

NUTRITIONIST  
APPROVED ✓

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT MAIN MEAL</b>	Macaroni cheese with garlic bread slice & broccoli	Margarita pizza with diced potatoes & peas	Sweet and sour chicken with rice & peas	Bolognaise with pasta spirals & sweetcorn	Fish fingers, chips & beans
<b>JACKET POTATO CHOICE</b>	Tuna mayonnaise Fresh crisp salad	Baked beans Coleslaw	Cheese Fresh crisp salad	Baked beans Coleslaw	Cheese Fresh crisp salad
<b>DESSERT OF THE DAY</b>	Chocolate shortbread Fresh fruit pot Yoghurt	Oaty biscuit Fresh fruit pot Yoghurt	Shortbread biscuit Fresh fruit pot Yoghurt	Ginger biscuit Fresh fruit pot Yoghurt	Chocolate crunch Fresh fruit pot Yoghurt



# MENU



Fuel your afternoon with  
a healthy school lunch  
from Mellors

MEAT  
FREE

- MEAT FREE MONDAY

5  
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE