



Curriculum Intent

Manchester Road Primary Academy (MRPA) believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. The lesson planning and resources used for PE are provided by GetSet4PE, which is a planning, assessment, and tracking tool that provides our children and teachers with skills and knowledge that can be broken down and tracked from EYFS to UKS2. Through using Getset4PE we intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at MRPA, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Curriculum Implementation

PE at MRPA provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure. The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. At lunch time there are activities available for children to participate in each day and children can attend after school sport clubs three evenings per week. Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children. Each year a small group of Year 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunchtime clubs, our annual Sports day and any other Sporting activities. Children in Year 3 access swimming from September- April.

Curriculum Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE. Furthermore, MRPA prides itself on having a 'Platinum' award for the curriculum and sport offer in place and is ever challenging itself to uphold and maintain this status.