



AUTUMN Year 1 Curriculum Overview

Cbids THEMES	<p>CbIDS (Consciousness-based Interdisciplinary Studies) is at the heart of all teaching at Maharishi School. Key Ideas taught in Year 1 are designed to enliven each student;s awareness that there is something deep within the surface of everything. All CbIDS teaching begins with the self of the student and expands outwards to embrace nature and the world around us. The goal of CbIDS, together with the practice of Word of Wisdom twice a day, is to help develop and expand the consciousness and happiness of every student.</p> <p>'We are here to enjoy,' is a key theme that we start off with at the beginning of each term. We have also studied the key ideas of 'Growth,' and 'Order,' and we will be looking at examples of 'Life is found in layers' in the last two weeks of this half term.</p>
HISTORY	<p>'ALL ABOUT ME'</p> <p>In this topic we look at our own histories. We learn key vocabulary relating to past and present and learn how to make a timeline of our own lives by looking at significant events, such as starting nursery and starting school.</p> <p>We start to explore how things can change overtime and we look at artefacts and photos to compare how toys and schools have changed.</p>
GEOGRAPHY	<p>'OUR HOME'</p> <p>In this topic, we look at our local area. We use both digital and paper maps to find our school and our home. We learn about significant places in our area, such as rivers or landmarks. The children will start to explore Google Earth and will look for places they recognise. In Autumn, the children will explore the local area on a field work trip, where they will compare a variety of human and physical features.</p>
RELIGIOUS EDUCATION	<p>CHRISTIANITY</p> <p>The children will learn about God and be given the opportunity to reflect and ask questions such as Why do Christians say that God is a 'Father'? The children will learn about prayer and the importance of it in relation to Christianity.</p> <p>JESUS CHRIST</p> <p>The children will learn about why Jesus Christ is important to Christians. They will learn about the Nativity story and be taught about the concept of Jesus as God incarnate.</p>
PSHE	<p>HEALTHY LIFE</p> <p>We will be learning about some of the things that keep us healthy. Eg. diet, rest, activity, good hygiene and staying safe. The children will learn about setting goals and how to recognise and manage their feelings to maintain a healthy emotional wellbeing. The children will learn about growing, changing and becoming more independent. Some of our lessons will include naming body parts including private parts. We will discuss how to ask for help if they are worried about something and learn about privacy in different contexts.</p>



