

PSHE - Curriculum map

	Autumn	Spring	Summer
Year 7	Online safety Bullying Economic education Careers	Health education: healthy/unhealthy relationships Relationships and sex education: puberty	Society: Human rights. British values The future: Communities Taking care of the environment
Year 8	Online safety: extended Being safe online and outside Banter and bullying Healthy relationships	Diversity Prejudice and discrimination Relationships and Sex Education Physical and emotional changes Media perspectives Law. Consent	Economic education Careers Making good decisions towards the ideal job
Year 9	Careers Setting SMART goals	Healthy/unhealthy lifestyle Eating disorders Drugs	Relationships and sex education: Family, friends, professional, romantic
Year 10	Setting goals - college research Transition to KS4; Revise GCSE goals Healthy relationships Mental health	Intimate relationships: Consent, Coercion, Safe sex, Contraception, STDs, sexting and porn World of work Addressing extremism and radicalisation	Mental health and Ill health stigma Social and emotional risks of drug and alcohol use Financial decision making
Year 11	College applications and interviews KS4 study habits; revision strategies	Pregnancy - miscarriage, abortion, adoption Taking responsibility for your own health: * Checking for cancer	Wider world: Budget; Financial risk Influences on financial decisions Gambling

Self esteem, coping with
stress
RSE: Relationship myths
Homophobia and sexism

* Where to get help

Consumer rights
Online exploitation
Contracts
Work and contracts