Health and safety 	<ul style="list-style-type: none"> • Making friends • Managing friendships • We are all individuals 	<ul style="list-style-type: none"> • Community groups • Internet safety • Handling money
Year 3	<ul style="list-style-type: none"> • Health choices and habits • Personal strengths and achievements • Risks and hazards 	<ul style="list-style-type: none"> • What makes a family • Personal boundaries • Recognising respectful behaviour. 	<ul style="list-style-type: none"> • Rules and laws • Internet use • Setting personal goals
Year 4	<ul style="list-style-type: none"> • Maintaining a balanced lifestyle • Physical and emotional changes in puberty • Medicines and drugs 	<ul style="list-style-type: none"> • Positive friendships • Responding to hurtful behaviour • Respecting differences 	<ul style="list-style-type: none"> • Shared responsibilities. • How data is shared and used. • Making decisions about money.
Year 5	<ul style="list-style-type: none"> • Maintaining good health • Personal identity • Keeping safe in different situations 	<ul style="list-style-type: none"> • Peer influence. • Feeling safe. • Prejudice and discrimination. 	<ul style="list-style-type: none"> • Protecting the environment • Media • Career choices
Year 6	<ul style="list-style-type: none"> • Mental health • Reproduction 	<ul style="list-style-type: none"> • Relationships • Recognising and managing pressure 	<ul style="list-style-type: none"> • Valuing diversity • Evaluating media

	<ul style="list-style-type: none">• Drugs safety	<ul style="list-style-type: none">• Expressing opinions respectfully	<ul style="list-style-type: none">• Money and financial risks.
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