



Create, Adapt and Learn Together  
Manchester Road Primary Academy

## NEWSLETTER 6<sup>TH</sup> FEBRUARY

### ATTENDANCE 02/02/26 – 06/02/26

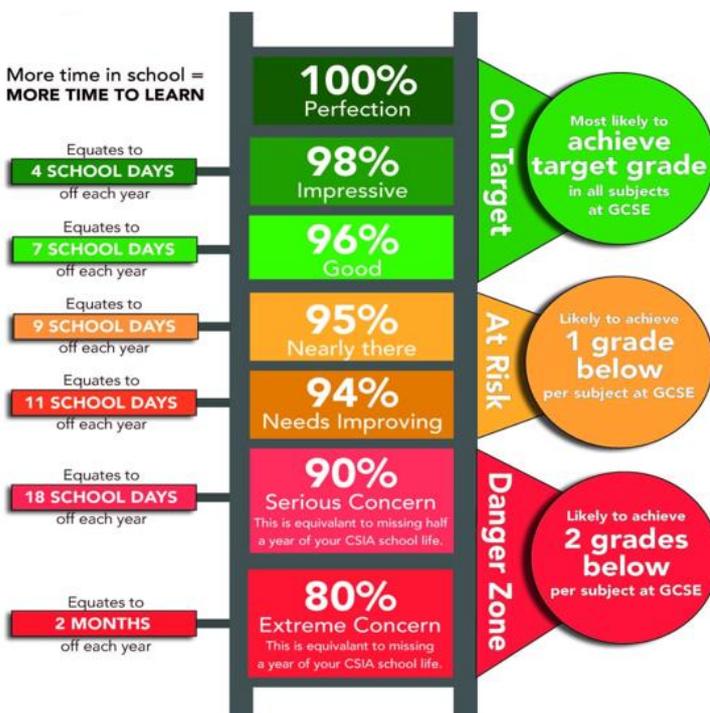
CLASS	SCHOOL ATTENDANCE	LATES
Bumblebee	96.7%	7
Clover bee	96%	11
Honeybee	95.8%	4
1A	87%	4
1B	96.2%	11
2A	93.3%	5
2B	93%	9
3A	95.5%	8
3B	96%	8
4A	97.5%	3
4B	95.9%	4
5A	98.6%	4
5B	99.3%	4
6A	93.9%	7
6B	96.3%	12

### LATENESS THIS WEEK

Day	Lates
Monday	23
Tuesday	21
Wednesday	16
Thursday	25
Friday	16
Total Lates This Week	101

Lateness has a massive impact on children's learning. Not only on the children that are late, but also on the children in the classes being disrupted. Please ensure your child arrives at school on time each day.

97% and above Excellent
95% to 96% Attendance is slipping and will be closely monitored
95% or below Poor (high numbers of children are persistently absent)



For every day your child is absent from school over 6 hours of instruction time is lost

### EARLY LEAVERS

Day	Early Leavers
Monday	6
Tuesday	13
Wednesday	12
Thursday	4
Friday	9
Total this week	44

### THE SCHOOL DAY

8.35 – 8.50am – Arrive on the school playground

8.40am – Pupils enter school

8.50am – Gates shut & registration

11.45am – KS1 Lunch

11.50am – KS2 Lunch

12.35pm – Afternoon session begins KS1

1.05pm – Afternoon session begins KS2

3.15/3.20pm – End

## UPCOMING EVENTS

Monday 9 <sup>th</sup> February	Chocolate Bingo
Monday 16 <sup>th</sup> - Friday 20 <sup>th</sup> February	Spring Half Term
Friday 27 <sup>th</sup> February	5A Class Assembly
Friday 6 <sup>th</sup> March	5B Class Assembly
Friday 13 <sup>th</sup> March	4A Class Assembly
Friday 20 <sup>th</sup> March	4B Class Assembly

## CHANGES HAPPENING WITH MCAS REQUESTED BY OUR TRUST

### From Spring Term

#### Data Collection

- Parents NI numbers to be collected to support FSM and PP checks via online systems.
- Contact information to be updated in case parents change phone numbers or emails.

Please email [office@mrpa.org.uk](mailto:office@mrpa.org.uk) with these details.

## THE LEARNING HERO

Honeybee	Luna for trying so hard with her independent writing and always showing our 3 P's.
2A	Thomas for super effort in his English lessons, showing lots of perseverance with his handwriting.
2B	Kianna reflectiveness in sharing vocabulary ideas in English.
3A	Blake for a good piece of English work and trying hard in all lessons this week.
4A	Mahmoud for an enthusiastic attitude to learning, improved learning behaviours and being patient and supportive to peers, particularly in this week's group presentations.

## CHOCOLATE BINGO

We are excited to share that we will be hosting a Chocolate Bingo event on **Monday 9th February from 3.30-5pm** to help raise funds for developing and improving our playground resources. We are limited to a capacity of 100 people in the KS2 hall, so tickets will be available on a 'first come first served' basis. Please email [office@mrpa.org.uk](mailto:office@mrpa.org.uk) with your child's name and how many tickets you would like. Tickets are £2 each. We hope you can join us for an enjoyable afternoon and help us raise money to enhance our playground for all children to enjoy.

## What Parents & Carers Need to Know about

# HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is ok.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5767 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

The NSPCC: the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent "fighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