<p>ENGLISH LITERACY</p>	<p>LITTLE RED HEN</p> <p>The children will sequence and retell the story in a puppet show performance. The children will practise creating sentences that include capital letters, finger spaces and full stops. The children will learn some of the spelling rules for when altering a noun to become plural, a verb to become past tense. We show the children how to use conjunctions to extend their sentences, such as 'and, but, or and so'. The children will describe some of the characters using adjectives.</p> <p>POETRY</p> <p>The children look at patterns and rhyme within a variety of poetry books including 'Oi Frog' and 'Oi Dog' which will help children memorise and write poetry. The children will develop their spelling skills by creating their own rhyming pairs in the same poetry style. The children will learn about using question and exclamation marks in our writing.</p> <p>FIVE MINUTES PEACE</p> <p>The children will continue practising to use correct punctuation, capital letters and finger spaces by writing an adaptation of the story. The children will learn about proper nouns and expand their vocabulary relating to verbs - particularly how to add 'ed' and 'ing' to turn the verb into past tense.</p> <p>NOCTURNAL ANIMALS</p> <p>The children will read a selection of fiction and non fiction texts, such as 'Owl Babies, That's not a Fox' to help them develop their reading comprehension and vocabulary relating to nocturnal animals. The children will use simple conjunctions such as 'and, but, so and because to compose a short information report about nocturnal animals.</p> <p>LISTS and LETTERS</p> <p>The children will be introduced to using commas in lists and we will use the text Harvey Slumfenburger's Christmas Present as inspiration for the children to write Christmas lists and letters.</p>
<p>SCIENCE</p>	<p>ANIMALS including HUMANS</p> <p>We learn how to name the parts of the body and all about how our senses help us to experience the world around us. The children will work scientifically to make observations on our 'nature senses walk' and we will conduct simple investigations, such as taste tests and comparing what we can hear from a variety of distances.</p> <p>We learn about the different animal groups and start to classify animals in different ways. We learn about the characteristics and diets of some of these animals, using scientific vocabulary such as herbivore, omnivore and carnivore. The children will be able to enrich their learning with an animal workshop, where children will have the opportunity to ask questions and handle a variety of exotic creatures.</p>
<p>MATHS</p>	<p>PLACE VALUE WITHIN 10.</p> <p>The children will learn how to count forward and backwards and recognise missing numbers from a sequence. They will be able to know 1 more and 1 less of a number and be able to compare amounts using symbols.</p> <p>ADDITION and SUBTRACTION within 10.</p> <p>The children will learn about number bonds to 10. They will use reasoning skills to solve addition and subtraction problems using numbers up to 10. They will learn about how parts make a whole and use practical and visual representations to demonstrate this.</p> <p>GEOMETRY - 2D SHAPES</p> <p>The children will be able to recognise and name a variety of 2D shapes. Children will be able to use key vocabulary to describe the shapes and start to recognise patterns.</p> <p>In addition to our daily Maths lessons, the children will have access to an array of Maths games, songs and ICT resources. The children also have a separate 15 minutes Maths Mastery session each afternoon, which gives pupils a deep, long-term, secure and adaptable understanding of mathematics.</p>



MUSIC	MY MUSICAL HEARTBEAT The children follow systematic models from the 'Charanga' music scheme. This first module helps the children to recognise that music is a part of us and that encourages them to think about rhythm and melody. Each lesson, children will learn key vocabulary and develop skills in listening, appraising, keeping rhythm, expressions and composing.
PHYSICAL EDUCATION	The children will have weekly PE lessons on a Thursday morning. The key focus this term is developing knowledge and skills through the topic of multi skills within an invasion games focus and within net and wall activities. The children will travel to a sports hall for their PE lessons as the colder months set in. In addition to the PE lessons, a variety of team event opportunities will be available, where children have the opportunity to engage in multi school tournaments in collaboration with the 'SHARES SCHOOL SPORTS HUB'.
ART	SPIRALS During the autumn term, the children will follow the Access Art scheme to learn about using different mediums to create spiral inspired art. The children will learn about significant artists, such as Molly Haslam' and will use chinks, charcoal and pastels to create 'shell' art. PRINTING The children will explore printing with paint and body parts to create symmetrical and sequence prints. The children will progress to make imprints in plasticine and use other materials.
DESIGN TECHNOLOGY	MECHANISMS The children will generate, model and communicate ideas relating to our topic of mechanisms. The children will start to understand the concept of movement by creating simple sliders and levers. The children will use finishing techniques to create moving pictures and use criterias to evaluate their mechanism creations.
READING	GUIDED READING The children will have two small group sessions per week following the Oxford Guided reading scheme. The children are scaffolded to read a variety of challenging fiction, non fiction and poetry books. The children will have the opportunity to develop their vocabulary, comprehension and inference skills during sessions, which will be supported to develop fluency and tone. In addition, the children will have a 1:1 reading session, which will be tailored to the needs of each individual child. PHONICS We follow the Red Rose Phonics scheme to deliver a discrete 25 minute daily phonics lesson. In Year 1, the children will be taught the Phase 5 letters and sounds and will learn to read and spell some alternative graphemes for sounds they have learnt (e.g. 'wh' saying /w/ in where). The children will be taught how to blend the sounds within a word and will be taught a selection of 'tricky words', which are words that require sight recognition over decoding. In addition to our discrete phonics lesson, children also engage with reading comprehensions and phonics activities, which help to embed the phonics knowledge that they have learnt.