

22nd September 2023

Dear parents and carers,

Now that we are fully back into the swing of our new school year, I would like to take this opportunity to formally welcome you back to Maharishi School and share some news and reminders with you.

### **Welcome to new students**

A very warm welcome to all of the new families who have joined us this year. We have welcomed a new class of reception pupils who have transitioned brilliantly and are making lots of new friends across the school. We have also welcomed new pupils into other classes at both the primary and secondary phases who have settled in well and quickly become part of our school family. And let's not forget our new year 7 class who have transitioned across to our secondary phase site and have been getting used to new routines, teachers and a new environment. Welcome to you all!

### **Welcome to new staff**

This year we have been joined by Mrs Wynne, Mrs Roberts, Miss Schofield and Mr Mercer as Learning Support Assistants at the secondary phase. Mrs Freel has begun her maternity leave earlier than planned and we wish her well during this time. Mrs Greenall, who looked after our reception class during the summer term, is working with year 3, alongside Mrs Lymath, for the duration of Mrs Freel's maternity leave. Mrs Greenall also works with year 6 every Friday. We have also welcomed Ms Laycock who is our new reception class teacher.

### **Consciousness-based Education**

Our new reception pupils have learnt Word of Wisdom (WoW) and are becoming familiar with how to self-pulse read. Our year 6 pupils have learned Transcendental Meditation (TM) and are enjoying practising their new technique. Group programme is very settled across the school.

At both phases, all non-essential activity ceases during TM/WoW; this enables the whole site to become silent and creates a more cohesive experience for pupils and staff. If pupils arrive late between the times below they will not be allowed onto the school site until TM/WoW has finished.

### **TM/WoW timings**

Primary phase: 9:25 – 9:40/3:05 – 3:15

Secondary phase: 9:05 – 9:30/3:35 – 4:00 (3:05 – 3:30 on Fridays)



### Extra-curricular activities

Primary phase clubs:

Y1-3 Film Club – Every **Tuesday** from 19th Sept – 12th Dec **3:30 – 4:15**

Y2-3 Lego Club – Every **Monday** from 18th Sept – 16th Oct **12:30 – 1:00**

Y3-6 Guitar Club – Every **Monday** from 18th Sept – 11th Dec **12:30 – 1:00**

Y4-6 Eco Club – Every **Thursday** from 21st Sept-14th Dec **12:30 – 1:00**

Y4-6 Friends of the Earth – Every **Thursday** from 21st Sept-14th Dec **3:30 – 4:15**

Secondary phase activities:

**Tuesdays** – Y11 Spanish revision – **Foundation: 19 Sep, 3 & 17 Oct; Higher-26 Sep & 10 Oct**

**Wednesdays** – Y11 higher maths revision

**Wednesdays** – Y9 & 10 photography

**Thursdays** – Y9 & Y10 Youth Leadership Course (AYLA)

**Thursdays** – Y11 art (**2 Oct onwards**)

Duke of Edinburgh Award, Wellbeing Champions, School Magazine (The Inspirer), Dungeons & Dragons and additional clubs TBC

### Uniform

Please make sure that your child is wearing the correct school uniform. Please follow the link for more information: [Dress-Code-Appearence-Policy](#)

Please support us to improve and maintain our uniform standards. As Maharishi says in his Principles of Teaching, "...As teachers, we should maintain high standards of orderliness for everything that children do".

Please don't forget to put their name in their cardigans, jumpers, sweatshirts and coats.

### Term-time holidays

Please remember that we do not authorise term-time holidays, except in exceptional circumstances. Please contact me in advance of booking a term-time holiday to discuss whether the circumstances would be considered as 'exceptional' as a penalty notice may be issued by the local authority if an unauthorised holiday is taken.

### Parents Evenings

Primary parents evenings will take place in the weeks beginning **Monday 16 October and Monday 25 March**. Secondary parents evenings will take place in the weeks beginning **Monday 18 December and Monday 25 March**. An electronic sign-up email will be sent to you nearer to the time.

That's all for now. Please get in touch if you have any questions.

With warm wishes

Lisa Edwards

"Nothing from outside can stop a man from enjoying lasting peace and permanent joy in life, for it is the essential nature of his soul. Outside is the joy of the drop. Inside is the joy of the ocean." – Maharishi Mahesh Yogi