

PSHE - Curriculum map

| | Autumn Health and Wellbeing | Spring Relationships | Summer Living in the Wider World |
|-----------|---|---|--|
| Reception | <ul style="list-style-type: none"> • All about our feelings • Rules and routines | <ul style="list-style-type: none"> • People who help us • Helping others | <ul style="list-style-type: none"> • Internet safety • Our school community |
| Year 1 | <ul style="list-style-type: none"> • Keeping healthy • We are unique • Rules | <ul style="list-style-type: none"> • Roles in the community • Privacy • Respectful behaviour | <ul style="list-style-type: none"> • Caring for the environment • Internet safety • Jobs |
| Year 2 | <ul style="list-style-type: none"> • Healthy body, healthy mind • Growing and changing • Health and safety | <ul style="list-style-type: none"> • Making friends • Managing friendships • We are all individuals | <ul style="list-style-type: none"> • Community groups • Internet safety • Handling money |
| Year 3 | <ul style="list-style-type: none"> • Health choices and habits • Personal strengths and achievements • Risks and hazards | <ul style="list-style-type: none"> • What makes a family • Personal boundaries • Recognising respectful behaviour. | <ul style="list-style-type: none"> • Rules and laws • Internet use • Setting personal goals |
| Year 4 | <ul style="list-style-type: none"> • Maintaining a balanced lifestyle | <ul style="list-style-type: none"> • Positive friendships | <ul style="list-style-type: none"> • Shared responsibilities. |

| | | | |
|--------|--|--|---|
| | <ul style="list-style-type: none"> • Physical and emotional changes in puberty • Medicines and drugs | <ul style="list-style-type: none"> • Responding to hurtful behaviour • Respecting differences | <ul style="list-style-type: none"> • How data is shared and used. • Making decisions about money. |
| Year 5 | <ul style="list-style-type: none"> • Maintaining good health • Personal identity • Keeping safe in different situations | <ul style="list-style-type: none"> • Peer influence. • Feeling safe. • Prejudice and discrimination. | <ul style="list-style-type: none"> • Protecting the environment • Media • Career choices |
| Year 6 | <ul style="list-style-type: none"> • Mental health • Reproduction • Drugs safety | <ul style="list-style-type: none"> • Relationships • Recognising and managing pressure • Expressing opinions respectfully | <ul style="list-style-type: none"> • Valuing diversity • Evaluating media • Money and financial risks. |